

ST. JOSEPH'S
COLLEGE, MOOLAMATTOM
ARAKULAM P.O- 685591, IDUKKI, KERALA



7.3.1

INSTITUTIONAL DISTINCTIVENESS





ST. JOSEPH'S COLLEGE
MOOLAMATTOM

ARAKULAM P.O- 685591
IDUKKI, KERALA
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EDUCATION FOR SOCIAL TRANSFORMATION





TABLE OF CONTENTS

1. HOLISTIC UPLIFTMENT OF TRIBAL CHILDREN	
<u>1.1 WINGS OF DREAMS – CAMPUS COMMUNITY DEVELOPMENT PROGRAMME</u>	
<u>1.2 FUTURE STARS</u>	
<u>1.3 RURAL CAMP - INTEGRATED TRIBAL DEVELOPMENT PROGRAMME</u>	
<u>1.4 RURAL CAMP – <i>DYUTHI</i></u>	
<u>1.5 RURAL CAMP – <i>DWANI</i></u>	
<u>1.6 RURAL CAMP-VOLUNTARY ORGANIZATION FOR SOCIAL-ACTION AND RURAL-DEVELOPMENT (VOSARD)</u>	
<u>1.7 TRIBAL SETTLEMENT VISIT</u>	
<u>1.8 VISIT TO TRIBAL MODEL RESIDENTIAL SCHOOL AT PAINAVU</u>	
<u>1.9 INTERACTION WITH ADIVASI MOOPPAN ON EDUCATION OF TRIBAL CHILDREN</u>	
<u>1.10 SURVEY IN TRIBAL SETTING</u>	
<u>1.11 INTERVIEW WITH ‘ADIVASI MOOPPAN’</u>	
<u>1.12 MENTAL HEALTH AWARENESS CLASS AT EKALAVYA TRIBAL MODEL RESIDENTIAL SCHOOL, PAINAVU</u>	
2. ARMED FORCES TRAINING PROGRAMME	
<u>2.1 TRAINING FOR RECRUITMENT OF ADULTS TO KERALA POLICE, FIRE FORCE AND INDIAN MILITARY.....</u>	
3. PSYCHOSOCIAL INTERVENTIONS	
<u>3.1 MANASHANTHI – COMMUNITY BASED REHABILITATION THEMED MEGA CULTURAL EVENT</u>	
<u>3.2 ‘SAY NO TO DRUGS’ - QUIZ COMPETITION</u>	
<u>3.3 ANTI-NARCOTIC DAY OBSERVATION</u>	
<u>3.4 SNEHAPUTHAPPU</u>	
<u>3.5 SEVEN-DAY NSS VIRTUAL CAMP</u>	



3.6 MEDICAL SEMINAR ON INTERNATIONAL WOMEN'S DAY.....

3.7 JAL JEEVAN MISSION RALLY

4. CAMPAIGN TOWARDS CHILD RIGHTS

4.1 WEBINAR ON CHILD LABOUR BY DISTRICT CHILD PROTECTION UNIT IDUKKI SARANYABALYAM PROJECT.....

4.2 NATIONAL CHILDREN'S DAY CELEBRATION-2022

4.3 NATIONAL GIRL CHILD DAY CELEBRATIONS

4.4 NATIONAL CHILDREN'S DAY CELEBRATIONS-2021

5. BOOK COLLECTION FOR SCHOOL LIBRARY

5.1 BOOK COLLECTION FOR ELAPPARA PANCHAYATH SCHOOL

5.2 LIBRARY RENOVATION

5.3 BOOK COLLECTION FOR TRIBAL CHILDREN

5.4 READING WEEK OBSERVATION -DONATION OF BOOKS.....

6. RESEARCH STUDIES ON SOCIAL CHANGE.....

6.1 PUBLICATIONS ON SOCIAL CHANGE

A) QUALITY OF LIFE AND STRESS TOLERANCE OF ASHA WORKERS

B) A STUDY ON ANXIETY OF PREGNANT WOMEN

C) A STUDY ON AWARENESS LEVEL OF PARENTS ON CHILD SEXUAL ABUSE

D) THE ROLE OF COMMUNITY ORGANIZATIONS IN RURAL DEVELOPMENT

E) SIGNIFICANCE OF CBR STRATEGIES IN HOLISTIC DEVELOPMENT

F) MENOPAUSE AND RURAL WOMEN

G) CREATIVITY AMONG RURAL ADULTS

H) INFLUENCE OF RELIGION AND GENDER ON BIRTH CONTROL ATTITUDE

I) DESIRE FOR SOCIAL FREEDOM AMONG MARRIED WOMEN

J) ATTITUDES AND EXPERIENCES OF UNDERGRADUATE STUDENTS REGARDING ONLINE LEARNING



1. HOLISTIC UPLIFTMENT OF TRIBAL CHILDREN

1.1 WINGS OF DREAMS – CAMPUS COMMUNITY DEVELOPMENT PROGRAMME

Date of activity: 11th October 2019

Number of Participants: 60 selected tribal students (school level)

Name of organizer: IQAC

Details of the Collaborating Agency: Tribal Development Office and Janamythri Excise Squad

Report:

Inspired by the teachings and visions of former Indian President Dr. A P J Abdul Kalam, the institution has envisaged Wings of Dreams as an integrated Tribal Development Programme focusing on the upbringing of students of Tribal Model Residential Schools (MRS), under the Ministry of Tribal Affairs, Government of India. Special focus is attached to Ekalavya Model Residential Schools (EMR) Painavu, Idukki. Other Institutions which are covered under this programme are Government Tribal Hostel for Boys (175 boys), Government Tribal Hostel for girls (90 girls). The programme has been a success in preventing the dropout rate of tribal children from schools since 2019 through continuous mentoring and regular academic guidance by the mentor students from the college. Institution joins hands with Dr. C R Harilakshmeendra Kumar (Assistant Professor, Department of Gandhian Thought and Development Studies, Mahatma Gandhi University), Mr. Santhosh Kumar S. (Tribal Development Officer, Adimaly) and Mr. Sunil Raj (C I, Janamythri Excise, Adimaly).

The tribal students were brought into a residential accommodation in Mother and Child Foundation Thodupuzha, Idukki. They are continuously fostered with emotional and economic support by the talented students of the Institution. A total of 12 students were admitted to graduate programmes from extreme tribal backgrounds.

Wings of Dreams further extends to special MGLC (Multi Grading Learning Centers) focusing upon delimiting substance abuse and atrocities towards tribal children. Regular monitoring and counselling is extended towards MGLCs all over Idukki District.



Another facet of Wings of Dreams is the upbringing of special children in Disability Oriented Special Schools – *Sparsham Special Schools in Trippunithura*. The specially trained volunteers from the college empower the students of the special schools through Skill assessment, psychotherapy, speech therapy, etc.

Outcomes:

The programme provided the tribal students exposure to college campus and it's functioning. It also created thrive in their minds for higher education.



Brochure of Wings of Dreams



Circle Inspector Mr. Sunil Raj addressing the participants



Tribal students visiting St Joseph's College Moolamattom

Attendance list

Date: 11 October 2019
 Programme: Wings of Dreams.

List of Participants

Sl.No	Name of the students	Signature
1	Ajina Yousof	<i>Ajina</i>
2	Akshay PR	<i>Akshay</i>
3	Amala Thomas	<i>Amala</i>
4	Amala Thomas	<i>Amala</i>
5	Anila Mathew	<i>Anila</i>
6	Anju Ravi	<i>Anju</i>
7	Anna Treesa Binoy	<i>Anna</i>
8	Arathy MS	<i>Arathy</i>
9	Denitta Elsa Kuriakose	<i>Denitta</i>
10	Devika S	<i>Devika</i>
11	Doshma Santhosh	<i>Doshma</i>
12	Ebin Thomas	<i>Ebin</i>
13	Febimol Markose	<i>Febimol</i>
14	Hari Das	<i>Hari</i>
15	Jeeshma Parvathy	<i>Jeeshma</i>
16	Jemy P Johnson	<i>Jemy</i>
17	Justin Jacob	<i>Justin</i>
18	Kavya Baiju	<i>Kavya</i>
19	Niyas Asis	<i>Niyas</i>
20	Preethi PR	<i>Preethi</i>

Wings of Dreams.

21	Priya Mariyam Prasad	<i>Priya</i>
22	Raveena Ravi	<i>Raveena</i>
23	Richard Sunny	<i>Richard</i>
24	Richu Shaji	<i>Richu</i>
25	Shefa Joseph	<i>Shefa</i>
26	Sonaly Santhosh	<i>Sonaly</i>
27	Soorya Joy	<i>Soorya</i>
28	Therese Mathew	<i>Therese</i>
29	Unnimaya B M	<i>Unnimaya</i>
30	Vinayamol V G	<i>Vinayamol</i>

Coordinators:
Mena Jomij
[Signature]



1.2 FUTURE STARS

Date of activity: 04th August 2023

Participants: Students from around Poonjar Electoral Constituency

Name of the organizer: IQAC

Details of the Collaborating Agency: Office of the Hon. MLA of Poonjar

Report:

Future Stars is an educational project which is a milestone event led by the Institution in collaboration with the office of the MLA of Poonjar. It aims to transform the students to best achievers and the students were selected from ecologically sensitive buffer zones where farming has failed, and the area has become calamity-ridden. The aim of the programme is to transform the selected students to high achievers.

The project was launched in the academic year 2021-22. The purpose of this project is to promote the talented and aspiring students hailing from economically and socially backward families. Special care and attention are given to the selected students along with frequent motivation classes. The students are selected by the heads of the institutions and mentor teachers. The mentors are those committed teachers who have voluntarily accepted the noble task of promoting the competent, yet less privileged students of their respective schools. The executive committee consisting of 17 members including MLA as patron and Dr. Ancy Joseph (Director), Suja M. G (general secretary) and Martin James (treasurer). All the other executive members are highly qualified educationists, trainers, counsellors and social workers.

Outcomes:

The students who are from backward regions were benefited from this scheme. They were selected based on merit and was trained to appear for competitive examinations including Civil Service.



Dr. Mathew Kanamala addressing the gathering



Students with MLA Adv. Sebastian Kulathumkal



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PLACE
DATE POONJAR
29.06.2023

To,
The Principal,
St. Joseph's College
Moolamattom,
Arakulam po , Idukki

Subject: Letter of Appreciation and Support for Dr. Mathew Kanamala

Res.fr,

I extend my warm greetings to you and the entire St. Joseph's College Moolamattom community. It gives me immense pleasure to write this letter in appreciation of the extraordinary dedication and contribution of Dr. Mathew Kanamala, Head of the Social Work Department at your esteemed institution and his MSW team.

Dr. Mathew Kanamala has been an invaluable asset to the "Future Stars Educational Project," which I have had the privilege of spearheading. His commitment as a part-time volunteer since 2021 has been commendable, and his involvement in organizing motivational classes, educational trips, and mentoring sessions for students has left an indelible mark on the initiative. His tireless efforts have significantly contributed to the holistic development of the students involved in the project.

I am particularly impressed by the seamless integration of the Master of Social Work (MSW) students under Dr. Kanamala's guidance. This collaborative approach not only enriches the educational experience of your students but also reflects Dr. Kanamala's dedication to nurturing the next generation of social work professionals.


In light of his exemplary service, I have no hesitation in confirming Dr. Mathew Kanamala's role as a key committee member and volunteer of the "Future Stars Educational Project." I would be delighted to provide any necessary documentation, including this letter, to support your endeavors, especially in relation to your NAAC accreditation process.

I am confident that Dr. Mathew Kanamala's continued contributions will further elevate the reputation of St. Joseph's College Moolamattom and strengthen the bond between academia and community service.

Should you require any additional information or assistance, please do not hesitate to contact my office.

Wishing you and your institution continued success.

Sincerely,



Adv. Sebastian Kulathunkal MLA
Poonjar Constituency

Letter of Appreciation from the Hon. MLA



1.3 RURAL CAMP – INTEGRATED TRIBAL DEVELOPMENT PROGRAMME

Period of activity: 22/08/2019 to 26/08/2019

Venue: Tribal School, Adimaly

Number of participants: 250 tribal children and 30 MSW students

Organizers: Department of Social Work

Collaborators: Tribal Development Office and Janamythri Excise-Squad

Report:

The rural camp of first semester students was organized in association with Tribal development office, Adimaly and Janamythri Excise Squad, Devikulam from 22/08/2019 to 26/08/2019 at tribal school, Adimaly. As part of the rural camp the first semester MSW students organized a 3-day camp for 250 tribal students. During the camp they were given exposure to communication skill, personality development, life skills, hygiene etc. The camp was structured with creative sessions including group work, games, lectures, role play, recreations etc. The event could build greater enthusiasm among these children and a quest for growth and development.

Outcomes:

This programme helped students to gain empathy through immersive rural experiences, while tribal children receive cultural exposure, fostering inclusivity, empowerment, and improved educational opportunities for a brighter future.



Brochure of 'Rural Camp: Integrated Tribal Development Programme'



Children listening to Excise Police Officer of Janamythri Excise Squad, Devikulam

Attendance list

Name of the programme - Integrated tribal development programme.

Date - 22/08/2019 - 26/08/2019

Participants - 250

Organizer - MSW department

1. Amina yousuf	<i>[Signature]</i>
2. Akshay P.R	<i>[Signature]</i>
3. Amala Thomas	<i>[Signature]</i>
4. Amala Thomas	<i>[Signature]</i>
5. Alena Mathew	<i>[Signature]</i>
6. Anju Ravi	<i>[Signature]</i>
7. Anna Tresa Binoy	<i>[Signature]</i>
8. Anathy MS	<i>[Signature]</i>
9. Denitta Elsa Kurialose	<i>[Signature]</i>
10. Divitka S	<i>[Signature]</i>
11. Doshma Santhosh	<i>[Signature]</i>
10. Ebin Thomas	<i>[Signature]</i>
13. Febimal Markose	<i>[Signature]</i>
14. Hazi Das	<i>[Signature]</i>
15. Jeeshha parvathy	<i>[Signature]</i>
16. Jemy P. Johnson	<i>[Signature]</i>
17. Jasfin Jacob	<i>[Signature]</i>
18. Kavya Barju.	<i>[Signature]</i>
19. Nigas Asis	<i>[Signature]</i>
20. Preethi P R	<i>[Signature]</i>
21. Priya maniyam prasod	<i>[Signature]</i>
22. Raveena Ravi	<i>[Signature]</i>
23. Richard Sunny	<i>[Signature]</i>
24. Richu shaji	<i>[Signature]</i>
25. Shifa Joseph.	<i>[Signature]</i>
26. Sonaly Santhosh	<i>[Signature]</i>

27. Saniya Joy	<i>[Signature]</i>
28. Theresa Mathew	<i>[Signature]</i>
29. unimaya BM	<i>[Signature]</i>
30. Vinaymol V.S	<i>[Signature]</i>



1.4 RURAL CAMP – *DYUTHI*

Period of activity: 09th to 13th March 2022

Venue: Chinnapparakudy and Thalanirappankudy in Idukki

Participants: Open for Public

Name of the organizer: IQAC

Details of the Collaborating Agency: Janamythri Excise Squad

Report:

St. Joseph's College, Moolamttom conducted DYUTHI in collaboration with Janamytri Excise Squad, Devikulam from 09/03/2022 to 13/03/2022. The focus areas of the camp were Chinnapparakkudy and Thalanirappankudy which are apparently impoverished tribal settings in Adimaly, Idukki District. The prime intention of the camp was to collaborate with the Janamytri Excise Squad for addressing alcohol addiction and school dropouts in these two tribal settings. The major undertakings of the camp were: Flash Mob, Survey in Tribal Setting, Seminar at MGLC, Interview with 'Adivasi Mooppan', Library Renovation, Building Badminton Court and Workshop at Tribal Hostels.

Outcomes:

The programme will create awareness in the public about the negative sides of Alcohol. This knowledge will keep them away from its use and this will lead to social progress.



Brochure of the camp *Dyuthi*



Inaugural Session of the camp *Dyuthi*

Attendance list

Date: 9 to 13 March 2022
 Programme: *DYUTHI* Rural camp

List of Participants

Sl.No	Name of the students	Signature
1	Abya Kurian	<i>Abya</i>
2	Akhi Thankachan	<i>Akhi</i>
3	Alan Joby	<i>Alan</i>
4	Alfenu Tomy	<i>Alfenu</i>
5	Amal Benny	<i>Amal</i>
6	Amitha Alex	<i>Amitha</i>
7	Amrita Thomas	<i>Amrita</i>
8	Ann Maria Mathew	<i>Ann</i>
9	Ajjan K R	<i>Ajjan</i>
10	Ashna Rasheed	<i>Ashna</i>
11	Avani K A	<i>Avani</i>
12	Bhagyavaree S	<i>Bhagyavaree</i>
13	Gayathri N Nair	<i>Gayathri</i>
14	Gokul G	<i>Gokul</i>
15	Jerin Joseph	<i>Jerin</i>
16	Jimmy P J	<i>Jimmy</i>
17	Josymon Joy	<i>Josymon</i>
18	Juliet P Thomas	<i>Juliet</i>
19	Nayana Raju	<i>Nayana</i>
20	Sandramol Augustine	<i>Sandramol</i>
21	Shilpa Mohan	<i>Shilpa</i>

DYUTHI Rural Camp

22	Shilpa Shaji	<i>Shilpa</i>
23	Shiyon Sebastian	<i>Shiyon</i>
24	Sneha C C	<i>Sneha</i>
25	Sneha Santhosh	<i>Sneha</i>
26	Sreelakshmi Saji	<i>Sreelakshmi</i>
27	Sruthi Mohanan	<i>Sruthi</i>
28	Swetha Joy	<i>Swetha</i>
29	Tomcy Tomy	<i>Tomcy</i>
30	Vishnu Rajeev	<i>Vishnu</i>

Coordinators:
Maria Thomas
[Signature]



1.5 RURAL CAMP – DWANI

Date of activity: 05th to 10th October 2022

Participants: Public and Tribal Students

Name of the organizer: IQAC

Collaborators: Green Valley Development Society- Idukki

Report:

St. Joseph's College, Moolamattom conducted its 17th rural camp (DWANI) in collaboration with Green Valley Development Society, Thadiyampadu from 05/12/2022 to 10/12/2022. The focus areas of the camp were Painavu and Valiyamavu of Idukki District. The prime intention of the camp was to understand the community living, tribal settlements and the working of NGO and SHGs incorporated with the Green Valley Developmental Society.

Outcomes:

The camp promoted values of social life. The students were able to understand community living and tribal settlements.



Brochure of the Rural Camp 2022



Students at the rural camp

Attendance list

Name of the Department: Department of Social Work
 Date: 05 to 10 October 2022
 Programme: Rural Camp - DWANI

List of Participants

Sl.No	Name of the students	Signature
1	Abitna Babu	<i>Abitna</i>
2	Aleena Binu	<i>Aleena</i>
3	Amala Thomas	<i>Amala</i>
4	Amalu Kurian	<i>Amalu</i>
5	Anceta Johnson	<i>Anceta</i>
6	Anju Hari	<i>Anju</i>
7	Ann Rose Mathew	<i>Ann</i>
8	Arathy Soman	<i>Arathy</i>
9	Ashly Shaji	<i>Ashly</i>
10	Betty Philip	<i>Betty</i>
11	Christeena Sebastian	<i>Christeena</i>
12	Christy Saju	<i>Christy</i>
13	Clara Sebastian	<i>Clara</i>
14	Dhiya Sebastian	<i>Dhiya</i>
15	Donamol Kurian	<i>Donamol</i>
16	Fathima Noushad	<i>Fathima</i>
17	Gopika Sukumaran	<i>Gopika</i>
18	Keerthi Gopinadh	<i>Keerthi</i>
19	Leo Abraham	<i>Leo</i>
20	Meenu George	<i>Meenu</i>
21	Mercena James	<i>Mercena</i>
22	Merlin Tomy	<i>Merlin</i>
23	Nayana Chandrabose	<i>Nayana</i>
24	Nibin Shaji	<i>Nibin</i>
25	Nihala PN	<i>Nihala</i>
26	Shahina Ka	<i>Shahina</i>
27	Simi Tomy	<i>Simi</i>
28	Sreekutty Ravindran	<i>Sreekutty</i>
29	Vishnu Vijayan	<i>Vishnu</i>

Coordinators:
(Name written)
(Signature)



1.6 RURAL CAMP-VOLUNTARY ORGANIZATION FOR SOCIAL-ACTION AND RURAL-DEVELOPMENT (VOSARD)

Period of activity: 14/12/2021 to 17/12/2021

Number of participants: Beneficiaries of VOSARD and 30 MSW students

Name of the organizer: Department of Social Work

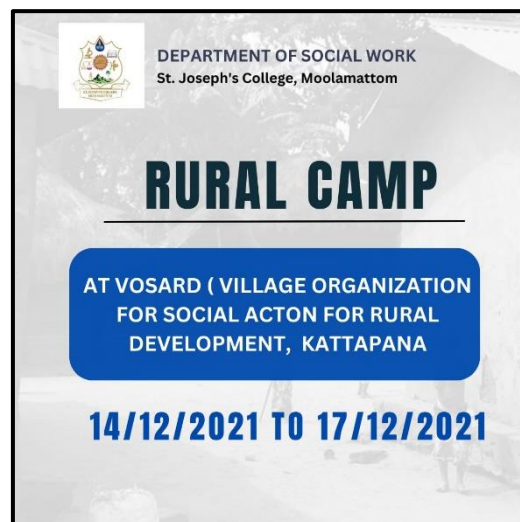
Details of the Collaborating Agency: VOSARD

Report:

The Rural Camp organized by the social work students of St. Joseph's College, Moolamattom, at the Village Organization for Social Action and Rural Development (VOSARD) (14/12/2021 to 17/12/2021) in Kattappana was a transformative experience for both the participants and the community involved. The major undertakings of the camp were Beneficiary survey, SHG (Self-Help-Groups) Visits, Field Visits and exposure to various projects and programmes.

Outcomes:

The Rural Camp conducted by the social work students of St. Joseph's College, Moolamattom, at VOSARD, Kattappana, was a significant endeavour in promoting community development and social welfare. VOSARD's community engagement initiatives have contributed to increased social inclusion for both senior citizens and disabled individuals. More than 70% of respondents from these groups reported an enhanced sense of belonging and social interactions. Farmers supported by VOSARD programs reported a significant increase in agricultural productivity.



Brochure of the programme 'Rural Camp'



Insights from Beneficiary Surveys, SHG Visits, and Field Surveys in VOSARD

Attendance list

Name of the Program - Rural Camp - VOSARD
Date: 14/12/2021 to 17/12/2021
Organiser: Department of social work.

1. Abin George	<u>Abin</u>
2. Abraham John	<u>Abraham</u>
3. Aby Benny	<u>Aby</u>
4. Alswarya Raj	<u>Alswarya</u>
5. Alan sunny Joseph	<u>Alan</u>
6. Albin Binoy	<u>Albin</u>
7. Aleena sini	<u>Aleena</u>
8. Aleena Thankachan	<u>Aleena</u>
9. Alfinamol k.A	<u>Alfinamol</u>
10. Alwin Jose Alex	<u>Alwin</u>
11. Amala Martin	<u>Amala</u>
12. Anitta sebastian	<u>Anitta</u>
13. Ansu Benny	<u>Ansu</u>
14. Ashly Teresa Sunil	<u>Ashly</u>
15. Beema U.I	<u>Beema</u>
16. Dennis Paul	<u>Dennis</u>
17. Dony Thomas	<u>Dony</u>
18. Firoz Navab	<u>Firoz</u>
19. Jesbin Jose	<u>Jesbin</u>
20. Nanditha Lekshmi ST	<u>Nanditha</u>
21. Nimmi George	<u>Nimmi</u>
22. Pilsy George	<u>Pilsy</u>
23. Rabiva k's	<u>Rabiva</u>
24. Sachin Jose	<u>Sachin</u>

25. Sherin George	<u>Sherin</u>
26. Sona Rose Babu	<u>Sona</u>
27. Sonamol Jaffer	<u>Sonamol</u>
28. Teenu Shaji	<u>Teenu</u>
29. Tissa Manuel	<u>Tissa</u>
30. Varada Gireesh. P.	<u>Varada</u>



1.7 TRIBAL SETTLEMENT VISIT

Date of activity: 07th December 2022

Number of participants: 30

Name of the organizer: IQAC

Details of the Collaborating Agency: Green Valley Developmental Society

Report:

A tribal settlement visit was conducted in Valiyamav of Idukki district. Students were divided into two groups guided by Ms. Sandhya, Mr. Biju, Ms. Gopika and Ms. Devananda as their representatives. They visited tribal houses, talk to them and understand their living conditions. One of these groups participated in the coffee bean production, which is a source of income for the tribal people.

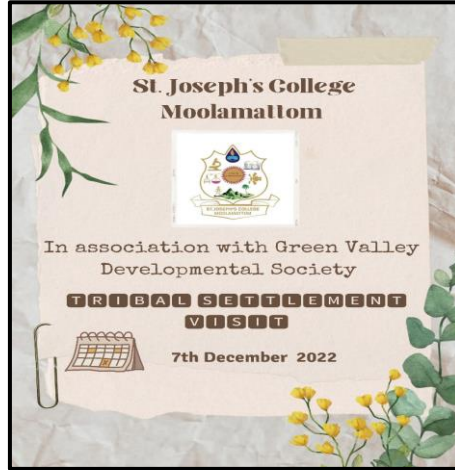
The issues they identified were:

- Lack of proper transportation.
- Low availability of electricity.
- Tribals should be given more opportunity to mingle with others
- Even now majority of tribal love to stay in dense forests
- Both parents and children are not convinced about the importance of education
- Low participation in higher education.

The students promised to do whatever possible, to improve their living conditions.

Outcomes:

The visit provided the students an opportunity to see for themselves, the struggles and shortcomings faced by the tribal people. The students also took up the issues to the outside world.





Brochure of the Tribal Settlement Visit



Students from the college at the tribal settlement

Attendance list

Sl.No	Name of the students	Signature
1	Abitha Babu	Abitha
2	Aleena Binu	Aleena
3	Amala Thomas	Amala
4	Amala Kurian	Amala
5	Aneeta Johnson	Aneeta
6	Anju Hari	Anju
7	Ann Rose Mathew	Ann
8	Arathy Soman	Arathy
9	Ashly Shaji	Ashly
10	Betty Philip	Betty
11	Christeena Sebastian	Christeena
12	Christy Saju	Christy
13	Clara Sebastian	Clara
14	Dhiva Sebastian	Dhiva
15	Donamol Kurian	Donamol
16	Fathima Noushad	Fathima
17	Gopika Sukumaran	Gopika
18	Keerthi Gopinadh	Keerthi
19	Leo Abraham	Leo
20	Meenu George	Meenu
21	Mereena James	Mereena
22	Merlin Tomy	Merlin
23	Nayana Chandrabose	Nayana
24	Nibin Shaji	Nibin
25	Nihala PN	Nihala
26	Shahina Ka	Shahina
27	Simi Tomy	Simi
28	Sreekutty Ravindran	Sreekutty
29	Vishnu Vijayan	Vishnu

Coordinators:





1.8 VISIT TO TRIBAL MODEL RESIDENTIAL SCHOOL AT PAINAVU

Date of activity: 09th December 2022

Number of participants: 30

Name of the organizer: IQAC

Details of the Collaborating Agency: Green Valley Developmental Society

Report:

Students of the college conducted an awareness class at Ekalavya Tribal Model Residential School, Painavu. The class was attended by students of 11th and 12th grade. They were mostly happy with the infrastructure facilities of the school. The volunteers divided them into four groups and took classes about legal advice, personal hygiene, career guidance and drug and alcohol abuse. The students were active and learnt the necessary lessons in these areas. The session was concluded by the students' feedback.

Outcomes:

The visit provided the students the opportunity to interact with the teenagers, to understand how they think and how they view the world. It helped the participants to make the field of social activities much better.



Brochure of the School Visit at Painavu



Interactive session with the students at Model Residential School in Painavu

Attendance list

List of Participants

Sl.No	Name of the students	Signature
1	Abitha Babu	<i>Abitha</i>
2	Aleena Binu	<i>Aleena</i>
3	Amala Thomas	<i>Amala</i>
4	Amalu Kurian	<i>Amalu</i>
5	Aneeta Johnson	<i>Aneeta</i>
6	Anju Hari	<i>Anju</i>
7	Ann Rose Mathew	<i>Ann</i>
8	Arathy Soman	<i>Arathy</i>
9	Ashly Shaji	<i>Ashly</i>
10	Betty Philip	<i>Betty</i>
11	Christeena Sebastian	<i>Christeena</i>
12	Christy Saju	<i>Christy</i>
13	Clara Sebastian	<i>Clara</i>
14	Dhiya Sebastian	<i>Dhiya</i>
15	Donamol Kurian	<i>Donamol</i>
16	Fathima Noushad	<i>Fathima</i>
17	Gopika Sukumaran	<i>Gopika</i>
18	Keerthi Gopinadh	<i>Keerthi</i>
19	Leo Abraham	<i>Leo</i>
20	Meenu George	<i>Meenu</i>
21	Mereena James	<i>Mereena</i>
22	Merlin Tomy	<i>Merlin</i>
23	Nayana Chandrabose	<i>Nayana</i>
24	Nibin Shaji	<i>Nibin</i>
25	Nihala PN	<i>Nihala</i>
26	Shahina Ka	<i>Shahina</i>
27	Simi Tomy	<i>Simi</i>
28	Sreekutty Ravindran	<i>Sreekutty</i>
29	Vishnu Vijayan	<i>Vishnu</i>

Coordinators:
Mam Binu
Abitha



1.9 INTERACTION WITH ADIVASI MOOPPAN ON EDUCATION OF TRIBAL CHILDREN

Date of activity: 11th December 2022

Number of participants: 29

Name of the organizer: IQAC

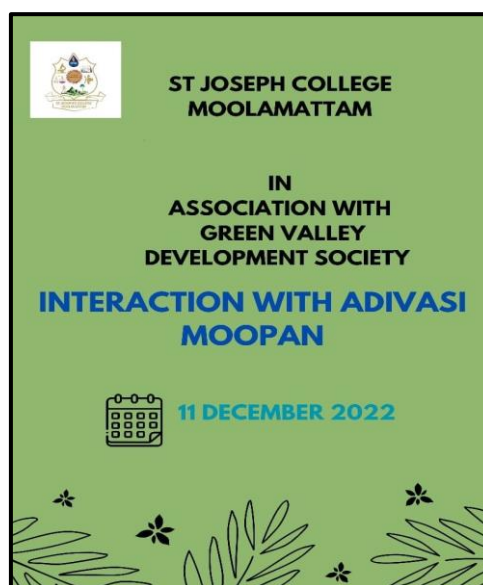
Details of the Collaborating Agency: Green Valley Developmental Society

Report:

Tribal settlements are headed by 'Mooppans', or 'Elder Leaders' who are selected through common consent. Our students got an opportunity to interact with the Adivasi Mooppan of Valiyamavu (tribal setting) regarding the education of tribal children, with the help of Green Valley Development Society, Thadiyampadu. The discussion with Mooppan also threw light upon the mythology, characteristics, religiosity, norms and rituals of tribal in different parts of the state.

Outcomes:

The visit provided an opportunity to interact with tribal children, fostering mentorship and addressing the financial barriers to quality education for students from tribal areas.



Brochure of the Interactive Session with Adivasi Mooppan



Pictures of the interaction with the Adivasi Mooppan

Attendance list

Sl.No	Name of the students	Signature
1	Abitha Babu	<i>Abitha</i>
2	Aleena Binu	<i>Aleena</i>
3	Amala Thomas	<i>Amala</i>
4	Amalu Kurian	<i>Amalu</i>
5	Aneela Johnson	<i>Aneela</i>
6	Anu Hari	<i>Anu</i>
7	Ann Rose Mathew	<i>Ann</i>
8	Arathy Soman	<i>Arathy</i>
9	Ashly Shaji	<i>Ashly</i>
10	Betty Philip	<i>Betty</i>
11	Christeena Sebastian	<i>Christeena</i>
12	Christy Saju	<i>Christy</i>
13	Clara Sebastian	<i>Clara</i>
14	Dhiva Sebastian	<i>Dhiva</i>
15	Donamol Kurian	<i>Donamol</i>
16	Fathima Noushad	<i>Fathima</i>
17	Gopika Sukumaran	<i>Gopika</i>
18	Keerthi Gopinadh	<i>Keerthi</i>
19	Leo Abraham	<i>Leo</i>
20	Meena George	<i>Meena</i>
21	Mercena James	<i>Mercena</i>
22	Merlin Tomy	<i>Merlin</i>
23	Nayana Chandrabose	<i>Nayana</i>
24	Nibin Shaji	<i>Nibin</i>
25	Nihala PN	<i>Nihala</i>
26	Shahina Ka	<i>Shahina</i>
27	Simi Tomy	<i>Simi</i>
28	Sreekutty Ravindran	<i>Sreekutty</i>
29	Vishnu Vijayan	<i>Vishnu</i>

Coordinators:
Manoj
Prithvi



1.10 SURVEY IN TRIBAL SETTING

Date of activity: 10th March 2023

No. of participants: 30

Name of the organizer: IQAC

Details of the Collaborating Agency: Janamytri Excise Squad, Devikulam

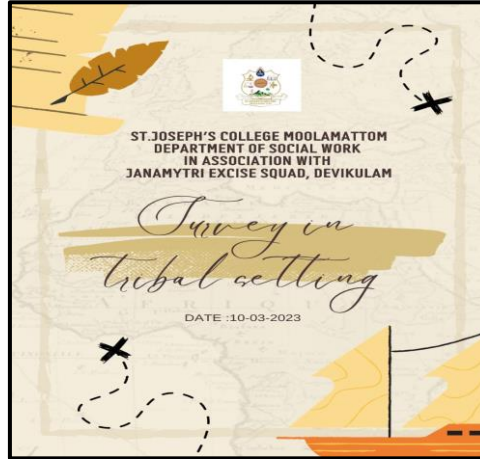
Report:

The survey was conducted in Thalanirappankudy, an old tribal setting which is in Adimaly block of Idukki district of Kerala. The major objectives of the survey were to figure out the number of alcohol addicts and school dropouts among children in Thalanirappankudy. The major findings of the survey are given below:

- Total houses visited – 30
- Total number of alcohol addicts – 14
- Total number of school dropouts – 15
- Majority of tribal people are introverts. They hesitate to mingle with people from outside
- Drug addiction begins from childhood
- Tribals should be given more opportunity to mingle with others
- Cast discriminations exists even among tribes
- Even now majority of tribals love to stay in dense forests
- Majority of MGLC children use Hans during class time
- Both parents and children are not convinced about the importance of education
- Janamythri Excise Squad has a greater influence in these tribal settings.

Outcomes:

Life in the tribal settings is quite different from the cities. The visit will help to identify the use of alcohol and tobacco among children in the settlements. It will make the students aware of the adverse effects of alcohol and tobacco.



Brochure of the survey at Tribal Setting



Students from St Joseph's College visiting houses at Thalanirappankudy

Attendance list

Sl.No	Name of the students	Signature
1	Abhya Kurian	<i>Abhya</i>
2	Akhil Thankachan	<i>Akhil</i>
3	Alan Joly	<i>Alan</i>
4	Alfena Tomy	<i>Alfena</i>
5	Amal Benny	<i>Amal</i>
6	Amitha Alex	<i>Amitha</i>
7	Amrita Thomas	<i>Amrita</i>
8	Ann Maria Mathew	<i>Ann</i>
9	Arjun K R	<i>Arjun</i>
10	Ashna Rasheed	<i>Ashna</i>
11	Avani K A	<i>Avani</i>
12	Bhagyasree S	<i>Bhagyasree</i>
13	Gayathri N Nair	<i>Gayathri</i>
14	Gokul G	<i>Gokul</i>
15	Jerin Joseph	<i>Jerin</i>
16	Jismy P J	<i>Jismy</i>
17	Josymon Joy	<i>Josymon</i>
18	Juliet P Thomas	<i>Juliet</i>
19	Nayana Raju	<i>Nayana</i>
20	Sandramol Augustine	<i>Sandramol</i>
21	Shilpa Mohan	<i>Shilpa</i>

22	Shilpa Shaji	<i>Shilpa</i>
23	Shiyon Sebastian	<i>Shiyon</i>
24	Sneha C C	<i>Sneha</i>
25	Sneha Santhosh	<i>Sneha</i>
26	Sreelakshmi Saji	<i>Sreelakshmi</i>
27	Sruthi Mohanan	<i>Sruthi</i>
28	Swetha Joy	<i>Swetha</i>
29	Tomy Tomy	<i>Tomy</i>
30	Vishnu Rajeev	<i>Vishnu</i>

Coordinators:
Manoj
Shilpa



1.11 INTERVIEW WITH 'ADIVASI MOOPPAN'

Date of activity: 10th March 2023

Number of participants: 30

Name of the organizer: IQAC

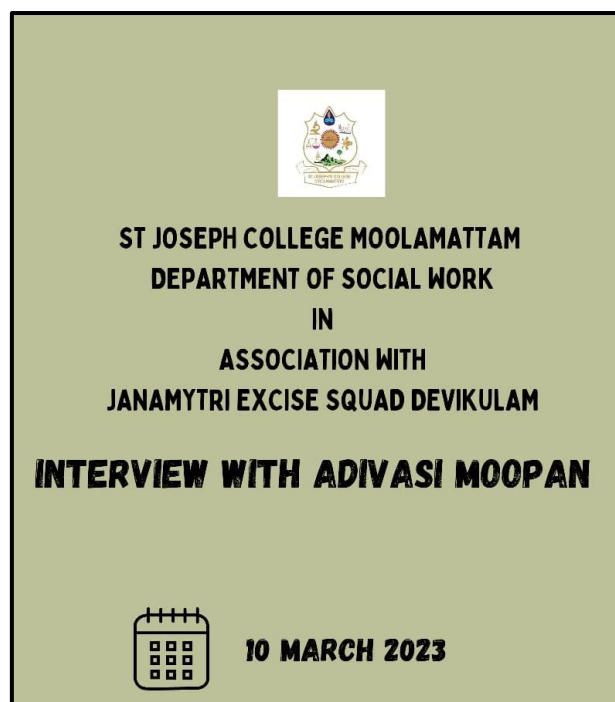
Details of the Collaborating Agency: Janamytri Excise Squad, Devikulam

Report:

Our students got an opportunity to interact with the Adivasi Mooppan of Chinnapparakudy tribal setting with the help of Excise squad Adimaly, on the issue of school dropouts from Adivasi, tribal settlements. The discussion with Mooppan provided positive insights into the life of the school children in those settlements. It brought positive feedback from the tribal families on educational dimension.

Outcomes:

The students could bring to life the neglected issue of dropouts and the various reasons for it. The data thus collected were presented to the excise squad Adimaly.



Brochure of the Interview with Adivasi Mooppan



Interview with Adivasi Mooppan of Chinnapparakudy

Attendance list

List of Participants		
Sl.No	Name of the students	Signature
1	Abiya Kurian	<i>Abiya</i>
2	Akhil Thankachan	<i>Akhil</i>
3	Alan Jorly	<i>Alan Jorly</i>
4	Alfena Tomy	<i>Alfena</i>
5	Amal Benny	<i>Amal B</i>
6	Amitha Alex	<i>Amitha</i>
7	Amrita Thomas	<i>Amrita</i>
8	Ann Maria Mathew	<i>Ann</i>
9	Arjun K R	<i>KR Arjun</i>
10	Ashna Rasheed	<i>Ashna</i>
11	Avani K A	<i>Avani KA</i>
12	Bhagyasree S	<i>Bhagyasree</i>
13	Gayathri N Nair	<i>Gayathri</i>
14	Gokul G	<i>Gokul</i>
15	Jerin Joseph	<i>Jerin</i>
16	Jismy P J	<i>Jismy</i>
17	Josymon Joy	<i>Josymon</i>
18	Juliet P Thomas	<i>Juliet</i>
19	Nayana Raju	<i>Nayana</i>
20	Sandramol Augustine	<i>Sandramol</i>
21	Shilpa Mohan	<i>Shilpa</i>

22	Shilpa Shaji	<i>Shilpa</i>
23	Shiyon Sebastian	<i>Shiyon</i>
24	Sneha C C	<i>Sneha</i>
25	Sneha Santhosh	<i>Sneha</i>
26	Sreelakshmi Saji	<i>Sreelakshmi</i>
27	Sruthi Mohanan	<i>Sruthi</i>
28	Swetha Joy	<i>Swetha</i>
29	Tomcy Tomy	<i>Tomcy</i>
30	Vishnu Rajeev	<i>Vishnu</i>

Coordinators:
Mammy
[Signature]



1.12 MENTAL HEALTH AWARENESS CLASS AT EKALAVYA TRIBAL MODEL RESIDENTIAL SCHOOL, PAINAVU

Period of Activity: 11th and 12th October 2023

Number of participants: 30

Name of the organizer: IQAC

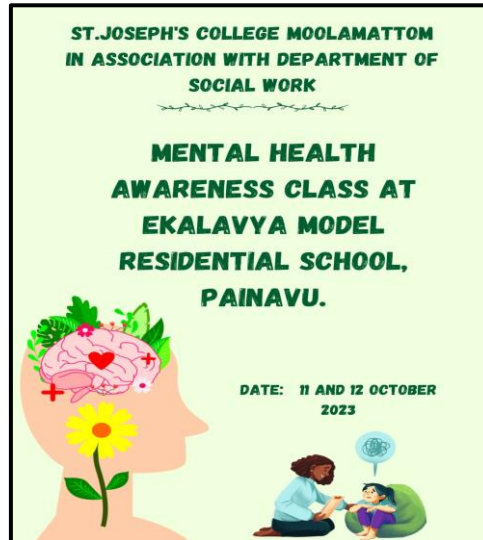
Details of the Collaborating Agency: District Mental Health Project, Idukki

Report:

Students of the Institution conducted a mental health awareness class in association with District Medical Hospital Painav at Ekalavya Tribal Model Residential School, Painavu, on 11 October 2023. The program was inaugurated by Smt. Sony George, School mental health project officer, DMHP. It was a two-day program for 6th, 7th and 8th standard students to give awareness about mental health, stress management, self-care and self-compassion etc. Student were divided into seven groups and were given classes in mental health, cyber bullying, effective communication, self-care and compassion etc. including 15 topics related to mental health. The students showed great interest in the topics discussed. The session was concluded by a valedictory function. The function was inaugurated by Dr. Mathew Kanamala, Head of the Department of Social Work, St. Joseph's College, Moolamattom and Smt. Reena James, Co-director of IPCAI, Grace Care conveyed message to the students. The function ended by distributing small gifts to the students.

Outcomes:

Mental health is usually a neglected area, especially in school going children. This class helped the students of Ekalavya School to understand the importance of Mental Health. It would also help them to practice the tips in their lives.



Brochure of Mental Health Awareness Class at Painavu



Separate sessions were conducted for the girls and boys of the school



Interactive sessions with the students



Students of Ekalavya Model School participating in the Mental Health Awareness Class

Attendance list

Sl. No	Name	Signature
1	Aisha	<i>Aisha</i>
2	Aiswarya P S	<i>Aiswarya</i>
3	Akash Saji	<i>Akash</i>
4	Akshara Sivan	<i>Akshara</i>
5	Alan Shammy	<i>Alan</i>
6	Aleenamol Mathew	<i>Aleenamol</i>
7	Anagha Shiby	<i>Anagha</i>
8	Aparna Babu	<i>Aparna</i>
9	Aarvind S	<i>Aarvind</i>
10	Christeena Sabu	<i>Christeena</i>
11	Divya Rajan	<i>Divya</i>
12	Edwin Peles	<i>Edwin</i>
13	Fazal Muhammed	<i>Fazal</i>
14	George Siby	<i>George</i>
15	Jayalakshmi Vijayan	<i>Jayalakshmi</i>
16	Jeena Jimmy	<i>Jeena</i>
17	Jismi Johnson	<i>Jismi</i>
18	Jithin Joy	<i>Jithin</i>
19	Joja James	<i>Joja</i>
20	Karthika TC	<i>Karthika</i>
21	Martin Mathew	<i>Martin</i>
22	Meenu S	<i>Meenu</i>
23	Nakul Naji	<i>Nakul</i>

24	Neenu Saji	<i>Neenu</i>
25	Niya K. Thomas	<i>Niya</i>
26	Rachel P Johnson	<i>Rachel</i>
27	Veena Vijayakumar	<i>Veena</i>
28	Vidyalakshmi Brau	<i>Vidyalakshmi</i>
29	Vineesha Swanson	<i>Vineesha</i>

Faculty Coordinators : Junga Teslis Mathews
Junga



2. ARMED FORCES TRAINING PROGRAMME

2.1 TRAINING FOR RECRUITMENT OF ADULTS TO KERALA POLICE, FIRE FORCE AND INDIAN MILITARY

Organizing Department: Department of Physical Education

Details of the Collaborating Agency: Idukki Sports and Service Academy

a) **Period of activity:** 01st January 2021 to 30th March 2022

Number of participants: 25

b) **Period of activity:** 01st January 2022 to 30th March 2023

Number of participants: 25

Report:

St. Josephs College Moolamattom has been in the forefront of delivering quality education which heralded "Progress and Development" for numerous households. The college was a training hub for police job aspirants during the recent years resulting in numerous candidates getting selected in kerala Police in various ranks. For this purpose, the Department of Physical Education has framed an MoU with Idukki Sports and Service Academy (ISSA) on training ordinary candidates towards a career in the Indian Army, Kerala Police and Fire Force.

Outcomes:

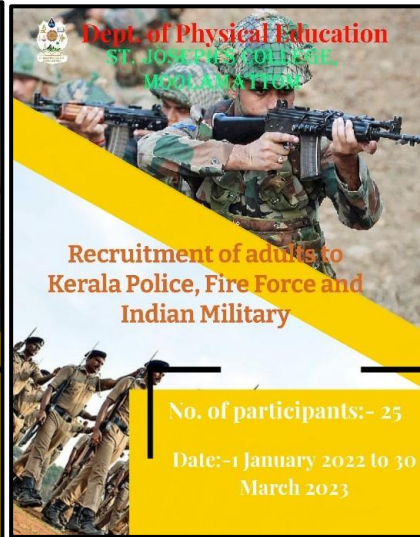
The outcomes of this strategic partnership have been remarkable, as it has enabled numerous aspiring individuals to realize their dreams by securing positions in these prestigious institutions. St. Joseph's College Moolamattom continues to be a catalyst for personal and regional progress, making education a pathway to success.



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Brochures of the two training programmes conducted



Celebrating Success: Honouring Newly Appointed Candidates



3. PSYCHOSOCIAL INTERVENTIONS

3.1 MANASHANTHI – COMMUNITY BASED REHABILITATION THEMED MEGA CULTURAL EVENT

Period of activity: 11th and 12th May 2019

Venue: Mariyasadanam Psycho-social Rehabilitation Centre, Pala

Participants: Public

Name of the organizer: IQAC

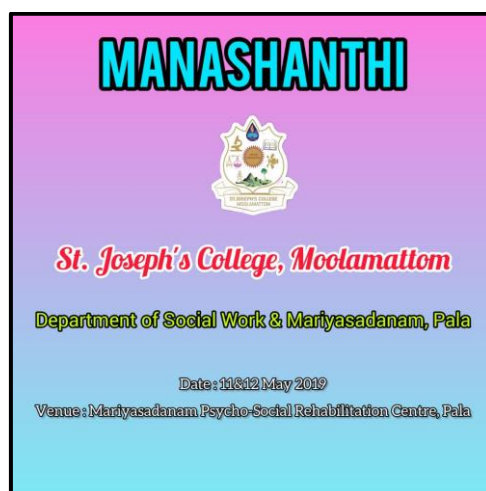
Details of the Collaborating Agency: Mariyasadanam Pala.

Report:

St Joseph's college Moolamattom, in association with Mriyasadanam Pala organized a Mega – cultural Fest at Mariyasadanam Psycho – social rehabilitation center Pala on 11th and 12th May 2019. The programme involved various cultural events and the traditional arts of Kerala were significantly highlighted throughout the programme.

Outcomes:

This initiative showcases Kerala's traditional art through differently abled individuals, promoting the idea of rehabilitation in society, fostering inclusivity, and recognizing the artistic talents of those with disabilities.



Brochure of the event *Manashanti*



Performance of Kadhakali at Mariyasadanam; Photo Exhibition

Attendance List

S.7 Joseph's college Moolamattom

Department : Department of social work
 Programme : Manashaathi - presentations of traditional art forms of Kerala & food.

Date : 11 & 12 May 2019
 Venue : Mariyasadhanam psycho social rehabilitation center pal.

Attendance list:

Sr No	Name of the Participants	Class	Signature
1.	Alan Giji	M5W	Alan
2.	Mariga Mathew	M5W	Mariga
3.	Bajitha M.B.	M5W	Sajith
4.	Athira A.S	M5W	Athira
5.	Jibi Joseph	M5W	Jibi
6.	Priyanka soy	M5W	Priyanka
7.	Sheetal Tom	M5W	Sheetal
8.	Tomy Mani	M5W	Tomy
9.	Kizon Augustine.	M5W	Kizon
10.	Athira Hazi	M5W	Athira
11.	Aswathy P.	M5W	Aswathy
12.	Alhil P. Shivan	M5W	Alhil
13.	Anitha Mohandas.	M5W	Anitha
14.	Nandha Sivakumar.	M5W	Nandha
15.	Aiya Joseph.	M5W	Aiya

Faculty coordinator
 Manu Kurian
 Manu



3.2 'SAY NO TO DRUGS' - QUIZ COMPETITION

Date of activity: 11th October 2022

Number of participants: 40

Name of the organizing Department: National Service Scheme

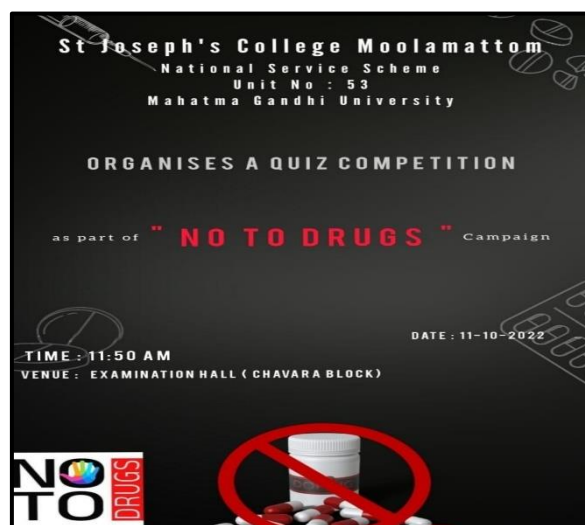
Details of the Collaborating Agency: Excise Department, Kerala

Report:

As part of the State Government's "Say No to Drugs" campaign, a quiz competition was organized by the NSS units of St. Joseph's College, Moolamattom. The competition was conducted on October 11th, 2022. 40 students from various departments participated in the competition, which was based on the varied aspects of drugs including health hazards, legal implications etc. Karthik K Murali from second year B.Sc Chemistry was selected as the winner of the competition.

Outcomes:

The quiz event aimed to promote the college's anti-drug campaigns in collaboration with the Kerala Excise department, raising awareness and fostering a drug-free environment among students and the community.



Brochure of the Quiz Competition



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Students participating in the Quiz competition

Attendance list

ST. JOSEPH'S COLLEGE, MOOLAMATTOM
NATIONAL SERVICE SCHEME

UNIT NO: 53

NAME OF THE PROGRAMME: "Say No to Drugs" Quiz Competition
DATE: 11-10-2022
VENUE: Examination Hall (Chavara Block)

Attendance list

SL. NO.	NAME OF THE PARTICIPANT	CLASS	SIGNATURE
1	ANANDHU SURESH	BA Economics	[Signature]
2	AKHILA RAJ	BA Economics	[Signature]
3	FATHIMA NIZAR	BA Economics	[Signature]
4	VASUNDHARA. G	BA Economics	[Signature]
5	ALEESHA SHAJI	BA Economics	[Signature]
6	ARATHY RAJAN	BA Economics	[Signature]
7	SHEFINA SHAJI	BA Economics	[Signature]
8	VIJAY VINOD	BSC MATHEMATICS	[Signature]
9	ELDHO CHINDU THOMAS	BSC MATHEMATICS	[Signature]
10	VARSHA B MARIYA	BSC MATHEMATICS	[Signature]
11	ADHILA ABDUL KARIM	BSC MATHEMATICS	[Signature]
12	JANNATH JALAL	BSC MATHEMATICS	[Signature]
13	HARITHA H	BSC MATHEMATICS	[Signature]
14	SULERKA SUDHEER	BSC MATHEMATICS	[Signature]
15	AKSHAI M S	BSC PHYSICS	[Signature]
16	GOPIKRISHNA HARIDAS	BSC PHYSICS	[Signature]
17	SOJA VARGHESE	BSC PHYSICS	[Signature]
18	FARSANA SAJI	BSC PHYSICS	[Signature]
19	ABHIJITH MURALI	B.COM COMPUTER	[Signature]

20	ANEESA CK	BCOM COMPUTER	[Signature]
21	ABHINAND MS	BCOM COMPUTER	[Signature]
22	SALMAN SALIM	BCOM COMPUTER	[Signature]
23	UMARUL FAROOQ VS	BCOM COMPUTER	[Signature]
24	ALFIYA NOUFAL	BCOM COMPUTER	[Signature]
25	ATHULNATH MADHU	BCOM COMPUTER	[Signature]
26	DON TOM SHUJO	BCOM COMPUTER	[Signature]
27	ABID ABDULRAHMAN	B.COM COMPUTER	[Signature]
28	RAIHAN RASHEED	BCOM COMPUTER	[Signature]
29	GANGA V R	BBM	[Signature]
30	NIHAL ROSHAN	BBM	[Signature]
31	ASHKER ALI SHAJAHAN	BBM	[Signature]
32	NYJI JOHNSON	BBM	[Signature]
33	ALAN JOSEPH	BBM	[Signature]
34	EDWIN TOMY	BBM	[Signature]
35	AJITH KRISHNA M S	BBM	[Signature]
36	MILAN MADHU	BBM	[Signature]
37	ANAINA SANTHOSH	BBM	[Signature]
38	ADARSH P R	BBA	[Signature]
39	SHAHANA KS	BBA	[Signature]
40	DHANYA T BABU	BBA	[Signature]

Christy Joseph [Signature]
Name and Signature of the Convener



3.3 ANTI-NARCOTIC DAY OBSERVATION

Date of activity: 28th June 2022

Venue: St. Thomas UP School Arakulam

Number of participants: 184, including the students of the school and the college

Name of the organizing Department: IQAC

Details of the Collaborating Agency: St. Thomas UP School, Arakulam

Report:

St. Joseph's College, Moolamattom conducted an awareness class for school children with regard to with Anti-Narcotic Week observation on 28th June, 2022. The program was conducted at St. Thomas UP School, Arakulam, in association with Excise Range Office, Moolamattom. 140 students from the school, 30 college students, 14 teachers from school and 3 teachers from the college participated in the programme.

Outcomes:

The programme enabled the children to know many essential things about drug addiction and its impact on various spheres of life.



Brochure of Anti Narcotic Day Observation



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St. Joseph's College Family, with the students of St. Thomas school



3.4 SNEHAPUTHAPPU (Collection and Distribution of Blankets)

Date of activity: 20th December 2019

Participants: 10

Name of the organizing Department: National Service Scheme

Report:

In the beginning of the winter season in 2019, the NSS Volunteers noticed that there are a number of destitute people in the neighbourhood of the college. These poor people often beg during the day time, and spend the night at the verandas of shops in the roadside. In winter, it will be very cold in the night. The NSS unit decided to collect and give them blankets. We got good response from the public regarding the collection. The collected blankets were distributed to the poor people under the leadership of the Programme officers and Volunteer Secretaries.

Outcomes:

NSS organized a successful blanket collection drive, distributed them to the needy, and provided warmth and relief to the homeless, fostering community care and goodwill.



NSS Team with the collected blankets



Blankets being distributed to destitutes

Attendance list

ST JOSEPH'S COLLEGE MOOLAMATTOM

ORGANIZING CLUB: NSS
PROGRAMME NAME: SNEHAPUTHAPPU

DATE: 20 December 2019

Attendance list

SL. NO.	NAME OF THE PARTICIPANT	SIGNATURE
1	SUMIYA SUNNY	
2	NAMITHA M SHARMA	
3	ARCHANA MANOJ	
4	HELENA SAJU	
5	NANDANA RAMAKRISHNAN	
6	AMRUTHA K HARIDAS	
7	SHARAFUDEEN LATHEEF	
8	IRFAN K S	
9	ALBIN THOMAS	
10	ABUL HASSAN V.A	

Name And Signature Of The Convenor: Ms. Roopa Jose



3.5 SEVEN-DAY NSS VIRTUAL CAMP

Period of activity: 06th to 12th February 2021

Mode: Online

Number of participants: 77

Name of the organizing Department: National Service Scheme

Report:

Seven Day Online special camping programme titled AARDRAM with Offline activities, was conducted from 6th February to 12th February 2021. It was arranged so, because of the threat of Covid-19. The theme of the camping programme was "Youth for Prevention and Mitigation of Covid-19". Most of the activities which were usually believed to be conducted only offline, were conducted online. The volunteers were very quick to learn new means of social interaction. It has helped them much to tackle the gloomy situation left by the pandemic. Offline activities included Digital Financial Literacy, Sensitization on Social Security Pensions and Insurances, Organic Farming, Training in First Aid, Books Collection as Aid for Elappara Panchayat High School Library and Covid-19 Survey. Various awareness and skill development training sessions were also conducted by experts.

Outcomes:

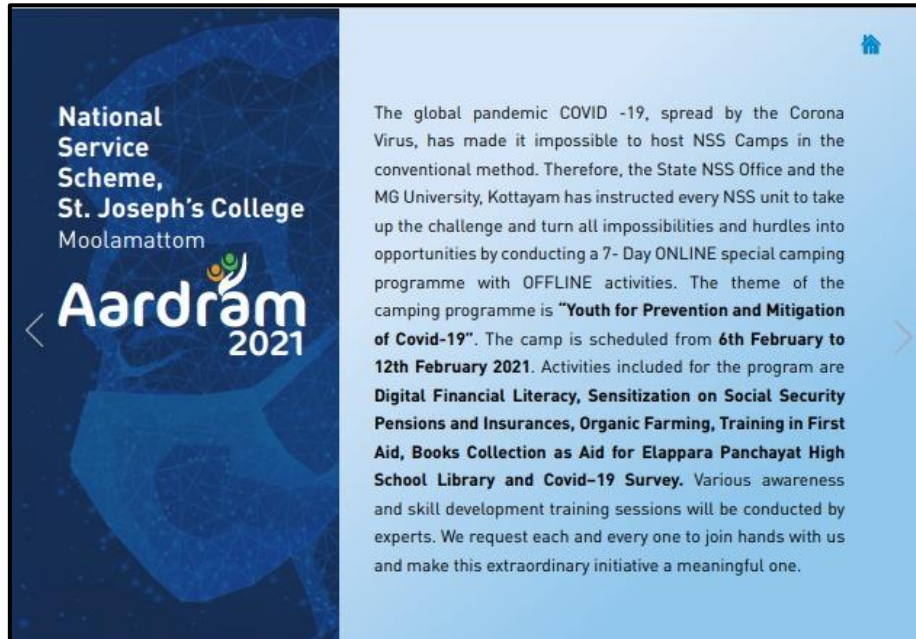
The "AARDRAM" online special camping program in February 2021, themed "Youth for Prevention and Mitigation of Covid-19," successfully adapted offline activities for the online environment. Volunteers gained new skills, combatting pandemic-induced challenges and aiding the community.



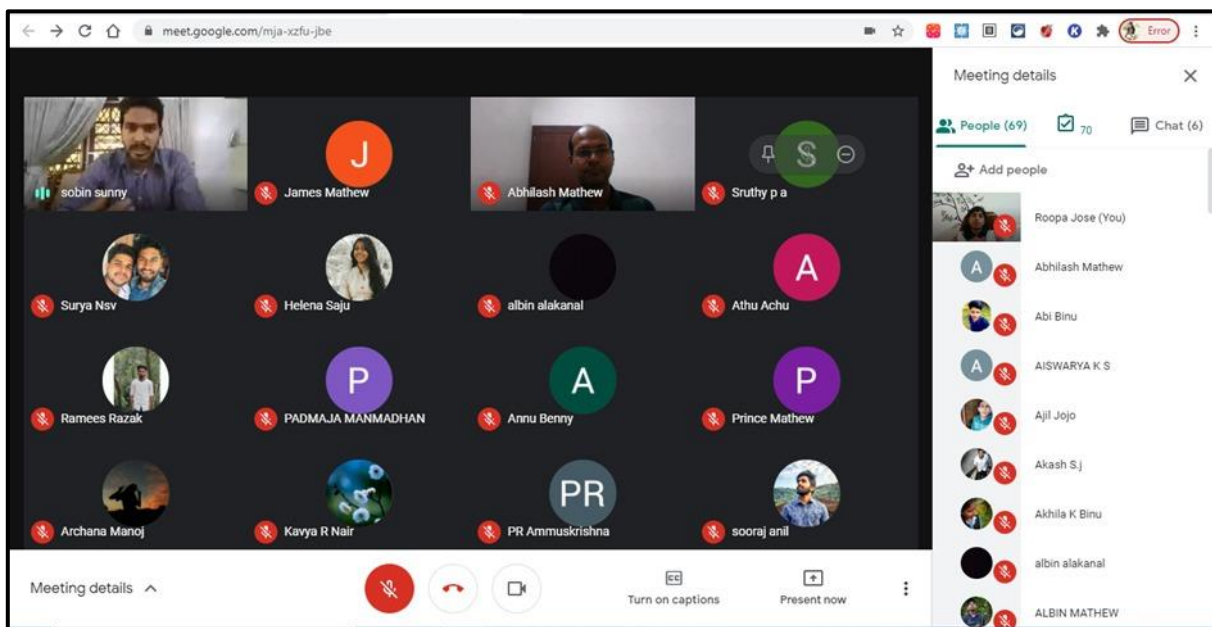
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Brochure of the seven-day camp



Volunteers participating through online mode



List of Participants:

1. Annamma Markose	35. Godson Jijo.V.Alex	69. Vaneesa K Mathew
2. Nikitha Vincent	36. Rincy Sunny	70. Anagha S Nair
3. Amurtha Anil	37. Ansiya Seyedali	71. Jose Thomas
4. Abana Jabbar	38. Riswana M.S	72. Sreejith Manoj
5. Jeena Thomas	39. Karthika Biju	73. Sreeram R Nath
6. Sreelekshmi Shaji	40. Ajinas P A	74. Amal Joy
7. Ramees Razak	41. Arunabh Sha .S	75. Sharon B
8. Divya Devadas	42. Aiswarya Viswanathan	76. Timin Sebastian
9. Siji V.S	43. Christy.Gigi	77. Deena K Jose
10. Naveena .D	44. Emil Anns Regi	
11. Geo Jomon	45. Jeenamol Shaji	
12. Akhil Biju	46. Jithu Sagar	
13. Alex Joseph	47. Sruthy P.A	
14. Kiran K.Raju	48. Amaljith K S	
15. Akhithamol K.S	49. Sreelakshmi V.S	
16. Gopika Jayan	50. Femi Shaji	
17. Aleesha Babu	51. Fathima Kabeer	
18. Annmary Tomy	52. Annu Benny	
19. Aryananda V.T	53. Padmaja Manmadhan	
20. Akhila Siby	54. Amalu Abraham	
21. Meenu Thankachan	55. Amala Abraham	
22. Albin Mathew	56. Alex Johnson	
23. Akash K Thomas	57. Nithya Joy	
24. Athul Suresh	58. Nandhana Manoj	
25. Subin Thomas	59. Adarsh P Ninanson	
26. Teena Tomy	60. Arjun Vinod	
27. Akash Vijayan	61. Athira A.R	
28. Amrutha Rajeev	62. Elizabeth Dominic	
29. Jose Francis	63. Aswathy A.R	
30. Jaidon Sebastian	64. Aleena Baburaj	
31. Sneha Alex	65. Minnu Joy	
32. Diya Augustine	66. Anjaly Jose	
33. Anandhu Anoop	67. Benet Tom Vettathu	
34. Asha Mosses	68. Anjana Baby	



3.6 MEDICAL SEMINAR ON INTERNATIONAL WOMEN'S DAY

Date of activity: 08th March 2023

Name, Designation and Address of Resource Persons: Dr. Anne George

Dermatologist & Cosmetologist

Dr. Asiya A L

(General Practitioner)

Chazhikattu Hospital, Thodupuzha

Number of participants: Entire students of the college

Name of the organizing Department: Department of Social Work and NSS

Report:

On March 8, 2023, our Institution, in collaboration with Chazhikattu Hospital, Thodupuzha, celebrated Women's Day with a medical seminar on dermatology and cancer at Chavara Hall. Dr. Anne George, a renowned dermatologist and cosmetologist, and Dr. Asiya AL, a skilled general practitioner from Chazhikattu Hospital, presided over the seminar. The event provided valuable insights into skincare and overall health, benefiting attendees and promoting awareness of women's well-being. There was also discussion on understanding cancer in women.

Outcomes:

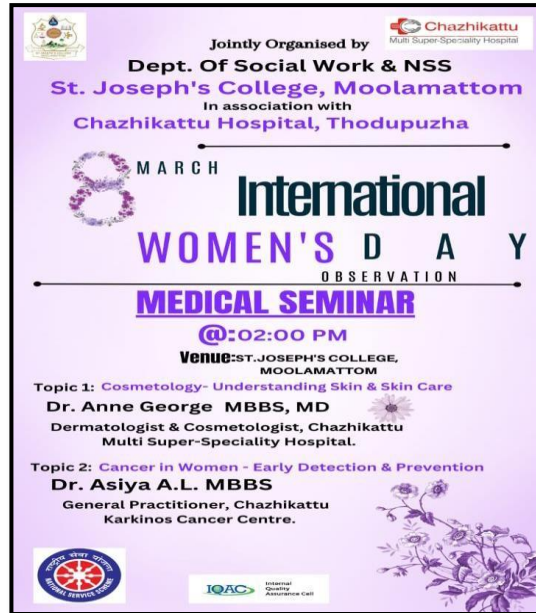
By addressing gynaecological and dermatological health issues, this Women's Day celebration had the potential to contribute to improved overall community health. This programme heightened awareness of women's health.



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Brochure of the Medical Seminar organized by Department of Social Work and NSS



Photographs of Medical Seminar held on 08th March 2023



3.7 JAL JEEVAN MISSION RALLY

Date of activity: 14 March 2023

Number of participants: 30

Name of the organizing Department: National Service Scheme

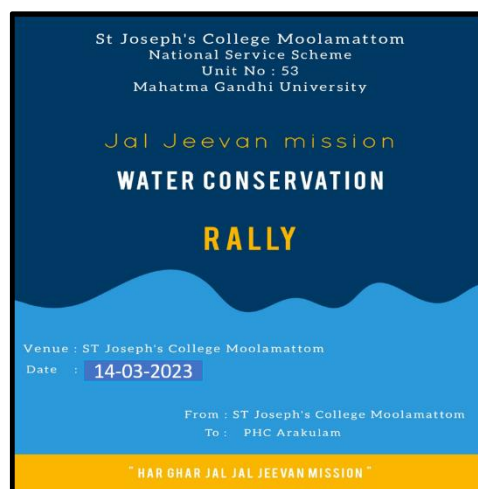
Details of the Collaborating Agency: National Jal Jeevan Mission

Report:

Jal Jeevan Mission, is envisioned to provide safe and adequate drinking water through individual household tap connections by 2024 to all households in rural India. The programme will also implement source sustainability measures as mandatory elements, such as recharge and reuse through grey water management, water conservation and rain water harvesting. In association with Rajagiri college, Kochi, the NSS Unit of our college conducted a rally from the campus to the Primary Health Centre, Arakkulam. The aim of the rally was to familiarize the students as well as the public about the aims and objectives of the Mission.

Outcomes:

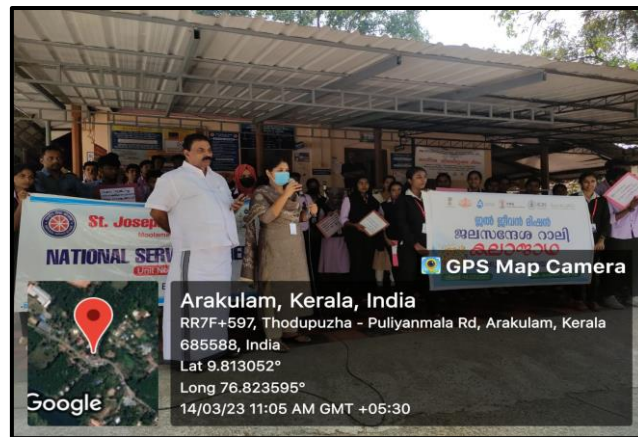
The students realised the value of water. Though water is available in plenty in our locality, there is a need to protect the water resources for the future. The rally also announced the aims of the project to the public.



Brochure of the Jal Jeevan Mission Rally



Jal Jeevan Rally on the move



Sri K. L. Joseph, Hon. Member of Arakulam Panchayath attending the function

Attendance List

ST. JOSEPH'S COLLEGE, MOOLAMATTOM
 NATIONAL SERVICE SCHEME
 UNIT NO: 53

NAME OF THE PROGRAMME: Jal Jeevan Minimo Rally
 DATE: 14-03-2023
 VENUE: - From College Campus to PHC Arakulam

Attendance list

SIL NO.	NAME OF THE PARTICIPANT	CLASS	SIGNATURE
1	ADHILA ABDUL KARIM	BSC MATHEMATICS	
2	JANNATH JALAL	BSC MATHEMATICS	
3	HARITHA W	BSC MATHEMATICS	
4	SULEKHA SUDHEER	BSC MATHEMATICS	
5	ANSHAL MS	BSC PHYSICS	
6	GOPKRIISHNA PARIGAS	BSC PHYSICS	
7	SOUM VARMAESE	BSC PHYSICS	
8	PARSANA SASI	BSC PHYSICS	
9	ABHINATH MURALI	B.COM COMPUTER	
10	ANITHESA CK	B.COM COMPUTER	
11	ABHINAVD MS	B.COM COMPUTER	
12	SALMAN SALAM	B.COM COMPUTER	
13	UMARUL FAROOQ VS	B.COM COMPUTER	
14	ALVIYA NOUFAL	B.COM COMPUTER	
15	ATHULNATH MADHU	B.COM COMPUTER	
16	DON TOM SHOO	B.COM COMPUTER	
17	ABID ABOLRAHMAN	B.COM COMPUTER	

18	RAIHAN RASHEED	B.COM COMPUTER	
19	GANGA V R	BBM	
20	NIHAL ROSHAN	BBM	
21	ASHKER ALI SHAJAHAN	BBM	
22	NYJI JOHNSON	BBM	
23	ALAN JOSEPH	BBM	
24	EDWIN TOMY	BBM	
25	AJITH KRISHNA M S	BBM	
26	MILAN MADHU	BBM	
27	ANAINA SANTHOSH	BBM	
28	ADARSH P R	BBA	
29	SHAHANA KS	BBA	
30	DHANYA T BABU	BBA	

Christy Joseph
 Name and Signature of the Convener



4. CAMPAIGN TOWARDS CHILD RIGHTS

4.1. WEBINAR ON CHILD LABOUR BY DISTRICT CHILD PROTECTION UNIT IDUKKI SARANYABALYAM PROJECT

Date of activity: 10th June 2021

Name, Designation and Address of Resource Person: Mr. Binoy V J, District Social Justice Officer, Idukki.

Number of participants: All NSS Volunteers and a few other students (240)

Name of the organizing Department: National Service Scheme

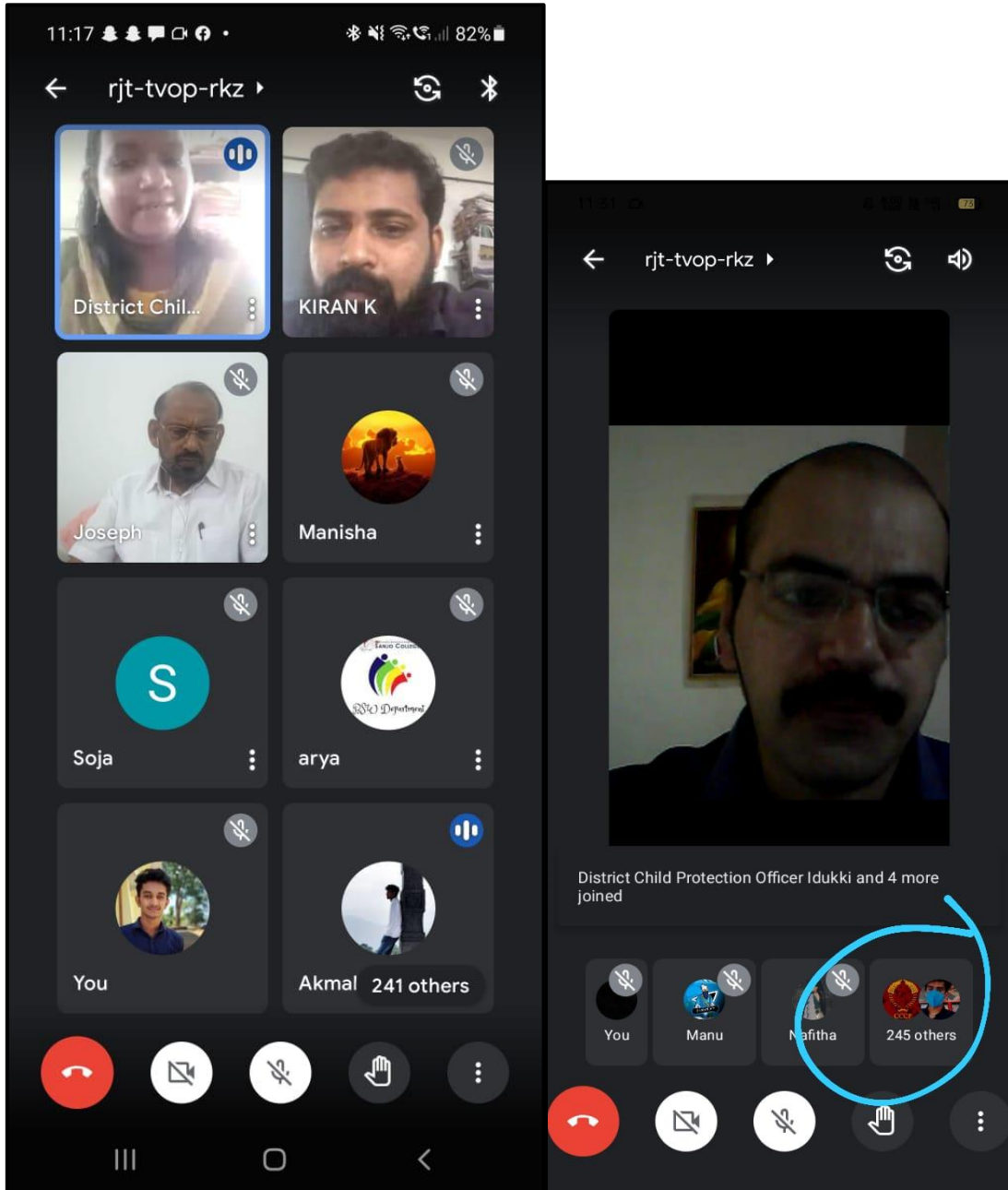
Details of the Collaborating Agency: The Idukki District Child Protection Unit.

Report:

District child protection unit conducted an online training program for NSS volunteers and other students of Idukki district on June 10, 2021 at 11 am as part of Idukki Saranyabalyam project. The event started with an inaugural address by Mrs. Jebin Lolita Zain, District Women and Child Development Officer, Idukki. Mrs. Geetha M G, District Childcare Officer, Idukki extended her warm welcome. Mr. James Mathew, Member of NSS Advisory Committee, Mr. Tony Thomas, District Coordinator Childline Idukki, Mr. Jomet George, Protection Officer DCPU, Idukki were the speakers of the day. The training program was guided by Mr. Binoy V J, District Social Justice Officer, Idukki.

Outcomes:

This programme provided students with essential knowledge of the rights of children. This will enable them to act promptly in case they happen to see violence against children.



Participants in the online meeting; District Child Protection officer speaking at the meeting



4.2 NATIONAL CHILDREN'S DAY CELEBRATION-2022

Date of activity: 14th November 2022

Venue: St. Thomas UP School, Arakkulam

Number of participants: 150 students and teachers

Name of the organizing Department: IQAC

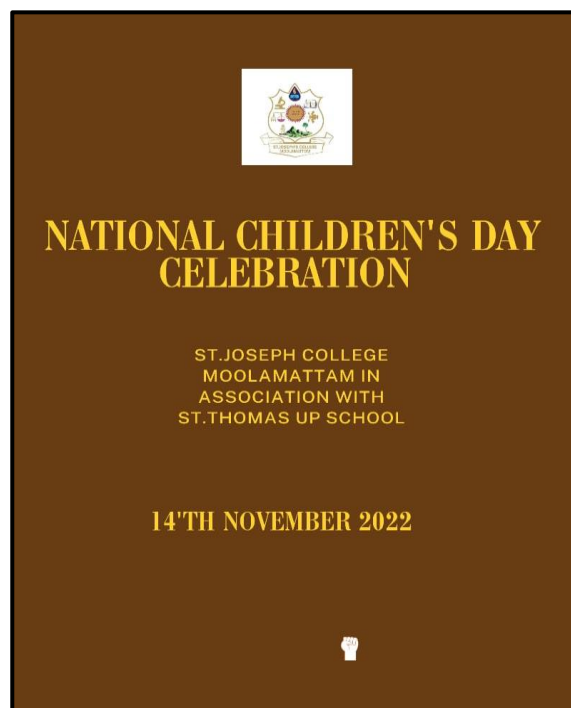
Details of the Collaborating Agency: St. Thomas UP School, Arakkulam

Report:

St. Joseph's College, Moolamattom in association with St. Thomas UP School, Arakkulam conducted Children's Day celebrations at the school auditorium on 14th November, 2022. 60 students and 3 teachers from the College conducted the program. About 150 students and teachers participated in the program.

Outcomes:

It was aimed to make the children have a memorable day filled with laughter and enjoyment and to provide stronger sense of community and social cohesion.



Brochure of Children's Day Celebrations



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Celebrating Children's day with students of St. Thomas UP School, Arakkulam



Attendance list

List of Participants

Sl.No	Name of the students	Signature
1	Abitha Babu	Abitha
2	Aleena Binu	Aleena
3	Amala Thomas	Amala
4	Amalu Kurian	Amala
5	Aneeta Johnson	Aneeta
6	Anju Hari	Anju
7	Ann Rose Mathew	Ann
8	Arathy Soman	Arathy
9	Ashly Shaji	Ashly
10	Betty Philip	Betty
11	Christeena Sebastian	Christeena
12	Christy Saju	Christy
13	Clara Sebastian	Clara
14	Dhiya Sebastian	Dhiya
15	Donamol Kurian	Donamol
16	Fathima Noushad	Fathima
17	Gopika Sukumaran	Gopika
18	Keerthi Gopinadh	Keerthi
19	Leo Abraham	Leo
20	Meenu George	Meenu
21	Mereena James	Mereena
22	Merlin Tomy	Merlin
23	Nayana Chandrabose	Nayana
24	Nibin Shaji	Nibin
25	Nihala PN	Nihala
26	Shahina Ka	Shahina
27	Simi Tomy	Simi
28	Sreekutty Ravindran	Sreekutty
29	Vishnu Vijayan	Vishnu

Coordinators:
Marie Bernini
[Signature]



4.3 NATIONAL GIRL CHILD DAY CELEBRATIONS-2021

Date of activity: 24th January 2021

Participants: Entire students of College

Organisers: IQAC

Report:

Our Institution celebrated National Girl Child Day by making and circulating a short film on the concept "Protecting a girl child is protecting a generation" on 24/01/2021. The film was made by the students themselves, overcoming the challenges of Covid-19.

Outcomes:

Enhancing awareness about the decline in the number of girl children, reduced girl child abuses and discrimination, fostering gender equality and empowering girls for a brighter future.



Brochure of the National Girl Child day

Link to relevant video: [Click here](#)



4.4 NATIONAL CHILDREN'S DAY CELEBRATIONS-2021

Date of activity: 16th November 2021

Venue: St. Joseph's LP School Kanjar

Number of participants: 120

Name of the organizing Department: IQAC

Collaborating Institution: St. Joseph's LP School Kanjar

Report:

Our Institution in association with St. Joseph's LPS Kanjar celebrated Children's Day on 16/11/2021. Around 120 participants were there in the programme including children, teachers and students. Children were facilitated with games, cultural activities, video presentations etc...

Outcomes:

The programme enabled the college students to interact with the school children. It would make them to imbibe values such as love and concern to others.



Brochure of Children's Day Celebrations 2021



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Students celebrating with school children on Children's Day



5. BOOK COLLECTION FOR SCHOOL LIBRARY

5.1 BOOK COLLECTION FOR ELAPPARA PANCHAYATH SCHOOL

Date: 25th February 2021

Number of participants: Entire students of the college

Name of the organizing Department: National Service Scheme

Report:

The National Service Scheme volunteers of the college decided to collect a good number of books suitable for a school library, with the aim of contributing them to the school library of Elappara Panchayat High School. It was done through a book challenge. Students were divided into various groups and sent to different places to get books. The initiative proved to be a huge success. The books were handed over to the school authorities by Dr. Ebey P Koshy, principal.

Outcomes:

The book collection drive helped the rural children to read more. Along with it, the volunteers who contributed the books will learn good lessons of social service.



Brochure for book collection



Request for books being submitted to the principal Dr. Ebey P Koshy



Books being handed over to the teachers of Elappara School



Newspaper Report on Book Donation

(News Report: NSS Unit of St' Joseph's College, Moolamattom donating books to Elappara Panchayat High School)



5.2 LIBRARY RENOVATION

Date of activity: 04th September 2018

Number of participants: 30

Name of the organizing Department: IQAC

Place: Kainakary, Alappuzha.

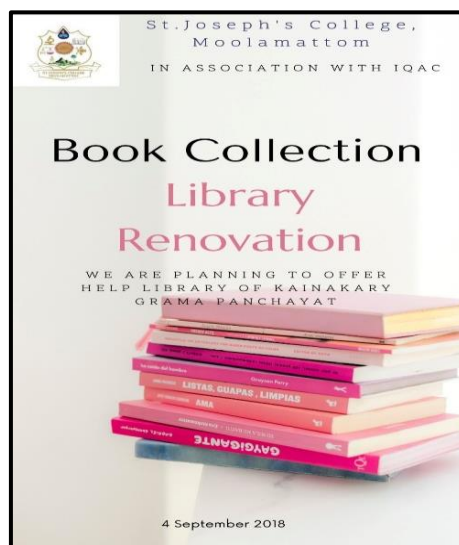
Details of the Collaborating Agency: Kainakary Grama Panchayat

Report

As part of the extension activities of St. Joseph's College Moolamattom, the students visited Kainakary Panchayath in Alappuzha District. The Children's Library of Kainakary Grama Panchayat had a good collection of books. However, it was found that the building needed renovation and the books were not arranged well. Necessary renovation works were undertaken by the students of our college, under the guidance of the library authorities. Students arranged thousands of books in the Children's Library, sorted the texts and rearrange them on the basis of the type of literature.

Outcomes:

It will help the students to know about the area of library science and promote group work.



Brochure of Library Renovation Programme at Kainakary



Renovation works done at the library

Attendance list

List of Participants

Sl.No	Name of the students	Signature
1	Ajina Yousuf	<i>Ajina</i>
2	Akshay PR	<i>Akshay</i>
3	Amala Thomas	<i>Amala</i>
4	Amala Thomas	<i>Amala</i>
5	Anila Mathew	<i>Anila</i>
6	Anju Ravi	<i>Anju</i>
7	Anna Treesa Binoy	<i>Anna</i>
8	Arathy MS	<i>Arathy</i>
9	Denitta Elsa Kuriakose	<i>Denitta</i>
10	Devika S	<i>Devika</i>
11	Doshma Santhosh	<i>Doshma</i>
12	Ebin Thomas	<i>Ebin</i>
13	Febimol Markose	<i>Febimol</i>
14	Hari Das	<i>Hari</i>
15	Jeeshma Parvathy	<i>Jeeshma</i>
16	Jemy P Johnson	<i>Jemy</i>
17	Justin Jacob	<i>Justin</i>
18	Kavya Baiju	<i>Kavya</i>
19	Niyas Asis	<i>Niyas</i>
20	Preethi PR	<i>Preethi</i>

21	Priya Mariyam Prasad	<i>Priya</i>
22	Raveena Ravi	<i>Raveena</i>
23	Richard Sunny	<i>Richard</i>
24	Richu Shaji	<i>Richu</i>
25	Shefa Joseph	<i>Shefa</i>
26	Sonaly Santhosh	<i>Sonaly</i>
27	Soorya Joy	<i>Soorya</i>
28	Therese Mathew	<i>Therese</i>
29	Unnimaya B M	<i>Unnimaya</i>
30	Vinayamol V G	<i>Vinayamol</i>

Coordinators:
Mam Benny
[Signature]



5.3 BOOK COLLECTION FOR TRIBAL CHILDREN

Date of activity: 20 July 2021

Venue: Chinnapparakkudi, Idukki

Participants: 150 students

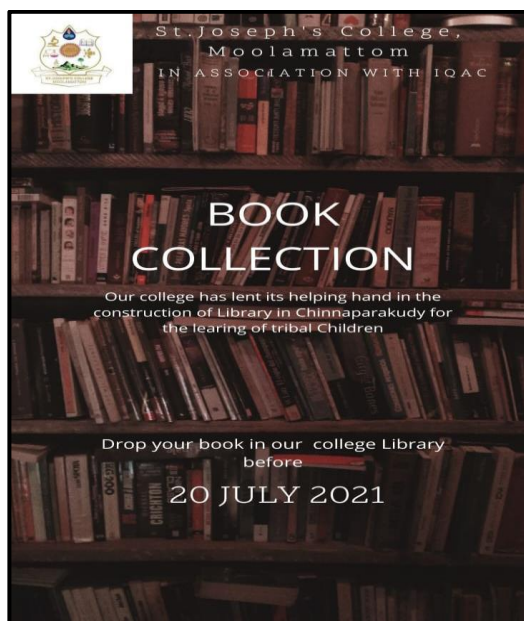
Name of the organizing Department: IQAC

Report:

During a survey in Chinnapparakkudi, a remote tribal village in Idukki District, it was learned that the public library in the village is lacking books. As a step to promote reading among the tribal community, the college decided to collect as many number of books from the students of the college. The collected books were handed over to the librarian of the Village Library on 20 July 2021.

Outcomes:

The library in a village becomes the most important tool in the upliftment of its people. The additional books that the college donated to the tribal library was useful in promoting reading habit and building a good knowledge base.



Brochure of the Book Collection Drive and Books collected from students handed over to the staff of the library



5.4 READING WEEK OBSERVATION-DONATION OF BOOKS

Date of activity: 13 to 19 June 2019

Number of participants: 84

Organizing Department: Department of Malayalam.

Report:

To promote reading habit in the students, a Reading Week Celebration was conducted at the college. The Veteran Malayalam writer Vaikom Muhammed Basheer was commemorated during the meeting conducted at the Chavara Hall in the college. There were talks, presentations and recitation of Murukan Kattakkada's poems. As part of its extension programme, 1000 books were collected for the library at Chinnar, a remote tribal settlement in Idukki and handed over to Chinnar Assistant Forest Conservator P.M Prabhu. Chinnar zone Forester Linto and Chinnar Tribal Library supervisor Smt. Mini were also present during the occasion. Besides, students who collected maximum number of books were given cash awards.

Outcomes:

Students accepted the importance of reading good books. They also would help supporting the noble cause of promoting reading habit in other places too.



Brochure of the Reading Week, 2019 and Dr. Joshy Varghese handing over the books to Mr. Prabhu, Forest Officer



6. RESEARCH STUDIES ON SOCIAL CHANGE: 2018-2023

6.1 PUBLICATIONS ON SOCIAL CHANGE

1. Manu Kurian, et.al., Quality of life and stress tolerance of ASHA worker. *Josephine Researcher*.2020; Vol.3,pp.64-67,ISBN:978-93-87709-33-1.
2. Justin Joseph et.al., A study on anxiety among pregnant women. *International Journal of Social Research and Development*. 2020;Vol.2,Issue2,ISSN:2664-8695
3. Mathew Kanamala et. al.,(2020)A study on awareness level of parents on child sexual abuse with special reference to Thiruvvarppu Panchayat, Kottayam District, *Int.J.Social.Sci.&Humanities* Vol(2)Issue2,pp 13-15:ISSN 2664-8628
4. Manu Kurian et.al., *The role of community organizations in rural development*. Josephine Researcher.2021; Vol.4, pp.82-87,ISBN:978-93-87709-58-4
5. Manu Kurian et.a., Significance of Community-Based Rehabilitation (CBR) Strategies in Holistic Development of People with Disabilities. *Josephine Researcher*. 2022; Vol.V,pp.37-41,ISBN:978-93-87709-83-6
6. Anitta Mathew et.al.,(2022) Menopause and Rural Women, *Josephine Researcher* Vol (5)ISBN:978-93-87709-83-6
7. Justin Joseph et.al.,(2022) “Creativity Among Rural Adults” in the *Josephine Researcher* Vol(5)ISBN 978-93-87709-83-6
8. Justin Joseph et.al.,(2023) Influence of Religion and Gender on Birth Control Attitude among Young Adults, *J.Soc.Rev.Dev*. Vol.2. Issue 1 ISSN 2583-2816.
9. Justine Joseph et.al.,(2023), Desire for Social Freedom among Married Women, *Josephine Researcher*, Vo.IV, ISBN 978-93-87709-90-4.
10. Mathew Kanamala et.al.,(2022) Attitudes and Experiences of undergraduate college students in India regarding online learning-A cross-sectional study, *TOJDEL* Vol(10)issue3



FIRST PAGES OF RESEARCH PUBLICATIONS

Josephine Researcher

Quality of life and stress tolerance of ASHA workers

Manu Kurian*
Fr. Lijo Kochuveetil CMI*
Dr. Justin Joseph**
Dr. Mathew Joseph Kanamala**
Jismy Joseph***

Abstract

An accredited social health activist (ASHA) is a community health worker instituted by the government of India's Ministry of Health and Family Welfare as a part of the National Rural Health Mission (NRHM) since 2005 onwards. Today the ASHA workers play significant and defined role in individual families of our society irrespective of their caste, creed and economic status. ASHAs are also meant to serve as a key communication mechanism between the public healthcare system and local communities. Thus the ASHA workers are vital part of our social support system and making sense of gender equality. The present study scrutinized influence of age, education and experience ASHA workers upon their quality of life and stress tolerance. A sample of 100 ASHA workers was selected through convenient sampling technique. 'T test and ANOVA were used to test the hypothesis. The result showed significant deference in the level of stress tolerance on the basis of age whereas no statistically significant deference showed in quality of life. Further, no significant deference was observed in quality of life and stress tolerance of ASHA workers grouped on the basis of education, experience and number of children.

Key Words: Quality of life, Stress tolerance, ASHA worker.



International Journal of Social Research and Development

www.socialsciencejournal.net

Online ISSN: 2664-8709; Print ISSN: 2664-8695; Impact Factor: RJIF 5.24

Received: 24-11-2020; Accepted: 09-12-2020; Published: 20-12-2020

Volume 2; Issue 2; 2020; Page No. 29-31

A study on anxiety among pregnant women

Sreelakshmi Sunil¹, Justin Joseph², Mathew Kanamala³, Lijo Joseph², Manu Kurian², Amala Thomas¹

¹ Student, Department of Social Work, St Joseph's College, Moolamattom, Kerala, India

² Assistant Professor, Department of Social Work, St Joseph's College, Moolamattom, Kerala, India

³ Head of the Department, Department of Social Work, St Joseph's, College Moolamattom, Kerala, India


Abstract

The major objective of the study was to evaluate the anxiety among pregnant women living in rural and urban area of Idukki district of Kerala. This study was conducted on pregnant women (104) from the above mentioned district with the age between 18 to40. The descriptive research design was used by the researcher. The main tools for data collection is demographic data sheet and Anxiety Scale for Pregnancy (ASP). Convenient sampling was used to select sample. The statistical procedures used by the researcher was mean and standard deviation 't' test and ANOVA correlation. The study revealed that the home makers have more anxiety than others. Anxiety among pregnant women is more or less similar on the basis of residence, type of family, order of pregnancy and other demographic details. The study also revealed that anxiety and age are negatively related, as age increases anxiety decreases.

Keywords: antenatal anxiety, pregnant women



International Journal of Social Science and Humanities



International Journal of Social Science and Humanities
www.humanitiesjournals.com
Online ISSN: 2664-8628; Print ISSN: 2664-861X; Impact Factor: RJIF 5.44
Received: 06-06-2020; Accepted: 21-06-2020; Published: 07-07-2020
Volume 2; Issue 2; 2020; Page No. 13-15

A study on awareness level of parents on child sexual abuse with special reference to Thiruvrappu Panchayath, Kottayam district

Jolly Thomas¹, Akhil Sadhasivan^{2*}, Mathew Kanamala¹
¹ Assistant Professor, PG Department of Social Work, Kuriakose Elias College, Mannanam, Kerala, India
² Head & Assistant Professor, Department of Social Work, St. Joseph College, Moolamattom, Kerala, India

Abstract
The study aims to check the awareness level of parents on child sexual abuse (CSA) especially in the areas such as types of CSA, existence of CSA, whether gender and age of child, time and place occurring CSA, socio-economic factors of family, and perpetrator influence the occurrence of CSA, the prevention methods and legal awareness on CSA. The samples were selected from Thiruvrappu Panchayath, Kottayam district, Kerala, India and using quota sampling method. The major findings are majority of respondents are not aware on the aspects that child sexual abuse can be happen to any child from any socio-economic background of families, boy children can be sexually abused, and also the legal measures such as POCSO act, minimum age for marriage of men, and even the Child Help Line number in India.

Keywords: child sexual abuse (CSA), awareness, parents

JOSEPHINE RESEARCHER - IV / March 2021

ISSN: 978-93-87709-58-4

THE ROLE OF COMMUNITY BASED ORGANIZATIONS IN RURAL DEVELOPMENT

Jobins Joseph & Manu Kurian
¹ Research Scholar, Sandhigiri Rural Institute, Dindigul
² Lecturer, Department of Social Work, St. Joseph's College, Moolamattom.

Community Based Organisations (CBOs) have the requisite potential for bringing sustainable development to local communities in rural areas. Institutions of state and other development agencies are increasingly seeking the involvement of CBOs in conceiving, planning and implementation of rural development programmes. CBOs are generally established with the motivation and support from outside agencies such as state or other development agencies or even large NGOs. Some CBOs have also emerged independently from within local communities with the motivation and missionary zeal of indigenous community leaders. The approaches to rural development have evolved from state's 'top-down' approach through 'passive participation' to 'interactive and contributory participation' of people in the process of rural development. The approach, which strives to institutionalize people's participation through mobilization of communities, is characteristic of CBOs.

Significance and Emergence of CBO
The ultimate aim of rural development programmes have been the mitigation of poverty, eradication of illiteracy, development in health and the consequent enhancement of the standard of living of rural population. Most of the rural development programmes in the past were exclusively conceived and designed by the ministries and departments of the government. The needs of the 'rural people' were assessed and programmes were formulated by the higher institutions of the state. There was hardly any consultation, let alone meaningful participation of rural communities. The rural development schemes/programmes were then implemented by various functionaries of the state. Most implementing agencies and their functionaries had little knowledge of the local conditions in rural areas. Above all, they usually remained less interested in the outcome of development projects or programmes. Not surprisingly, many of the earlier rural development programmes failed to achieve their objectives despite the immense investments made by the Indian state.

Later on, it was realized that people's participation is the key element for the success of rural development programmes.

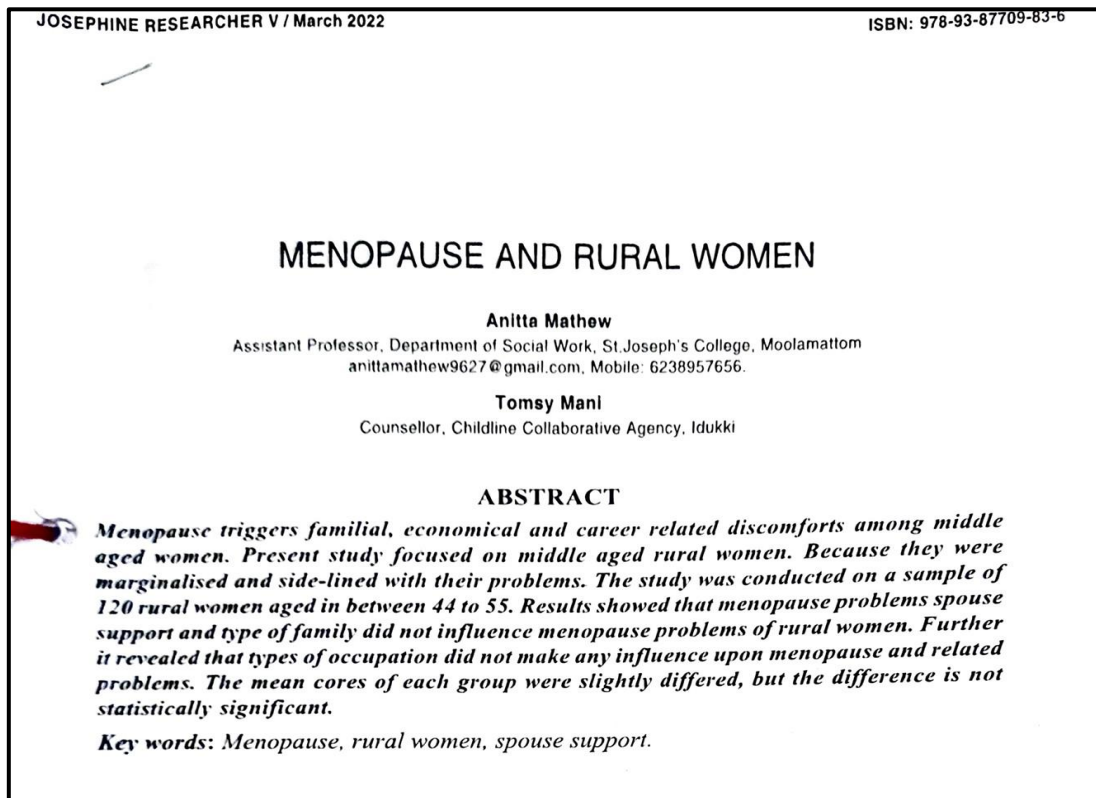
82 JOSEPHINE RESEARCHER - IV



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JOSEPHINE RESEARCHER V / March 2022

ISBN: 978-93-87709-83-6

CREATIVITY AMONG RURAL ADULTS

Arathy M.S.

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Department of Women and Child Development
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Dr. Justin Joseph

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ABSTRACT

Creativity studied in various dimensions, but a few studies were conducted among rural population. Present study focused the creativity of rural young adults. The size of the sample was 100 (N=100) selected by using convenient sampling method from Idukki district. The creativity style scale of Kumar & Holman (1997) was used to collect the data. Data was analysed by using SPSS. The study revealed rural adult had higher level of creativity. Further, it revealed that young adults having lower level education had higher level of creativity than their counter part.

Key Words: Creativity, Rural adults, Rural area

Journal of Social Review and Development, 2023; 2(1):38-40

ISSN NO: 2583-2816



**Social
Science**

Influence of religion and gender on the birth control attitude among young adults

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Received 27 Jan 2023; Accepted 2 Mar 2023; Published 11 Mar 2023

Abstract

The prime objective of the study was to evaluate the attitude of the young couple towards the family planning and the influencing factors of the religion and gender on it. Questionnaire method was used to collect data from 305 participants including Females (N=226) and Males (N=79) in the age group of 18-26 from southern and central Kerala. Convenient sampling method was used by the researcher to select participants. The study revealed that religion and gender have an influence on the family planning among young adults.

Keywords: family planning, contraceptives, religion, gender



DESIRE FOR SOCIAL FREEDOM AMONG MARRIED WOMEN

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ABSTRACT:

The major objective of the study was to evaluate the perspectives on desire of social freedom in accordance with marital status. Questionnaire method was used to collect data from 327 participants including Females (N=251) and Males (N=76) in the age group of 18-40 from southern Kerala. Convenient sampling method was used to select participants. The study revealed that, marital status influenced the perspective on desire for women's social freedom. The unmarried people showed more desire for women's social freedom than the married people. Further, the perspectives on desire for women's social freedom significantly varied among different age groups.

Keywords: Women's Social freedom, marital status, Age group



ATTITUDES AND EXPERIENCES OF UNDERGRADUATE COLLEGE STUDENTS IN INDIA REGARDING ONLINE LEARNING- A CROSS- SECTIONAL STUDY

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ABSTRACT

Educational sector has suffered massive setbacks following the onset of Covid-19 pandemic. Educational institutions have been closed for varying periods of time and switched to online mode of learning. This study aimed at exploring the current practices, experiences, attitudes and perceptions of online learning and teaching among college students using a comprehensive online survey.

Of the 617 students who participated in the survey 84% were females. Most (69.7%) of them belonged to the age category 20 to 30. 69.7% were from a rural background. 65.8% were aware of online teaching methods before the pandemic but only 30.8% had used it before. 62.7% had experience of using smartphones for a period of 1 to 5 years. The online platform used by around half the participants was Google meet. 561 (90.9%) used smartphones to attend classes. Majority (259, 42%) of participants are able to concentrate only for about 30 minutes at a stretch while attending online classes. 57.3% students reported online learning methods easy or very easy to use and