

ST. JOSEPH'S COLLEGE, MOOLAMATTOM

ARAKULAM P.O- 685591, IDUKKI, KERALA



2.3.1 Student centric methods, such as experiential learning, participative learning and problem-solving methodologies are used for enhancing learning experiences and teachers use ICT-enabled tools including online resources for effective teaching and learning process

SIPC - STUDENTS INITIATIVE in PALLIATIVE CARE

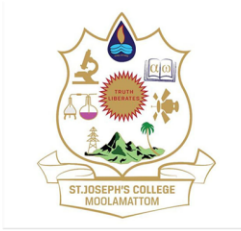




The Course on **Community Organisation and Social Action (Course Code-SWIC5)** of M.S. W. Degree Programme is taught through the activities of Palliative Care Unit. Besides, the Courses on Human Rights as included in the fifth semester of every U. G. Programme are also taught through the activities of Palliative Care method.

SIPC - STUDENTS INITIATIVE in PALLIATIVE CAR

The Student Initiative Palliative Care focuses on enhancing palliative care and geriatrics nursing. It conducts educational workshops, offers volunteer services, and promotes interdisciplinary collaboration. The initiative has improved awareness, access to care, the well-being of elderly patients and physically challenged people, making a significant impact in our community. SIPC activities are organized by the department of Social work as part of 4 semester, gerontological social work incorporating students from various departments.



1. VISIT TO ASSISI SNEHAVEEDU

Date of Activity: 11th August 2018

Number of Students Participated: 25

Organizing agency: Student's Initiative in Palliative Care (SIPC)

Report:

The Student's Initiative in Palliative Care (SIPC) from St. Joseph's College, Moolamattom, embarked on a compassionate visit to Assisi Snehaveedu, Madakkathanam on August 11, 2018, with a group of 25 dedicated students. During our visit, we had the privilege of engaging with the residents, offering our support, and brightening their day. Our team spent quality time with the inmates, engaging in heartwarming conversations and arranging various recreational activities such as games and cultural programs. Additionally, we lent a helping hand in their daily chores, symbolizing our commitment to their well-being.

Expected Outcome:

The expected outcome of this visit was to foster a sense of community and empathy among our students. We aimed to raise awareness about palliative care and inspire our students to continue their efforts in making a positive impact in the lives of those in need. Through this initiative, we hope to promote the values of compassion and social responsibility among our youth, ensuring a brighter future for all.





Activity 2:-Disabled day celebrations (5-12-2019)

Organizing agency: Students' Initiative in Palliative Care (SIPC), St. Joseph's College Moolamattom.

Date of Activity: 5/12/2019

Number of Students Participated: 15

Staff Coordinator: Shaiju S.

Student Coordinator: Antony Babu

December 3 is observed as International Day of Disabled Persons. In association with the observation of the same, the members of SIPC of St. Joseph's college Moolamattom visited Anugraha Niketan Special School, located at Pannimattom on December 5 and participated in the programmes for International Day of Disabled Persons, joined them and organized a variety of art events, intended to make them happy. Students also offered their help in cleaning the school premises.



Brochure of Disabled Day Celebrations



Students beautifying the compound of Anugraha Special School



Volunteers with the students and staff of the special school



Welcome speech by Principal, Anugraha School



Cultural Activities by the volunteers at the special school



Vote of thanks by the Student Secretary

St. Joseph's College Moolamattom
 Students Initiative in Palliative Care
 Programme :- Disabled day celebrations Date :- 5/12/2019

Sl. No	Name	Signature
1	Antony Babu	<i>[Signature]</i>
2	Thomas Babu	<i>[Signature]</i>
3	Sebin Jose	<i>[Signature]</i>
4	Jishay Absabam	<i>[Signature]</i>
5	Akash N Babu	<i>[Signature]</i>
6	Abraun Vinod	<i>[Signature]</i>
7	Dannil George	<i>[Signature]</i>
8	Amrutha kishmi	<i>[Signature]</i>
9	Alhal Biyu	<i>[Signature]</i>
10	Ashwanya Rajesh	<i>[Signature]</i>
11	Ajai Biju	<i>[Signature]</i>
12	Nithin	<i>[Signature]</i>
13	Arunabha	<i>[Signature]</i>
14	Jibin k joy	<i>[Signature]</i>
15	Anwar ul	<i>[Signature]</i>

[Signature]
SHAIJU S

Attendance List



Outcome of the programme.

The students are usually not aware of the large number of people who are marginalised due to physical disabilities. Visiting a school where such a group of students are given the training to face life, will make everyone more compassionate. It will also make them think about the blessings God has given them.

- Overall, the Disabled Day celebrations organized by the Students' Initiative in Palliative Care were a heart-warming and meaningful event that brought together students from St. Joseph's College, Moolamattom, and Anugraham School, Pannimattom.
- It not only raised awareness about the challenges faced by individuals with disabilities but also highlighted the importance of empathy, inclusivity, and community engagement.

Activity 3:-Family Meeting of Palliative Members

Organizing agency: Students' Initiative in Palliative Care (SIPC), St. Joseph's College, Moolamattom.

Date of Activity: 14/12/2019

Number of Students Participated: 10

Staff Coordinator: Shaiju S.

Student Coordinator: Akash K Thomas

Description of the Event:

On December 14, 2019, the SIPC (Students' Initiative in Palliative Care) unit from St. Joseph's College, Moolamattom, in collaboration with the Primary Health Center in Muttam, organized a Family Meeting of Palliative Members. This event aimed to provide a platform for members of the palliative care community and their families to come together, share experiences, receive support, and strengthen the bond within the community.



Brochure of Family Meeting of Palliative Care Patients



Volunteers with the Palliative Patients



Volunteers conducting Games for the Palliative Patients at Muttom



Games for the patients at MuttomStudents

and the staff coordinator Shaiju S,
welcoming the patients.



Member of the staff, Sri. Aravind K.S., addressing the patients



St. Joseph's College Moolamattom
Students Initiative in Palliative Care 5
Programme :- Family Meeting of palliative Patients Date :- 14/12/2019

Sl. No	Name	Signature
1	Sebin Jose	
2	Akash K Babu	
3	Akhil Biju	
4	Nithin	
5	Anwar Ali	
6	Amrutha Lakshmi	
7	Ajith Vinod	
8	Antony Babu	
9	Fathima Kabeer	
10	AJAI SASI	

SHAJI S

Attendance sheet for the students, December 14, 2019

Outcome of the programme.

- The family meeting of palliative members served as essential platform for individuals facing challenges of palliative care.
- It aimed to provide emotional support , share knowledge among those involved in palliative care ,reinforcing the importance of empathy and compassion in healthcare



Activity 4:- Christmas celebrations21-12-2019



Organizing agency: Students' Initiative in Palliative Care (SIPC), St. Joseph's College, and Moolamattom.

Date of activity – 21/12/2019

Number of Students Participated: 20

Staff Coordinator: Shaiju S.

Student Coordinator: Jisby Abraham

Date: December 14, 2019

Description of the Event:

The SIPC (Students' Initiative in Palliative Care) unit of St. Joseph's College, Moolamattom, is delighted to organize a Christmas Celebration at Snehasadanam Muttom. This heartwarming event aims to spread

the joy of Christmas, share love, and create unforgettable memories with the residents of Snehasadanam Muttom, including both the elderly and students.

SIPC unit organize Christmas celebration at Snehasadanam Muttom.



Christmas Celebration at Snehasadanam Muttom – Team of students



Dr. Saju M Sebastian, principal, speaking at the celebration at Snehasadanam Muttom



Distributing sweets to the inmates of Snehasadanam Muttom, during Christmas

2019



Volunteers with Christmas Papa, at Snehasadanam Muttom



Students with the patients at Snehasadanam Muttom



St. Joseph's College Moolamattom
Students Initiative In Palliative Care. ?
Programme:- Christmas Day celebration Date:- 21/12/2019

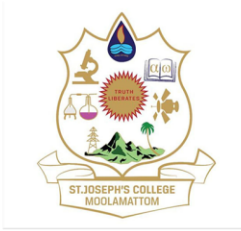
Sl.No	Name	Signature
1	Awas ali	Awas
2	Aswathsha	Aswath
3	Jibin la joy	Jibin
4	Nithin	Nithin
5	Ajay Raju	Ajay
6	Aishwarya Rajesh	Aishwarya
7	Akhil Biju	Akhil
8	AMRUTHA LAKSHMI	Amrutha
9	Aishwarya Rajesh	Aishwarya
10	FATHIMA	Fathima
11	JISBY ABRAHAM	Jisby
12	Akash I. Thomas	Akash
13	Anthony Babu	Anthony
14	Thomas Babu	Thomas
15	Newth Thomas	Newth
16	Assia vineed	Assia
17	Nithin	Nithin
18	Alan Babu	Alan
19	Ananthu Bhanu	Ananthu
20	Alex cracher	Alex

Shanish

Attendance Sheet for the Christmas celebration at Snehasadanam Muttom

Outcome of the programme

- The Christmas celebration at Snehasadanam Muttom is a wonderful opportunity to come together celebrate the spirit of Christmas and create lasting bonds of friendship and love.
- This event embodies the principles of empathy, compassion and community involvement ,making it a truly special occasion



Activity 5:- Palliative day celebrations 16-1-2020



Organizing agency: Students' Initiative in Palliative Care (SIPC), St. Joseph's College, Moolamattom.

Year of Activity: 2020

Number of Students Participated: 20

Staff Coordinator: Shaiju S.

Student Coordinators: Nithin Siby and Fathima Kabeer

Description of the programme :

The Students' Initiative in Palliative Care (SIPC), from St. Joseph's College, Moolamattom, actively participated in the District-Level Palliative Day Celebrations. During the celebration, the students presented a variety of arts programs. To emphasize the importance of Palliative Day, the organizers



conducted a flash mob at Thodupuzha Private Bus Stand. Flash mobs are spontaneous and lively public performances aimed at grabbing the attention of the public and spreading a specific message. In this case, it was to highlight the significance of palliative care. As part of the celebration, the students actively participated in a palliative day awareness rally. This rally was likely a public march or procession through the streets to raise awareness about palliative care and its role in healthcare.



Flash Mob performed at Palliative Day Celebrations



Flash Mob performed at Palliative Day Celebrations



District Palliative Day Celebrations at Thodupuzha



Principal Dr. Saju M. Sebastian addresses District Palliative Day Celebrations



Presenting cultural programs in Palliative Day Celebrations



Palliative Care Unit Award for Best Unit in Idukki District



Principal Dr. Saju M Sebastian receiving the Best Palliative Care Unit Award



St. Joseph's College Moolamattom
Students Initiative in palliative care
programme: palliative day celebration date: 16/1/2020

Sr. No	Name	Signature
1	Alex Onathan	Alex
2	Anandhu Manoj	Anandhu
3	Akhil Vinod	Akhil
4	Danil George	Danil
5	Amal ARKILDAS	Amal
6	JISBY ABRAHAM	Jisby
7	Akash-K. Thomas	Akash
8	FATHIMA	Fathima
9	Nithin	Nithin
10	Bavya Saji	Bavya
11	Amrutha Lakshmi	Amrutha
12	ANWAR AH	Anwar
13	Antony Babu	Antony
14	Thomas Babu	Thomas
15	Roshan Joshy creazy	Roshan
16	Alex ama Alex Joshy	Alex
17	Arjun vimal	Arjun
18	Amugaha Hanson	Amugaha
19	AJAI SASHI	Ajai
20	AJAY BIJU	Ajay

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Attendance list for District Level Palliative Day

Outcome of the programme

Overall, the Palliative Day Celebrations in 2020 organized by the Students' Initiative in Palliative Care (SIPC) at St. Joseph's College and Moolamattom included a range of activities such as arts programs, a flash mob, and participation in an awareness rally to promote the importance of palliative care in the district.



Activity 6:- Movie Screening For Wheelchair Patients (8-2-2020)



Organizing agency: Students' Initiative in Palliative Care (SIPC), St. Joseph's College, Moolamattom.

Date: February 8, 2020

Number of Students Participated: 20

Staff Coordinator: Shaiju S.

Student Coordinator: AKASH K THOMAS

Movie: "Varane Avashyamundu"

Venue: Ashirwad Theatre

Description of the Activity:

Students' Initiative in Palliative Care (SIPC), in collaboration with Ashirwad Theatre, organized a special movie screening for wheelchair-bound patients. This event provided an opportunity for 25 wheelchair patients to enjoy a movie without any cost, offering them entertainment and a break from their routine. The chosen movie for the screening was "Varane Avashyamundu." This movie selection was likely made with the aim of providing light-hearted and enjoyable entertainment to the wheelchair patients, creating a pleasant and uplifting atmosphere.



Poster of the Movie



Wheel chair patients being welcomed at the theatre



Patients inside Ashirwad Theatre

പാലിയേറ്റീവ് രോഗികൾക്ക് സിനിമാ പ്രദർശനം സംഘടിപ്പിച്ച് വിദ്യാർത്ഥികൾ

★ മുലമറ്റം സെന്റ് ജോസഫ് കോളേജ് സ്റ്റുഡന്റ്സ് ഇനീഷിയേറ്റീവ് ഇൻ പാലിയേറ്റീവ് കെയർ യൂണിറ്റിന്റെയും തൊടുപുഴ ആശീർവാട് സിനിമാസിന്റേയും ആഭിമുഖ്യത്തിൽ ജില്ലയിലെ ഇരുപത്തഞ്ചോളം വരുന്ന വീൽ ചെയർ രോഗികൾക്ക് വേണ്ടി സൗജന്യ സിനിമാ പ്രദർശനം സംഘടിപ്പിച്ചു.

കോളേജ് പ്രിൻസിപ്പൽ ഡോ. സാജു. എം. സെബാസ്റ്റ്യൻ, ബർസാർ ഫാ. ലിബിൻ വലിയപറമ്പിൽ, എസ്.ഐ.പി.സി കോ-ഓർഡിനേറ്റർമാരായ ഫാ. ലിജോ കൊച്ചുവീട്ടിൽ, എസ്.ഷൈജു, മാനേജർ ലിബിൻ പാപ്പച്ചൻ എന്നിവർ നേതൃത്വം നൽകി.



മുലമറ്റം സെന്റ് ജോസഫ് കോളേജിലെ വിദ്യാർത്ഥികളുടെ നേതൃത്വത്തിൽ പാലിയേറ്റീവ് രോഗികൾക്കായി തൊടുപുഴ ആശീർവാട് സിനിമാസിൽ സൗജന്യ സിനിമാ പ്രദർശനം സംഘടിപ്പിച്ചു.

Newspaper report of Palliative special film show for the disabled

St. Joseph's College Moolamattom
Students Initiative in palliative care
programme: Movie Screening for wheelchair patients
date: 5/10/2020

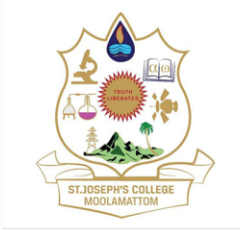
S.No	Name	Signature
1	AJAY Biju	AJAY
2	NITHIN	NITHIN
3	Fathima	FATHIMA
4	Akash K Thomas	AKASH
5	Alex Anchan	ALEX
6	Anandlin Manoj	ANANDLIN
7	Barva Saji	BARVA
8	Thomas Babu	THOMAS
9	Alex Joshy	ALEX
10	Arjun Vinod	ARJUN
11	Alex Thomas	ALEX
12	Piku Vinod	PIKU
13	Jishy Anandhan	JISHY
14	Alan Baby	ALAN
15	Ajay Sajan	AJAY
16	ANFISH MEL	ANFISH
17	Santhi Dharmadatta	SANTHI
18	Edison Kuryakose	EDISON
19	Hemidev	HEMIDEV
20	Albin Thomas	ALBIN

Smt
-SHARUN

Attendance of volunteers who accompanied the patients to the theatre

Outcome of the programme

- This initiative not only provided entertainment but also demonstrated the empathy and support of the Students' Initiative in Palliative Care towards the wheelchair-bound patients.
- The event served as an example of community engagement and support, highlighting the importance of creating accessible and inclusive spaces for all members of society, including those with mobility challenges
- It demonstrated the positive impact that such initiatives can have in promoting a more inclusive and caring community.



Activity 7- Onam celebration.

Organizing agency: Students' Initiative in Palliative Care (SIPC), St. Joseph's College Moolamattom.

Date of Activity: 30th August 2020

Number of Students Participated: 20

Staff Coordinator: Shaiju S.

Student Coordinator: Akash K Thomas





Sl.No	List of participants
1	Nithin
2	Anwar Ali
3	Aejun Dinod
4	Sebin Jose
5	Antony Babu
6	Arai Sasi
7	Akhil Riju
8	Akash K. Babu
9	Fathima Kubeen
10	Amrutha Lakshmi

Description of the Activity:

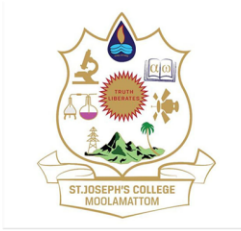
On 30th August 2020, the SIPC unit at St. Joseph's College Moolamattom organized a special Onam celebration. However, due to the ongoing COVID-19 pandemic and the need for social distancing, the celebration took place through an online platform.

The SIPC unit created a WhatsApp group that included both students and palliative care patients. This allowed for easy communication and coordination among all participants.

Through the online platform, the SIPC unit and participants came together to celebrate Onam virtually. This celebration likely included various traditional Onam rituals, cultural performances, and sharing of festive experiences and stories.

Outcome of the Programme

The decision to celebrate Onam online demonstrates the adaptability and commitment of the SIPC members to ensure that important cultural and festive occasions are not overlooked, even in challenging times like the COVID-19 pandemic. This initiative helped maintain a sense of community and connection among students and palliative care patients while prioritizing everyone's safety.



Activity 8- October 10 World Palliative Day Celebration

Organizing agency: Students' Initiative in Palliative Care (SIPC), St. Joseph's College Moolamattom.

Date of Activity: 10th October 2020

Number of Students Participated: 15

Staff Coordinator: Shaiju S.

Student Coordinator: Akash K Thomas



Description of the Activity:

On October 10th, 2019, the SIPC unit at St. Joseph's College Moolamattom organized a meaningful event to celebrate World Palliative Day. The focus of this event was to support palliative care patients, particularly during the challenging times of the COVID-19 pandemic. The students took the following actions:

Contacting Palliative Care Patients: The SIPC students proactively reached out to palliative care patients by phone. This contact was made to offer them guidance and instructions on safety precautions to follow during the COVID-19 pandemic.



Providing Mental Health Support: In addition to safety instructions, the students also offered valuable suggestions aimed at reducing the mental stress that palliative care patients may have been experiencing due to the pandemic. This support aimed to alleviate their mental and emotional well-being during these trying times.

Outcome of the programme

This event demonstrated the compassion and dedication of the SIPC unit members at St. Joseph's College Moolamattom in ensuring the well-being of palliative care patients on World Palliative Day. It reflects their commitment to making a positive impact in the lives of those in need.

St. Joseph's College Moolamattom
Students Initiative in Palliative Care 77
Programme: World Palliative Day Date: 10/10/2020
Celebration

Sl.No.	Lists of Participants
1	Antony Babu
2	Thomas Babu
3	Akhil Biju
4	Nithin
5	Daniz George
6	Sebin Jose
7	Arijun Vinod
8	Akash K. Prabu
9	Aishwarya Rajesh
10	Tishy Abraham
11	Fibin K Jay
12	Amwar Ali
13	Amrutha Lakshmi
14	Azmat Sha
15	Ajai Biju

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S.H.N.S



Activity 9 :- World disability day celebration.



Brochure for Disability Day Celebrations

Organizing agency: Students' Initiative in Palliative Care (SIPC), St. Joseph's College, Moolamattom.

Date: 3rd December 2020

Number of Students Participated: 3

Staff Coordinator: Shaiju S.

Student Coordinator: Akash K Thomas

Description of the programme

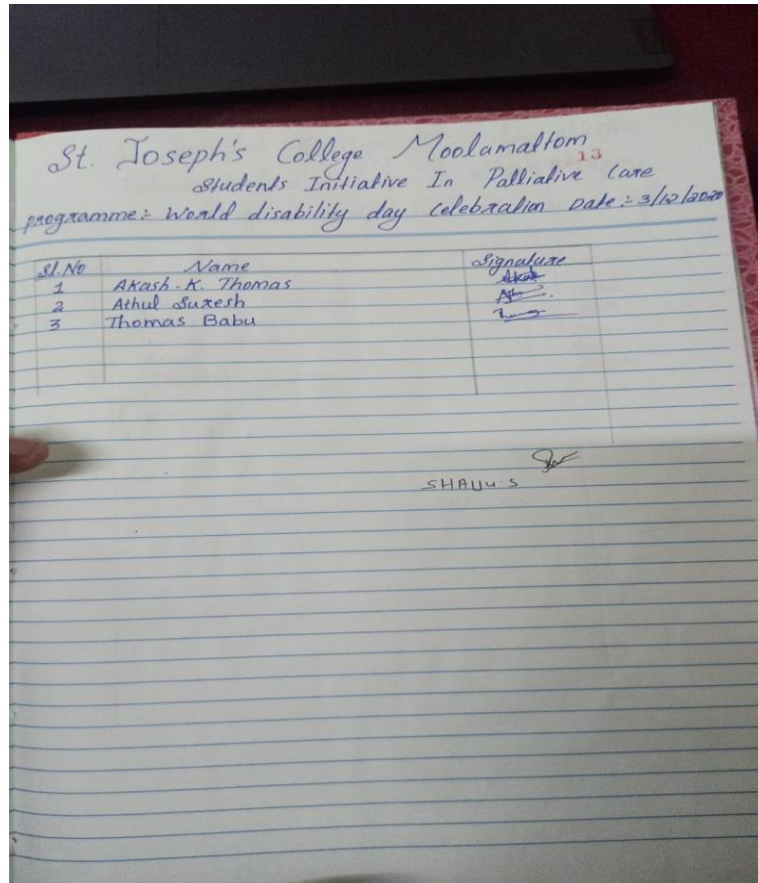
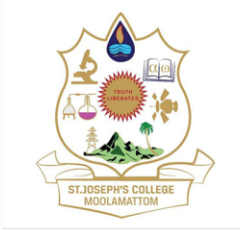
As part of the World Disability Day celebration in December 2020, the Students' Initiative in Palliative Care (SIPC) unit at St. Joseph's College organized a meaningful initiative that demonstrated support for disabled individuals in their community. The SIPC students collected 750 homemade paper pens from a disabled

person. Subsequently, the collected homemade paper pens were sold within the college community. This sale generated funds to support the disabled individual during a challenging time, especially considering the reference to the COVID-19 pandemic.

ജലിൽ ചേട്ടന്റെ പേന നിർമ്മാണവിതരണത്തിൽ സഹായിച്ച എല്ലാവർക്കും നന്ദി.....



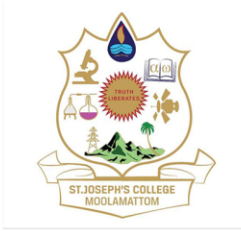
Making of Paper Pens by Sri. Jaleel, a disabled person



Attendance sheet, Paper Pen collection

Outcome of the programme

- This initiative not only celebrated World Disability Day but also exemplified the spirit of community involvement and empathy.
- It demonstrated how a small act of collecting and trading paper pens could make a positive impact in supporting disabled individuals during challenging times.
- This act of collecting pens from a disabled individual not only promoted sustainability through the use of homemade, eco-friendly pens but also showcased solidarity with disabled members of the community



Activity 10:- Christmas Celebration.



Organizing agency: Students' Initiative in Palliative Care (SIPC), St. Joseph's College, Moolamattom.

Date: December 23 2021

Number of Students Participated: 5

Staff Coordinator: Shaiju S.

Student coordinator: - Akash K Thomas

Description of Activity

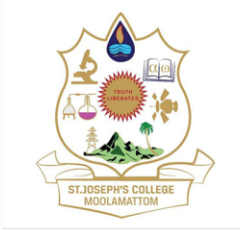
On December 23, 2021, the Students' Initiative in Palliative Care (SIPC) from St. Joseph's College, Moolamattom, organized a heartwarming Christmas celebration. The event involved visiting two



institutions, Assisi Snehabhavan in Moolamattom and Snehasadhan in Muttom, to celebrate Christmas with the residents or inmates of these facilities. The SIPC members visited Assisi Snehabhavan and Snehasadhan to spread festive cheer and bring the joy of Christmas to the residents or inmates of these institutions. Such visits are important for enhancing the well-being and happiness of individuals who may be facing challenges or limitations. As part of the celebration, the SIPC members distributed cakes and Christmas cards to the residents or inmates. This gesture not only added a festive touch to the event but also symbolized the spirit of giving and sharing that is central to the Christmas season.



Palliative team at Snehasadhan in Muttom



Sl.No	Name	Signature
1	Akash K Thomas	Akash
2	Athul Suresh	Athul
3	Jishay Abraham	Jishay
4	Sabin	Sabin
5	Ashwath Rajesh	Ashwath

SHAYAN

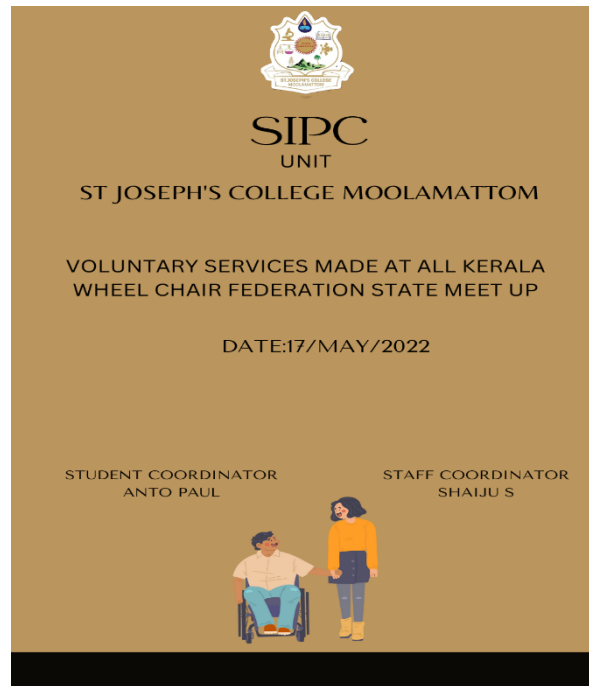
Attendance sheet for Christmas Programme

Outcome of the programme

- This initiative demonstrated the compassion and commitment of the SIPC members to the community, especially during a time when celebrating holidays may be particularly meaningful for individuals who may be isolated or in need.
- By visiting and celebrating with the residents of Assisi Snehabhavan and Snehasadhan, the SIPC members brought joy and a sense of belonging to those they served.
- It's a wonderful example of the positive impact that simple acts of kindness can have on individuals and communities during the holiday season.



Activity 11:- :- Voluntary services made at the All Kerala Wheelchair Federation State Meet (17/5/2022)



Brochure for at the All Kerala Wheelchair Federation State Meet

Organizing agency: Students' Initiative in Palliative Care (SIPC), St. Joseph's College, and Moolamattom.

Date: May 17,2022

Number of Students Participated: 15

Staff Coordinator: Shaiju S.

Student Coordinator: Anto Paul

Description of Activity:

In an exemplary display of community service and support, the Students' Initiative in Palliative Care (SIPC) units from St. Joseph's College and Moolamattom came together to provide voluntary services at the All



Kerala Wheelchair Federation State Meet on May 17, 2022. The SIPC students voluntarily offered their services to support the organization and smooth execution of the All Kerala Wheelchair Federation State Meet. In addition to providing organizational support, the student volunteers also participated in various cultural programs during the state meet.



Volunteer helping the disabled at the All Kerala Wheelchair Federation State Meet

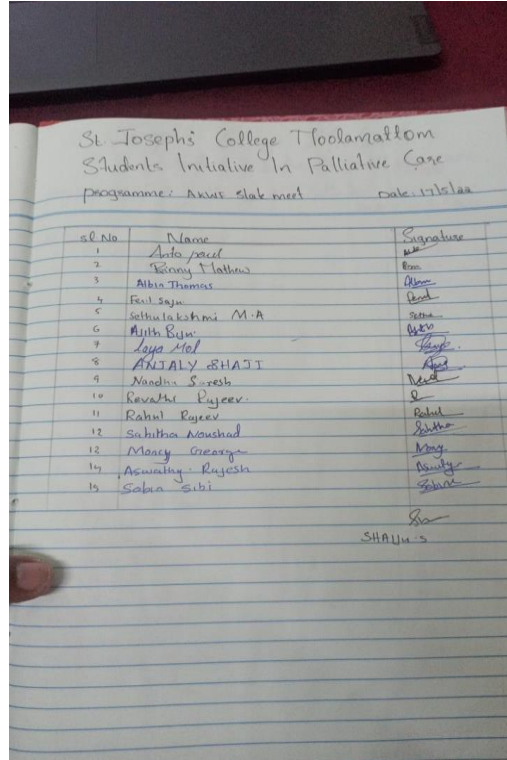


Volunteer with the participants at the All Kerala Wheelchair Federation State Meet



From the All Kerala Wheelchair Federation State Meet





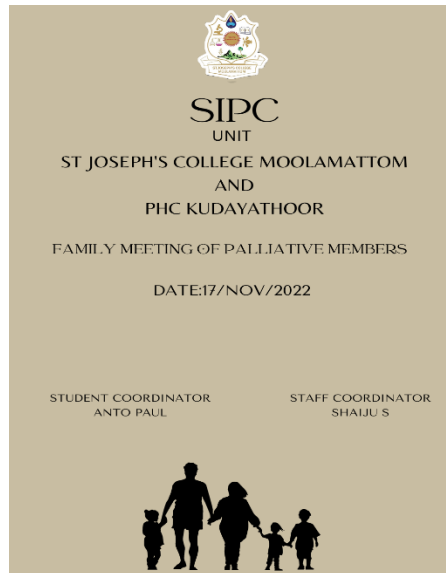
Attendance sheet for *Volunteers- All Kerala Wheelchair Federation State Meet*

Outcome of the Programme

- This initiative demonstrated the spirit of volunteering and community engagement by the SIPC units.
- It's a commendable example of how students can make a positive impact in their communities through volunteerism and cultural involvement.



Activity 12:- :- Family Meeting of Palliative Members (17/11/2022)



Organizing agency: Students' Initiative in Palliative Care (SIPC), St. Joseph's College, Moolamattom.

Details of the Collaborating Agency: Primary Health Centre Kudayathoor

Date: 17/11/2022

Number of Students Participated: 25

Staff Coordinator: Shaiju S.

Student Coordinator: Anto Paul

Description of Activity:

On November 17, 2022, the Students' Initiative in Palliative Care (SIPC) from St. Joseph's College, Moolamattom collaborated with the Primary Health Center in Kudayathoor to organize a Family Meeting of Palliative Members. The event was a joint effort between the SIPC unit at St. Joseph's College and the Primary Health Center, Kudayathoor. This collaboration brought together expertise in palliative care and community healthcare, ensuring a well-rounded approach to supporting palliative members and their families. The primary focus of the event was to organize a family meeting for palliative members. Such



meetings are important for addressing the physical, emotional, and social needs of individuals with serious illnesses and their families. These meetings often serve as a platform for discussing concerns, sharing information, and offering emotional support.





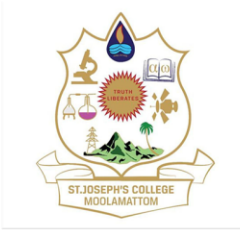
St. Joseph's College Moolamattom
 Students Initiative In palliative care
 programme: Family Meeting of Palliative members
 date: 17/11/2022

Sl. No	Name	Signature
1	Anugraha P. Anil	Anugraha
2	Danisha P. Anand	Danisha
3	AKHIL MATHAN	Akhil
4	Dhruva P.	Dhruva
5	Ashwin Jose	Ashwin
6	Augustine Thomas	Augustine
7	Abin Shaji	Abin
8	Abhishek Kalar	Abhishek
9	Akhilraj Lal	Akhilraj
10	Minasara Shreel	Minasara
11	Thomas Jose	Thomas
12	Thomas James	Thomas
13	Shelva Suro michael	Shelva
14	Abhinav chop	Abhinav
15	Mandhu Susan	Mandhu
16	Winni Noora	Winni
17	Fazaa	Fazaa
18	Aith Binu	Aith
19	Aaha Paul	Aaha
20	Faail Sajid	Faail
21	Schulalaxmi	Schulalaxmi
22	Ravathi Rajeev	Ravathi
23	Taise Benny	Taise
24	Ashraab Ashak	Ashraab
25	Sabin sibi	Sabin

SHANU S

Outcome of the programme

- This initiative underscores the commitment of the SIPC and the Primary Health Center to provide comprehensive care and support to palliative members and their families.
- By organizing a family meeting, they create a space for open communication and mutual support, contributing to the well-being and comfort of individuals receiving palliative care.



Activity 13:- :- 10th JULY 2023 – ORIENTATION SESSION

Organizing agency: Students' Initiative in Palliative Care (SIPC), St. Joseph's College Moolamattom.

Date of Activity: 10th July 2023

Number of Students Participated: 20

Staff Coordinator: Prince J Mathew

Student Coordinator: Geordi Johns

Description of the Activity:

On July 10, 2023, an orientation session was organized by the SIPC unit at St. Joseph's College Moolamattom. The purpose of this session was to provide guidance and training to second-year volunteers who are part of the SIPC program.

The orientation session was led by Sri Sijo Vijayan, who holds the position of District Palliative Care Coordinator. Sri Sijo Vijayan's expertise and experience in the field of palliative care would have been invaluable in providing guidance to the students.

The primary goal of the session was to bring awareness among the second-year volunteers about the importance of palliative care and the role they would play as SIPC volunteers. They learned about the principles of palliative care, its significance in healthcare, and the specific responsibilities they would have as volunteers.

The resource person has provided the students with valuable insights, training, and knowledge related to palliative care. This training encompassed topics such as communication with patients, providing emotional support, and understanding the needs of palliative care patients.



Sri Sijo Vijayan addressing the students



Inaugural Session of the Orientation Programme

Outcome of the programme

Overall, this orientation session reflects the commitment of SIPC and St. Joseph's College Moolamattom to prepare the second-year volunteers effectively and equip them with the knowledge and skills necessary to make a positive impact in the field of palliative care.



St. Joseph college Moolamattom

Students Initiative In Palliative care²¹

Programme - ORIENTATION SESSION Date: 10/7/2023

SL. NO.	NAME	SIGNATURE
1	Davika Pamed	[Signature]
2	Arupratha V. Arul	[Signature]
3	Bisla Nazee	[Signature]
4	AKHILA MATTHEW	[Signature]
5	Abin Shaji	[Signature]
6	Al Anson Nohel	[Signature]
7	Jishin c. khalid	[Signature]
8	Abhinav Loh	[Signature]
9	Agustinae Thomas	[Signature]
10	Davika P	[Signature]
11	Asha Gopi	[Signature]
12	Vishnu Reji	[Signature]
13	Aravind S Chandran	[Signature]
14	Abhin PB	[Signature]
15	Shelvin Sam michael	[Signature]
16	Kurkya Bawa v. J	[Signature]
17	Mukthammas Rameel	[Signature]
18	Fareeth Azhaz	[Signature]
19	Sheherban	[Signature]
20	Jasal	[Signature]
21	Sreeshma V M	[Signature]
22	Tanzal Sharveel	[Signature]
23	Veeraj S	[Signature]
24	Jaffar Shifa	[Signature]
25	Ayana P. J	[Signature]
26	Abhismani T Bahan	[Signature]

22

27	Thara Manoj	[Signature]
28	Shreya Patel	[Signature]
29	Ashlyna Soman	[Signature]
30	Sivalakshmi Soman	[Signature]
31	Thara Ibrahim	[Signature]
32	Manu Jayachandran	[Signature]
33	Cherali Jhans	[Signature]
34	Albin Binay	[Signature]
35	Anitha Mol. J Jay	[Signature]
36	Nayana K. B	[Signature]
37	Jashin James	[Signature]
38	Ashwini P. B	[Signature]
39	Shreya Thomas	[Signature]
40	Aravind Jayachandran	[Signature]
41	Abhinav P. R	[Signature]
42	Rani Reji	[Signature]

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Activity 14:- FLORENCE 2023

Organizing agency: Students' Initiative in Palliative Care (SIPC), St. Joseph's College Moolamattom.

Date of Activity: 14th July 2023

Number of Students Participated: 50

Staff Coordinator: Prince J Mathew

Student Coordinator: Geordi Johns



Description of the Activity:

On July 15, 2023, Florence 2023 was conducted at St. Joseph's College Moolamattom, marking the official inauguration of SIPC activities for the 2023–2024 academic year. This event was dedicated to palliative care patients and included various activities to support and celebrate their presence. Here's what transpired during Florence 2023:

Florence 2023 served as the official launch for SIPC's activities for the upcoming year. This inauguration likely included a ceremony or special program to kick start the year's initiatives.

The event saw the participation of 40 palliative patients from various places around the college. This provided an opportunity for these patients to come together, share experiences, and enjoy the day's festivities. In collaboration with the district palliative care forum, a free medical checkup was organized for the palliative patients. This medical checkup likely included consultations with healthcare professionals to address their health needs and concerns. To make the day special and enjoyable, both



students from St. Joseph's College and palliative care members participated in a variety of cultural programs and games. This likely included music, dance, and other forms of entertainment.



Disabled friendly Equipment brought to the venue



Volunteers assisting patients to the venue of 'Florence 2023'.



Inauguration session of 'Florence 2023'



Patients assisted by student volunteers during 'Florence 2023'



Fr Thomas George inaugurating 'Florence 2023'



Volunteers at work during 'Florence 2023'



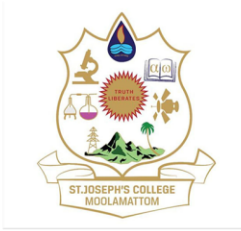
A participant singing for the audience



Distribution of certificates for the participants



A patient being examined, as part of the free medical check up campaign



Health check-up in progress, as part of 'Florence 2023'

Outcome of the programme

Florence 2023 showcased the commitment of SIPC and the college to palliative care and community engagement. It provided an uplifting and supportive environment for palliative care patients while highlighting the importance of continued care and attention to their well-being.

St. Joseph College Moolamattom
 Students Initiative In Palliative care 20
 Programme: FLORENCE 2023
 Date: 14/7/2023

SL.NO	NAME	SIGNATURE
1	Duska Prasad	Duska
2	Arundhathi V. Anil	Arundhathi
3	Komal Nazeer	Komal
4	AKHILA MATHEW	AKHILA
5	Abin Shaji	Abin
6	Abhinav Kaul	Abhinav
7	Jithin C. Kadar	Jithin
8	Augustine Thomas	Augustine
9	Althira Vishnu	Althira
10	Duska P	Duska
11	Abha Gopi	Abha
12	Muhammed Farooq	Muhammed
13	Shreya Paul	Shreya
14	N. Manju	N. Manju
15	Dara K. Jiji	Dara
16	Rakshita Bevis V J	Rakshita
17	Mamul Jayachandran	Mamul
18	Shebin Sam Michael	Shebin
19	Neesha S	Neesha
20	Suzai Shreel	Suzai
21	Beshma Maryan	Beshma
22	Shreya Thomas	Shreya
23	Aritha Mol Joy	Aritha
24	Vincent Jose	Vincent
25	Abhinav P R	Abhinav
27	Joseph James	Joseph

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Activity 15. 30th July 2023 –Assisi *Snehabhavan* Visit

Organizing agency: Students' Initiative in Palliative Care (SIPC), St. Joseph's College Moolamattom.

Date of Activity: 30th July 2023

Number of Students Participated: 30

Staff Coordinator: Prince J Mathew

Student Coordinator: Geordii Johns



Description of the Activity:

On July 10, 2023, the first-year student volunteers of SIPC extended their support to Assisi Snehabhavan Moolamattom. This community engagement activity likely involved a combination of cultural programs and manual labor contributions to benefit the residents or the facility.



Assisi Snehabhavan is a place dedicated to providing care and support, and the SIPC student volunteers decided to contribute their time and effort to this noble cause.

The students likely organized cultural programs, such as music, dance, or other forms of entertainment, to bring joy and entertainment to the residents of Assisi *Snehabhavan*. These programs can have a significant positive impact on the residents' well-being. In addition to cultural programs, the students have engaged in manual labor activities to assist with various tasks or maintenance work at Assisi *Snehabhavan*. This hands-on support can help improve the living conditions and facilities for the residents.



Sri. Prince J Mathew hands over food and provisions to the caretakers at Snehabhavan



The student team at Assisi Snehabhavan



Help provided in daily chores at Assisi Snehabhavan

Outcome of the programme

By participating in this activity, the first-year student volunteers of SIPC not only enriched the lives of the residents at Assisi Snehabhavan but also embodied the spirit of community service and compassionate care, which are central to the mission of palliative care. Their efforts likely made a meaningful and significant impact on the day, fostering a sense of solidarity and support within the community.



ST. JOSEPH'S COLLEGE

MOOLAMATTOM

ARAKULAM P.O- 685591
IDUKKI, KERALA
stjosephscollegemoolamattom.ac.in

St. Joseph College Moolamattom
Students Initiative In Palliative care ⁱⁱ
Programme: ASSISI SNEHARHAVAN VISIT
Date: 20/2/23

SL. NO	NAME	SIGNATURE
1.	Jen Tom	
2.	Ashin Chandrabar	
3.	Boni Thomas	
4.	Dwanil Dail	
5.	Adifa Sathis	
6.	George P. Binu	
7.	Deviyith Rajesh	
8.	Alfin Rafeek	
9.	Saneet shaji	
10.	Madhav Madhesh	
11.	Rajith Mami	
12.	Rohith B	
13.	Mahesh Banker P.M	

SHAJIN



Activity 16- 12th August 2023 –Fund Collection towards Medical Aid

Organizing agency: Students' Initiative in Palliative Care (SIPC), St. Joseph's College Moolamattom.

Date of Activity: 12th August 2023

Number of Students Participated: 10

Staff Coordinator: Prince J Mathew

Student Coordinator: Geordii Johns

Description of the Activity:

On August 12, 2023, the SIPC students and volunteers organized a fund-collection campaign within the college community. The purpose of this campaign was to raise funds for medical assistance to support a depressed patient residing in AKG Colony Moolamattom. Here's an overview of the campaign:

SIPC students and volunteers actively collected funds from fellow students, faculty, and staff within the college. The funds collected were earmarked to provide medical assistance to a patient who was experiencing depression and likely required support for their healthcare need



Students hand over the fund to the principal



Fund being given to the family member of the patient

Outcome of the program

This fund-collection campaign reflects the caring and socially responsible nature of the SIPC and St. Joseph's College Moolamattom, as they actively work to improve the lives of individuals in their community who are in need of support, especially in challenging circumstances

St. Joseph College Moolamattom
Students Initiative In palliative care 33
Programme + FUND COLLECTION Date 12/6/2023

SL.NO	NAME	SIGNATURE
1	Geordi Johns	[Signature]
2	Jeswin James	[Signature]
3	neeraj S	[Signature]
4	shelvin sam michael	[Signature]
5	shelvin Thomas	[Signature]
6	Jence vin Jose	[Signature]
7	Rukiya Beeth VI	[Signature]
8	Jishnu	[Signature]

SHAJU



SNEHA SPARSHAM

Organizing agency: Students' Initiative in Palliative Care (SIPC), St. Joseph's College, Moolamattom.

Staff Coordinator: Prince J Mathew

Student Coordinator: Geordi Johns

SIPC students collect and distribute 130 food packets (lunch) every Monday to Assisi Snehabhavan in Moolamattom. This is a commendable initiative to provide support to those in need.