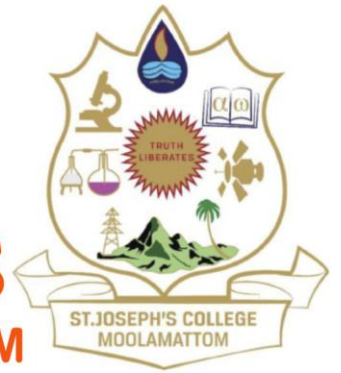


**ST. JOSEPH'S
COLLEGE, MOOLAMATTOM
ARAKULAM P.O- 685591, IDUKKI, KERALA**



1.3.1 Institution integrates crosscutting issues relevant to Professional Ethics, Gender, Human Values, Environment and Sustainability in transacting the Curriculum

**CROSSCUTTING ISSUE ADDRESSED:
HUMAN VALUES**



Cleaning Initiative at Kudayathoor Land - Slide Hit Area

In response to the devastating landslide at Kudayathoor that claimed five lives, the NSS Units of St. Joseph's College Moolamattom organized a clean-up initiative to help the affected community. On the 31st of August 2022, twenty NSS volunteers dedicated their efforts to assist in clearing debris and restoring homes impacted by the landslide. The humanitarian operation was spearheaded by NSS program officers Ms. Christy Joseph and Dr. Robin John, along with the valuable support of former Program Officer Ms. Roopa Jose and the College Bursar, Fr. Jomon Kottarathil CMI. Their collective action underscored the institution's commitment to social responsibility and community service in times of need.



Cleaning Initiative at Kudayathoor: land-slide hit area community intervention

Programme-Visit to 'Snehasadan'

Two students from the Women Cell visited 'Snehasadan', a center for the mentally challenged, on 07th March 2019, offering companionship and a charitable donation. This emphasized community care and reinforced the role of women in societal empathy and responsibility.



Time and Stress Management

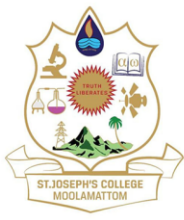
On November 22, 2019, Dr. Mathew Kanamala, Director of IPCAI, led a seminar on Time and Stress Management under the auspices of the Women's Cell at St. Joseph's College, Moolamattom. Addressing the students at the event, Dr. Kanamala imparted practical techniques for managing time and stress, crucial skills for professional ethics and maintaining human values under pressure. The seminar was designed to enhance the personal and academic well-being of the participants, equipping them with strategies to handle the demands of their future professional lives with resilience and ethical conduct.



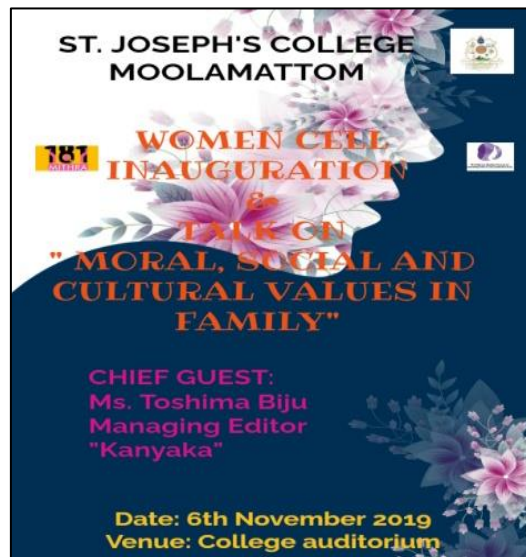
Seminar on Time and Stress Management

Inauguration and Talk on “Moral, Social, and Cultural Values in Family”

The Women's Cell of St. Joseph's College, Moolamattom, conducted its inaugural event on November 6, 2019, which featured a talk by Ms. Toshima Biju, Managing Editor of "Kanyaka," on "Moral, Social, and Cultural Values in Family." Held at the college



auditorium, the talk highlighted the importance of moral and cultural values within the family unit, promoting ethical awareness and empowerment among students. The program fostered understanding of human values by emphasizing the role of familial values in shaping a more equitable society.



Talk on Moral, Social and Cultural Values in Family

Community Intervention Programme- Visit to Govt. Tribal UPS, Karippalangu

The Women's Cell's community intervention program on February 26, 2020, involved a visit to the Government Tribal U.P School, Karippalangu. This outreach was marked by interactive activities and gift distribution, aimed at inspiring and motivating school students. By nurturing human values of compassion and support, the college students were able to foster a sense of shared community and learning.



Community Intervention Programme - Visit to Govt. Tribal UPS, Karippalangu

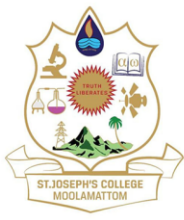
Cleanliness Day Observed and Pledge Taken 25th Jul 2019

A week-long cleanliness drive was inaugurated on 25th Jul 2019 with cleanliness pledge taken in all the classrooms under the leadership of the class teacher. The students cleaned the classrooms



Roadside Cleaning 27/07/2019

As continuation of the cleanliness drive, the volunteers cleaned the Thodupuzha – Pulianmala Road stretch adjacent to the College campus on 27th July.



Roadside Cleaning

Clean Campus Green Campus

The NSS volunteers of St. Joseph's College undertook a significant initiative titled "Clean Campus Green Campus" on November 20, 2021. Demonstrating a strong sense of environmental ethics and human values, the students dedicated their efforts to tidying up their educational environment. Dr. Sabukkutty M G, the Principal, inaugurated the event, leading the way for a day of collective action. The initiative not only enhanced the aesthetic appeal of the campus but also instilled in the volunteers a sense of responsibility and respect for their surroundings, reflecting the college's commitment to nurturing both the environment and the character of its students.

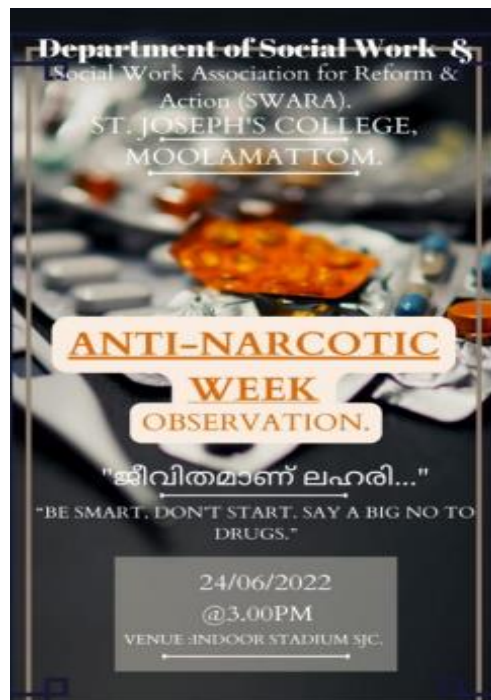


Clean Campus Green Campus



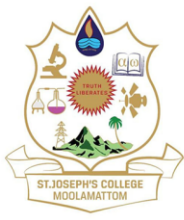
Anti-Narcotic Day Observation

The Social Work Department organized and conducted a program in observance of Anti-Narcotic Day, in collaboration with Mariyasadanam, Pala. The program took place on June 24th 2022 at 3:15 pm. Official messages were delivered by Principal Mr. Sabukkutty M.G and Dr. Mathew Kanamala. The eminent presence of College Manager Rev. Dr. Thomas George CMI and College Bursar Rev. Dr. Jomon Kottarathil CMI added significance to the program. The program was inaugurated with the slogan "*Jeevithamanulahari*". A drum set performance by Mr. Paul, a member of Mariyasadanam, was the highlight of the day. Additionally, there were sharing sessions from their experiences regarding the importance of anti-narcotics in today's context. Ms. Amritha Thomas and Mr. Amal Benny coordinated the program.



Anti-Narcotic Day Observation – Day 2

The Department of Social Work at St. Joseph's College, Moolamattom, took the initiative to conduct an awareness class for school children as a part of Anti-Narcotic Week observation on June 28th, 2022. The educational program was held at St. Thomas UP School, Arakulam, and was organized in association with the Excise Range Office, Moolamattom. The event was well-attended, with 140 students from the school, 30 MSW students from the college, 14



teachers from the school, and three MSW faculties participating in the program, demonstrating a collaborative effort to educate the younger generation on the dangers of narcotics.



Awareness class for school children as a part of Anti-Narcotic Week observation

Seminar on Social, Cultural and Moral Values in Family

The activities of women cell in 2022-23 was inaugurated by **Dr. Mary Matilda**, Special Grade Principal (Retd.), Maharaja's College, Ernakulam at the meeting held at auditorium on 25th October 2022. Dr. Mary Matilda spoke passionately on the topic "**Social, Cultural and Moral Values in Family**". She emphasized the basic need for a woman to get employed.



Lamb lightening by resource person and Talk on Social, Cultural and Moral Values in Family



Slogan Writing Competition

Women cell in association with Kerala state Women Development Corporation (KSWDC) organized Anti-drug slogan writing competition on the topic “Say No To Drugs and Yes To Life” as part of Anti-Drug campaign launched by Govt. of Kerala.



Old Age Home Visit

Women Cell of St. Joseph's College, visited the old age “Assisi Snehabhavan” Moolamattom, on 21/03/2023. The students entertained the inmates with song and dance and spent some time talking to them. They were also given some toiletries and food supplies.



Women cell members with Assisi Snehabhavan

World Population Day

World Population Day is celebrated every year on 11th July. It aims to raise awareness about the dangers of over population. With this objective, the NSS units of St. Joseph's College organized a poster making competition on 'Population and Human Rights' at the language



lab of Department of English. Three students won prizes in the poster making competition. Anjali Babu from First year English got the first place, Krishnapriya T P from III BA English in Second place and Sneha Mohanan from BSc Physics got the third prize.

ST JOSEPH'S COLLEGE MOOLAMATTOM
NATIONAL SERVICE SCHEME
UNIT NO : 53
MAHATMA GANDHI UNIVERSITY

Organises a Poster Making Competition

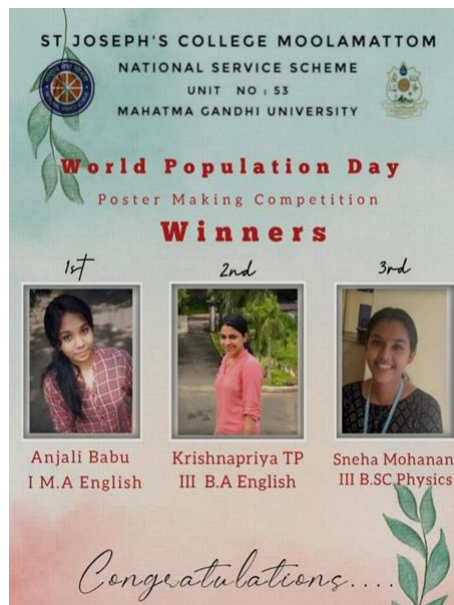
On the topic :

'Population and Human Rights'

World Population Day

July 11

Venue : Language Lab, Department of English
Time- 12:45 PM



Blood Donation Camp

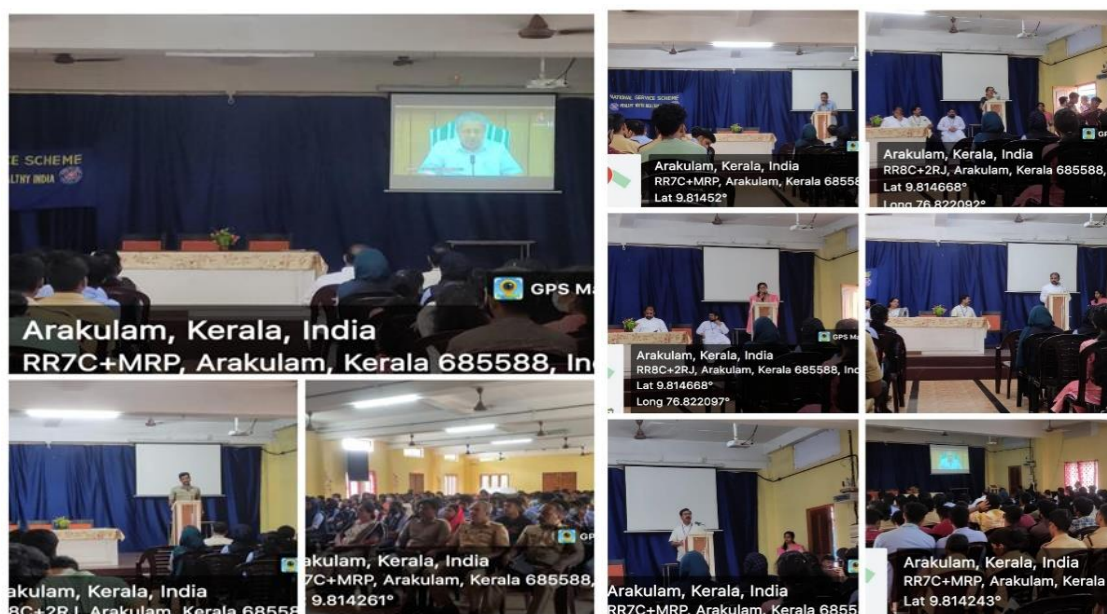
Kollappally Lions Club organized a blood donation camp at St. Joseph's College, Moolamattom on 9th November 2022. Along with this the NSS unit of St. Joseph's college participated very actively in the blood donation camp. 60 NSS volunteers in the NSS donated blood on that day.



Blood Donation Camp by NSS

“Say No To Drugs Campaign”

One of the major social threats in Kerala is facing today is the increasing use of drugs. The slow spread of drug use among young people and college students in a serious freedom. It is in this context that the state government had started the “Say No To Drugs Campaign” on October 6. It was inaugurated at the State Level by Honourable Kerala Chief Minister Shri. Pinarayi Vijayan. The Chief Minister said that the fight against drug addiction is a fight for survival of the country and the society and the entire society, including the youth, should be at the forefront of this.



State level inauguration of “Say No To Drugs Campaign” campaign

“Say No To Drugs”-Quiz Competition

As part of the State Government’s “No To Drugs” campaign, a quiz competition was organized at St. Joseph’s College, Moolamattom. The competition was conducted on October 11 under the leadership of Ms. Christy Joseph and Dr. Robin John, program officers of the NSS unit of the College. About 40 students participated in the quiz competition. From this, Karthik K Murali (2nd year BSC Chemistry) was selected as the winner.



Quiz Competition as part of “Say No To Drugs” campaign

State Level Inauguration of Defense Force

As part of the Anti-drug campaign, the State Government formed a defense force, ‘Agents For Social Awareness Against Drugs’ (ASAAD). This defense force consists mainly of NSS and NCC volunteers. The inauguration ceremony was conducted in all the colleges through live broadcast. The defense force was officially inaugurated on 27th October 2022 by Honorable Minister Higher Education Dr. R. Bindu. Along with this, all NSS and NCC Volunteers of St. Joseph’s college participated in the live inauguration ceremony.



State Level online inauguration of defense force: Agents for Social Awareness Against Drugs (ASAAD)



Christmas Celebration at Assisi Sneha Bhavan Moolamattom

NSS units of St. Joseph's College visited Assisi Sneha Bhavan, a rehabilitation centre, near the college on 20th December 2022. This year's NSS unit Christmas celebration was arranged at Assisi Sneha Bhavan Moolamattom. The inmates were warmly greeted with cakes and Christmas carols. About 25 volunteers of our NSS unit participated in this celebration. NSS program officers, Mrs Christy Joseph and Dr. Robin John were also present during this celebration.

Flood Relief Collection from Aug 12

The NSS volunteers of the College, together with NCC cadets, made timely intervention in helping the people of the flood hit areas of Wayanad in the 2019 flood. A fortnight-long initiative starting from Aug 12, collecting relief items worth Rs 4 lakhs, was done towards the flood relief cause at Wayanad, especially at the Payyampalli and Thariyodu tribal settlements.

Our College also acted as the district level collection centre of Mahatma Gandhi University during the time of flood.



അവരും നമ്മളിലൊരാളാണ്. ജാതി, മത, വർണ്ണ, വർഗ്ഗ ചിന്തകളില്ലാതെ സ്വന്തം ജീവൻ പോലും പണയം വെച്ച് കഴിഞ്ഞ നാളുകളിൽ നമ്മുടെയ്ക്ക് പൊരുതിയവർ സഹായിക്കുക എന്നതാണ് നമ്മുടെ കടമ

കൂടെയുണ്ട്...കൂട്ടിനൂണ്ട് ഞങ്ങൾ

തൊടുപുഴ - മുലമറ്റം റൂട്ടിൽ അറക്കുളത്തുള്ള സെന്റ് ജോസഫ്സ് കോളേജിൽ

ദുരിതാശ്വാസ കളക്ഷൻ സെന്റർ

ഇവിടെ നൽകാം മറ്റി കൂട്ടാതെ പ്രവർത്തനം ആരംഭിച്ചിരിക്കുന്നു

- പെട്ടെന്ന് കടം വരാത്ത കക്ഷണസാധനങ്ങൾ • അരിയടക്കമുള്ള അവബോധിതവർ
- 20 / 5 ലിറ്റർ വാട്ടർ ബോട്ടിലുകൾ • പുതിയ വസ്തുക്കൾ • പുതപ്പുകൾ • മരുന്നുകൾ • സോപ്പ്
- മുതൽ പേപ്പർ • ബ്രഷ് • ക്ലിനിംഗ് ഐറ്റംസ് • വയപ്പുകൾ • സാനിറ്ററി പാസുകൾ
- കൊതുകുതിരി • പുതിയ ചെറുകുപ്പുകൾ • പാത്രങ്ങൾ • പഠനോപകരണങ്ങൾ തുടങ്ങിയവ

ആദ്യഘട്ട പ്രവർത്തനങ്ങൾ 16/08/2019 വെള്ളിയാഴ്ച വരെ

ഹെൽപ്പ് ലൈൻ നമ്പരുകൾ

Ms. Roopa Jose : 8848935165, Mr. Aneesh N : 9745947974
Ms. Anju Bobby : 9847571287, Mr. Akash K Thomas : 6282617405
Mr. Albin Mathew : 8606865361, Mr. Amal 9074252687
Mr. Vysakh Das 8848980588

ST. JOSEPH'S COLLEGE, MOOLAMATTOM
ARAKULAM - THODUPUZHA 685 591
A College under the 10th Recognition Agreement Affiliated to M.G. University
Rec. Accredited by NAAC with A Grade

കൂടുതൽ വിവരങ്ങൾക്ക് കോളേജിലെ
NSS, NCC റിപ്പോർട്ടർമാരിൽ ബന്ധപ്പെടാം

www.stjosephscollegemoolamattom.org



പൊഴിഞ്ഞ ഇല പോലും ജീവനേകും

ദുരിതബാധിതർക്ക് കൈത്താങ്ങേക്കാം

കുറഞ്ഞൊരുപതു മണിക്കൂർക്കുള്ളിൽ

സർവകലാശാല കമ്പസ് കളക്ഷൻ സെന്റർ:

വിശാൽമേറ്റർ ഓഫ് ലൈഫ്ലൈൻ ലേണിംഗ് ആന്റ് എക്സ്പോഷൻ

എൻ.എസ്.എസ്.എസ്.എസ്. വിദ്യാലയ ലൈബ്രറി കോമ്പൗണ്ട്

കോട്ടയം ബി.റ്റി. ബേബിബസ് കോളേജ് (ബസ് ലൈബ്രറി - 9744873822) | എറണാകുളം ബി.റ്റി. കോളേജ് (ബസ് ലൈബ്രറി - 844003007)

പാലക്കാട്: കമ്മ്യൂണിറ്റി കോളേജ് (എൻ. സബിൻ ബാബു - 8076688981) | തൃശ്ശൂർ: സെന്റ് ജോസഫ്സ് കോളേജ് (എസ്. ജോർജ്ജ് - 884893165)

പുതിയ വസ്തുക്കൾ, അവസൂവൽ തുടങ്ങിയവ



Flood relief interventions at Wayanad (Payyampalli and Thariyodu tribal settlements)



NSS 7-Day Special Camp Sep 6 -12

NSS unit of the College organised its seven day community camp at Edadu, a flood hit village near to the College and maintained the road damaged in flood and landslide.



മുഖമറ്റം സെന്റ് ജോസഫ് കോളേജ് എൻഎസ്എസ് യൂണിറ്റിന്റെ ആഭിമുഖ്യത്തിൽ എടാട് നടുവിലെ സപ്തദിന ക്യാമ്പിന്റെ തിരുത്തലിനോടനുബന്ധിച്ച് ഇളംശ്ശേരി പഞ്ചായത്ത് ഓഫീസർ എം.ജി.എസ്.യുർ നിർവഹിക്കുന്നു.

സപ്തദിന എൻഎസ്എസ് ക്യാമ്പിനെ വരവേറ്റു എടാട് ഗ്രാമം

മുഖമറ്റം സെന്റ് ജോസഫ് കോളേജ് നാഷണൽ സർവീസ് സ്കീം യൂണിറ്റിന്റെ ആഭിമുഖ്യത്തിൽ സംഘടിപ്പിക്കുന്ന സപ്തദിന എൻഎസ്എസ് ക്യാമ്പിനു എടാട് തുടക്കം. ഗ്രാമ ശുചീകരണം, റോഡ് സമ്മാരംഭം യോഗ്യമാക്കൽ എന്നിവയ്ക്കാണ് മുൻഗണന. കഴിഞ്ഞ ഷക്കോലത്ത് സമ്മാരംഭം വാഗ്മണി റോഡ് തകർന്നു കിടക്കുന്നതു മൂലം ഈ പ്രദേശത്തേക്കുള്ള ഗതാഗതം ദീർഘനാളായി തടസ്സപ്പെട്ടിരിക്കുകയായിരുന്നു. ക്യാമ്പിന്റെ നിർമ്മാണ പ്രവർത്തനങ്ങൾ ഇളംശ്ശേരി പഞ്ചായത്ത് ഓഫീസർ എം.ജി.എസ്.യുർ ഉദ്ദേശം ചെയ്തു. അദ്ദേഹം പഞ്ചായത്ത് പ്രസിഡന്റുടേക്ക് ജോസഫ് ക്യാമ്പ് ഉദ്ദേശം നിർവഹിച്ചു. കോളേജ് മാനേജർ ഫാ. ജോസ് നെട്ടുപാറ, പ്രിൻസിപ്പൽ ഡോ.സാജു എം. സെബസ്ത്യാൻ, ബർസാർ ഫാ. ലിബിൻ വലിയപാമ്പിൻ, എടാട് സെന്റ് മേരീസ് പള്ളി വികാരി ഫാ. കുര്യാക്കോസ് പൂട്ടിത്തറത്തൻ, ക്യാമ്പ് ഓഫീസർ സായുധ പ്രിൻസ് ജെ. മാത്യു, മൂപ് ജോസ്, സ്റ്റുഡന്റുൾ കോ-ഓർഡിനേറ്റർ ജോസ് ഫ്രാൻസിസ്, ഫാത്തിമ കബീർ, പഞ്ചായത്ത് ഓഫീസർ ബിനു അനിൽകുമാർ ആൻകോ ബാങ്ക് ബോർഡ് മെമ്പർ റോസിലി മാത്യു എന്നിവർ പ്രസംഗിച്ചു.

റോഡിലെ കുഴിയടച്ച് എൻ.എസ്.എസ്. ക്യാമ്പംഗങ്ങൾ



തകർന്നുകിടക്കുന്ന മുഖമറ്റം-വാഗ്മണി റോഡിലെ കുഴിയടയ്ക്കാനുള്ള സെന്റ് ജോസഫ് കോളേജിലെ എൻ.എസ്.എസ്. യൂണിറ്റിന്റെ നേതൃത്വത്തിൽ നിർവ്വഹിക്കുന്നു.

മുഖമറ്റം- വാഗ്മണി തകർന്നുകിടക്കുന്ന മുഖമറ്റം-വാഗ്മണി റോഡിലെ കുഴിയടയ്ക്കാനുള്ള സെന്റ് ജോസഫ് കോളേജിലെ എൻ.എസ്.എസ്. യൂണിറ്റിന്റെ നേതൃത്വത്തിൽ നിർവ്വഹിക്കുന്നു. റോഡ് പുരീണമായും തകർന്ന് ഇതുവഴിയുള്ള സെൻ്റ് സർവീസ് പോലും നിലച്ചു. ഇക്കാര്യമറിഞ്ഞതാണ് എടാട് നടുവിലെ സ്വദേശി ക്യാമ്പിനോട് അനുബന്ധിച്ച് തങ്ങളാലാവുന്ന വിധം മണ്ണുപൂർ കുഴിനീക്കത്താൽ വികാരികൾ തീരുമാനിച്ചത്. ഇവർക്ക് പിന്തുണയുമായി നാട്ടുകാരും അധ്വാനിക്കുകയും ചെയ്തിരിക്കുന്നു. ഗ്രാമങ്ങളിലെ ശുചീകരണം, പ്രശ്നയാനന്തര റേറ്റഡ് പുനർനിർമ്മാണം, പ്ലാസ്റ്റിക് നിർമ്മാണങ്ങൾ എന്നീ ലക്ഷ്യങ്ങളോടുകൂടിയാണ് ക്യാമ്പ് സംഘടിപ്പിച്ചത്. സമാപനത്തോടെ ആത്മീയ ബോധ് ഉദ്ദേശം ചെയ്തു. കോളേജ് മാനേജർ ഫാ. ജോസ് നെട്ടുപാറ, പ്രിൻസിപ്പൽ ഡോ.സാജു എം. സെബസ്ത്യാൻ, ബർസാർ ഫാ. ലിബിൻ വലിയപാമ്പിൻ, എടാട് സെന്റ് മേരീസ് പള്ളി വികാരി ഫാ. കുര്യാക്കോസ് പൂട്ടിത്തറത്തൻ, എൻ.എസ്.എസ്. പ്രോഗ്രാം ഓഫീസർമാരായ പ്രിൻസ് ജെ.മാത്യു, മൂപ് ജോസ്, സർവ്വീസർമാർ കോ-ഓർഡിനേറ്റർമാരായ ജോസ് പ്രയാൻസിസ്, ഫാത്തിമ കബീർ, ആത്മീയ ബോധ് സമാഹകർ ബോർഡംഗങ്ങളായ സാ. പുളിക്കൽ മേറ്റൻ, റോസിലി മാത്യു, തുടങ്ങിയവർ സംസാരിച്ചു.

NSS 7-Day Special Camp at Edadu in Dailies

Voluntary Blood Donation Campaign Oct 1, 2019 – Rally, Seminar

In connection with the observance of National Voluntary Blood Donation Day, a district-level program with an Awareness Rally was conducted at Arakulam. Students carried placards containing slogans on the need for blood donation. A seminar on the same was later held in the Chavara Hall officiated by the District Medical Officer and the Primary Health Centres at Arakulam and Muttom. The meeting was presided over by the Principal Dr. Saju M. Sebastian.



Minority Welfare Day Observed Dec 12

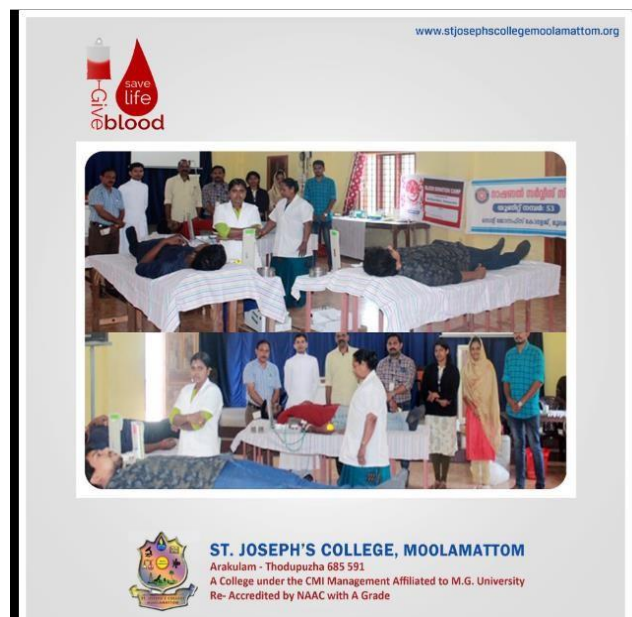
In connection with the observance of Minority Welfare Day, a District level elocution and essay writing competition was held at the college on 12th Dec 2019



District level elocution competition as part of Minority Welfare Day observation

Blood Donation Camp Jan 16, 2019

In association with IMA Thodupuzha, a voluntary blood donation camp was organized on January 16, in the Chavara Hall. The initiative was a grand success with massive support from the staff and students alike.



Voluntary blood donation camp in association with IMA, Thodupuzha



Voluntary Service at Assissi Snehabhavan

NSS volunteers engaged in voluntary service at Assissi Snehabhavan Moolamattom on 18th Jan 2020. They donated a few cartons of cleaning materials and helped with the routine domestic works at Snehabhavan.

Health checkup and Non-Communicable Diseases awareness campaign

As part of the NCD day celebrations the College organized a One-day Health checkup camp for the volunteers and staff of the College in association with Community Health Centre Muttom on 22nd March 2020.



IGOT On-board COVID Prevention Training

15 NSS volunteers of the college registered for and successfully completed the Online COVID Prevention Training given by The Department of Personnel and Training, Govt. of India for all frontline workers in combating COVID 19 pandemic, in April 2020.

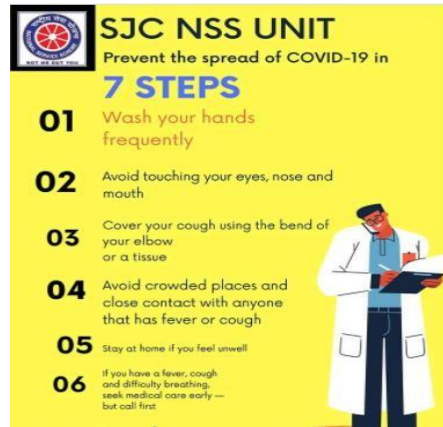


Digital Poster Campaigning against COVID 19

NSS unit of the College designed digital posters to spread awareness among the students and



the general public, on ways to prevent the spread of COVID 19 pandemic and circulated the same through social media platforms on 4th April 2020.



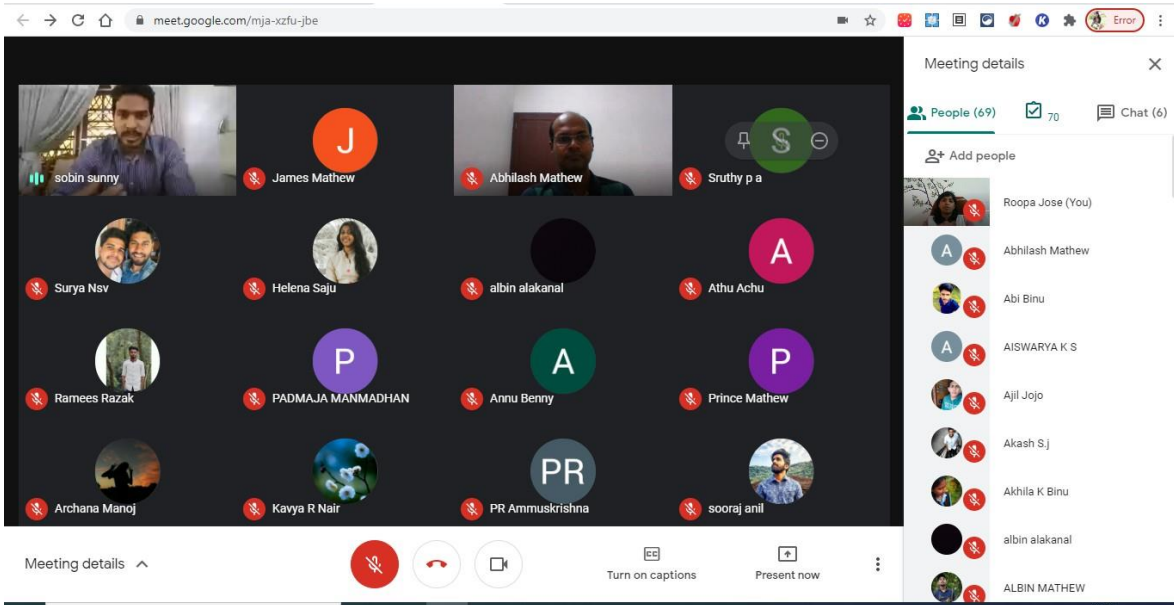
International Nurses Day Observed

In honor of the herculean efforts undertaken by the nurses amidst the COVID 19 pandemic to “nurse the world to health”, and to commemorate the 200th birth anniversary of Florence Nightingale, International Nurses Day was observed with tribute posters, on May 12, 2020.



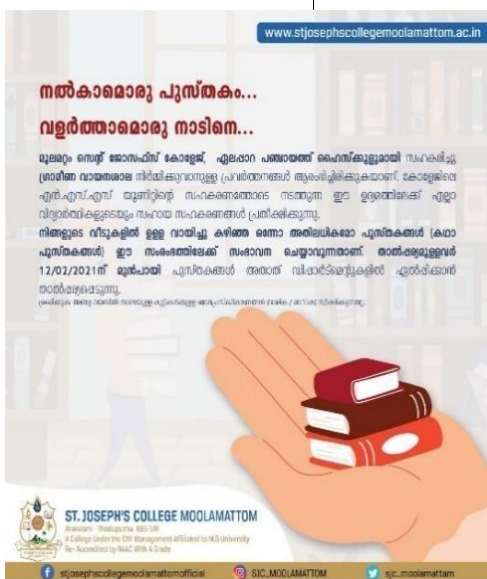
District Level COVID 19 Prevention Training

As part of involving NSS volunteers in fighting COVID 19 Pandemic in the district level, our volunteers underwent an online training on 27th July 2020. Dr. Sobin Sunny, Asst. Professor in the Department of Community Medicine, Al-Azhar Medical College, Thodupuzha, led the training.



Online training for NSS volunteers in fighting COVID 19

Book Collection for School Library



NSS volunteers collected over 1000 books as aid for Elappara Panchayat High School Library and these were handed over to the authorities on 25th Feb 2021.

Webinar on Child Labour by District Child Protection Unit, Idukki - Saranya Balyam Project

District child protection unit conducted an online training program for NSS volunteers and



MSW students of Idukki district on June 10, 2021, at 11 am as part of the Idukki Saranyabalyam project. The event started with an inaugural address by Ms. Jebin Lolita Zain, District Women and Child Development Officer, Idukki. Ms. Geetha M G, District Childcare Officer, Idukki extended her warm welcome. Mr. James Mathew, Member of NSS Advisory Committee, Mr. Tony Thomas, District Coordinator Childline Idukki, Mr. Jomet George, Protection Officer DCPU, Idukki were the speakers of the day. The training program was guided by Mr. Binoy V J, District Social Justice Officer, Idukki.



Sudhrudam2021 - Seven Day Special Camp

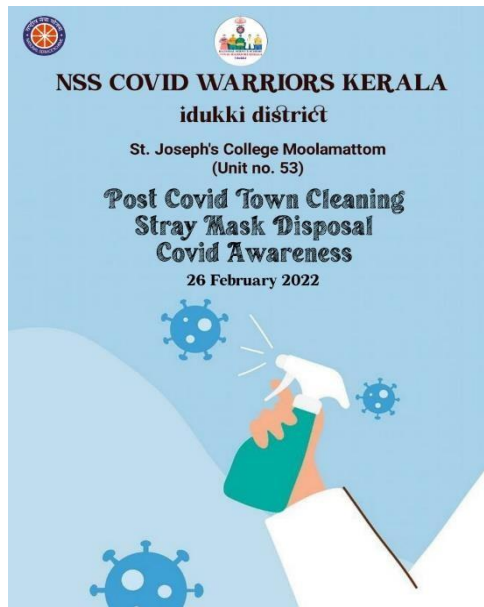
A Seven Day Special Camp was conducted from 27th December 2021 to 2nd January 2022. 100 volunteers participated in the special camp. The camp was inaugurated by Adv. Deen Kuriakose MP on 27th December 2021, and Rev. Dr. Thomas George Vengaluvakkal CMI, the Manager, presided over the meeting. Dr. Sabukkutty MG, the Principal, addressed the volunteers. The camp activities involved reconstruction of the public library grounds in Kanjar, training in organic farming, Suchitwa Mission cleaning programs in Kanjar, distribution of food kits to flood-hit people in the Adoormala village, reconstruction of flood-hit roads, personality development programs for the volunteers, and cultural programs by the students.



Sudhrudam 2021 - Seven Day NSS Special Camp

Swatch Bharat Mission – Post-Corona Cleaning Campaign in Moolamattom Town

NSS Volunteers engaged in Post-Corona Cleaning campaign, stray mask collection and disposal, and COVID awareness campaign in the Moolamattom town on 26th February 2022.

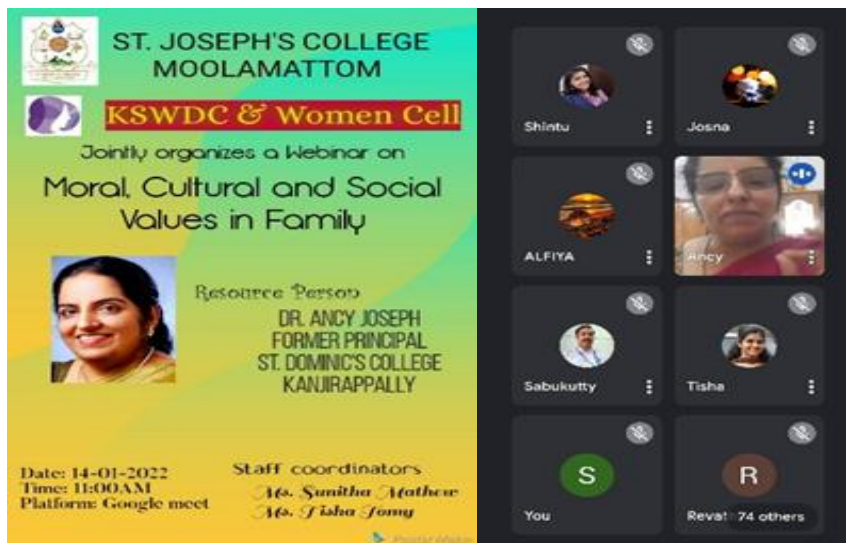




Post-Corona Cleaning campaign in the Moolamattom town

Webinar – Moral, Cultural and Social Values in Family

Identifying family as the foundation on which values are built, a webinar was arranged on 14th January, 2022 for the students of Women Cell on the topic 'Moral, Cultural and Social Values in Family'. The resource person of the webinar session was Dr. Ancy Joseph, former principal of St. Dominic's College, Kanjirappally and a certified mind power trainer.



Webinar by Women Cell on: Moral, Cultural and Social Values in Family



Visit to Assissi Snehabhavan

Due to covid-19 restrictions, selected members of Women Cell made a **visit to Assissi Snehabhavan**, an old age home at Moolamattom on 31 March 2022 and *supplied various things like clothes, provisions, sweets, snacks and cleaning lotions* to the inmates. The visit was a moment of self-realization for all.



Women cell representatives with Assissi Snehabhavan members

THANMATHRA - Memory Camp

The Department of Social Work, St Joseph's College Moolamattom and Department of Social Work, St. Gregorious College, Kottayam conducted a Dementia diagnosis camp- *Thanmathra*, as part of *UNARVU* – the community program, for people above 65 years old on August 21st 2022 at Krishibhavan, 14th mile, Pampady in association with the IPCAI Grace Care, Kottayam. The memory camp was conducted as a part of the three day community programmes. The programme was inaugurated by ward member of Vazhoor Gramapanchayat. Shri. N Jayaraj, MLA of Kanjirappally constituency also joined the programme. Around 40 people get tested by the programme.





Reminiscence program –VERUKAL

As a part of the three day community programmes, Unarvu - *koodekoottam karuthekam* Department of Social Work, St. Joseph's College Moolamattom along with Department of Social Work St. Gregorious College, Parumala conducted a Reminiscence Programme named VERUKAL – *ormayilekoru thirinjunottam* in association with IPCAI Grace Care, Kottayam on August 22nd 2022 at Jyothi House, 18th mile, Pampady. In the programme all students wear clothes of old era and recreated the living conditions of 1970s. There were also an exhibition of antique collection. Many people from the locality came and enjoyed the event.



Reminiscence Programme named VERUKAL – *ormayilekoru thirinjunottam*

MEDICAL CAMP

As a part of the three day community programmes UNARVU-KOODE KOOTTAM KARUTHEKAM, Dept. Of social work, St. Joseph's College Moolamattom and St. Gregorious College, Parumala conducted a medical camp in association with SH Medical centre, Kottayam and IPCAI Grace Care, Kottayam. Twenty students from the college as part of the field work conducted the program. It was inaugurated by member of gramapanchayat.

Dr. Midhun Joy Karottu from SH Medical center, Kottayam led the camp. The medical camp, was free of cost for the people to check pulmonary function.



SMRITHIYORAM-Reminiscence Corner for Alzheimer's and Dementia patients

The Department of Social Work organised a reminiscence corner as part of the World Alzheimer's Day. To make the students aware about the Alzheimer's disease and reminiscence therapy, used to treat the disease was the aim of the program. Rev. Fr. Thomas Vengaluvakkal, Manager of St. Joseph's College Moolamattom inaugurated the programme.



Dr. Mathew Kannamala, Dr. Justin Joseph, Mr. Manu Kurian, Ms. Anitta Mathew, Mr. Josymon Joy, Ms. Swetha Joy gave instructions for the programme. The programme gained wide appreciation from part of the students and in social media.

As a part of International day for older persons on October 1st Dept. Of Social Work in association with Social Justice Department conducted a programme for older persons on October 1st.The programme was inaugurated by Ms. Ushakumari, Vice President of Idukki District Panchayat. The chief guest for the programme was Ms. Sheeba George IAS, Idukki District Collector.

The main attractions of programme were fashion show for elderly and the games conducted for them. All were actively participated in all programme. It was a great experience for the older persons and the students.



Vardhakyakalabahalasangal – International senior citizen's day celebration



NATIONAL CHILDREN'S DAY CELEBRATION

Department of Social Work, St. Joseph's College, Moolamattom in association with St. Thomas UP School, Arakkulam conducted children's day celebrations at school auditorium on 14th November, 2022. 60 MSW students and 3 faculties conducted the program. Above 150 students and teachers participated in the programme.



AIDS Day observation

The Department celebrated International Aids Day in association with Kerala Aids Control Society on 30/11/2022 at Thodupuzha Municipal Bust Station.



Rural Camp at VOSARD

The rural camp of the year was conducted from 14/12/2021 to 17/12/2021 at VOLUNTARY ORGANISATION FOR SOCIAL ACTION AND RURAL DEVELOPMENT (VOSARD), Kattappana, Idukki. During the camp the students conducted an impact analysis of VOSARD's interventions on community. Along with conducted, SHG meetings, project area visit, interaction, visit at beneficiaries home etc.



Rural Camp

The Department of Social Work, St. Joseph's College, Moolamttom conducted **DYUTHI** in collaboration with Janamytri Excise Squad, Devikulam from 09/03/2022 to 13/03/2022.



The focus areas of the camp were Chinnapparakkudy and Thalanirappankudy which are apparently impoverished tribal settings in Adimaly, Idukki District. The prime intention of the camp was to incorporate with the Janamytri Excise Squad for addressing alcohol addiction and school dropouts in these two tribal settings. The major undertakings of the camp were: Flash Mob, Survey in Tribal Setting, Seminar at MGLC, Interview with 'Adivasi Mooppan', Library Renovation, Building Badminton Court and Workshop at Tribal Hostels.

Counselling Service

The Department of Social Work delivered counselling service to needy (with respect to COVID 19 pandemic) children of government VHCS, Moolamattom from 18/11/2020 to 25/11/2020. A number of 32 children were benefited from this service.



Seminar on Community Integration

One day workshop on community integration was organized by social work department for the social work students on 04/02/2021. The seminar was presided over by Dr. Thomas Abraham (International Resource Person). Principal Dr. Aby P. Koshy inaugurated the seminar.



Rural Camp

The rural camp of first semester students was organized in association with Tribal Development Office, Adimaly and Janamythri Excise Squad, Devikulam from 22/08/2019 to 26/08/2019 at tribal school, Adimaly. As part of the rural camp the first semester MSW students organized 3 day camp for 250 tribal students. During the camp they were given exposure to communication skill, personality development, life skills, hygiene etc. The camp was structured with creative sessions including group work, games, lectures, role play, recreations etc. The event could build greater enthusiasm among these children and a quest for growth and development.



Rural Camp (Flood relief camp)

As part of the rural camp a flood relief camp was organized by the department of social work at Kainakiry and Alappuzha from 02/09/2018 to 07/09/2018 (6 days). During the camp the students and faculties of the department participated in the cleaning process at kainakarypanjayath. The department also conducted a cultural event with the active

participation of fishermen's families at Alappuzha beach. In the last day of the camp 35 fisher men, who participated in the flood relief process were facilitated by the department.



Flood Relief Camp at Kainakiry, Alappuzha

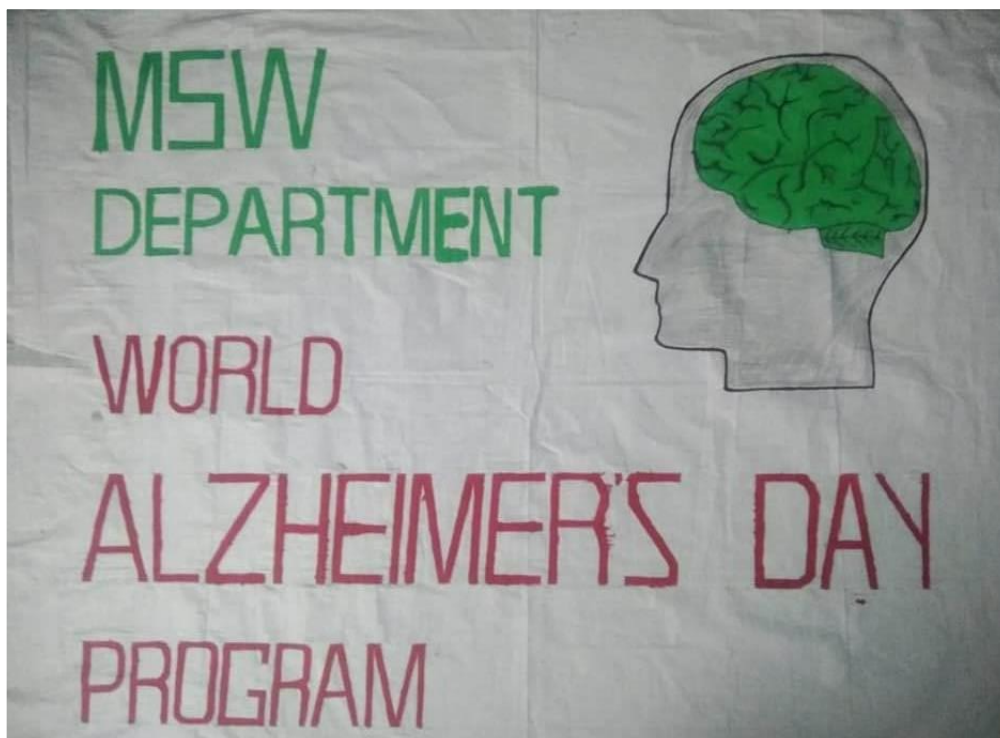


Seminar on “The Aftermath of Tobacco Usage and Alcohol Consumption” and Quiz competition

The Department of Social Work in collaboration with PHC Arakulam organized a seminar on “the aftermath of tobacco usage and alcohol consumption” on 25/09/2018 at PHC auditorium. After the seminar a quiz competition was conducted for the students. A number of 75 students and teachers participated in the programme.

Alzheimer’s Day Celebration

The Department of Social Work celebrated world Alzheimer’s day on 26/09/2018. During the celebration the students from the department played a flash mob at college portico regarding the theme of the day, made paper presentation, conducted quiz competition and essay writing completion. The winners of the competition were gifted.





Smrithilayam – Musical Desert

As part of the observation of mental health day, the Department of Social Work in association with Mariyasadanam (Psycho-social rehabilitation center, Pala) organized a musical desert at Thodupuzha Municipal auditorium on 15/10/2018. The orchestra involved the differently abled persons in Mariyasadanam. A large number of cowed gathered and enjoyed the programme.



Smrithilayam–Musical Desert at Mariyasadanam (Psycho-Social Rehabilitation Center, Pala)



ജോയിന്റ് ജോർജ് എം.പി., കേന്ദ്രക്കമ്മ്യൂണിക്കേഷനുകളായ എ.എ.റഹിം, എസ്.സതിഷ്, വി.പി.

കളെ തിരഞ്ഞെടുത്തു ജില്ലയിലെ എല്ലാ ഏരിയകൾക്കും അതിനുമായ പ്രാതിനിധ്യം നൽകിയ

ജില്ലയിൽ കാമ്പസ് പ്രവേശനം അടക്കം എണ്ണിപ്പാലത്തിൽ ക്ലിപ്ത വാഗ്ദാനം

കോരൂപ്രദി സ്മൽ പേഴ്സ് 16/10/18

താളം തെറ്റിയ മനസ്സുകൾക്ക് ഉല്ലാസത്തിന്റെ ഒരു ദിനം



ലോക മാനസികാരോഗ്യദിനത്തോടനുബന്ധിച്ച് മുഖമുഖം സെൻ്റ് ജോസഫ്സ് കോളേജ് സാമൂഹിക പ്രവർത്തന വിഭാഗത്തിൻ്റെയും പാലാ മതിയ സദനം കലാസമിതിയുടെയും സംഘടനയോടൊത്ത് നടത്തിയ സ്മൃതിയോരം സംഗീതപരിപാടിയിൽനിന്ന്

തൊടുപുഴ ▶ ഗാനങ്ങൾ ആലപിച്ചവർ കൈയടി നേടുമ്പോൾ മനസ്സിൻ്റെ താളം ഒരിക്കൽ തെറ്റിയിരുന്നവരാണെന്ന് അവിടെ കൂടിയ ആർക്കും മനസ്സിലായില്ല. ഈണവും താളവും ഒത്തിണങ്ങി അവർ പാടിയപ്പോൾ കേട്ടിരുന്നവരും അവരോടൊപ്പം ലയിച്ചുചേർന്നു.

ലോക മാനസികാരോഗ്യദിനത്തോടനുബന്ധിച്ച് തൊടുപുഴ മുനിസിപ്പൽ മൈതാനിയിൽ നടന്ന 'സ്മൃതിയോരം' സംഗീത പരിപാടിയാണ് ഏവരെയും ആകർഷി

ച്ചത്. മുഖമുഖം സെൻ്റ് ജോസഫ്സ് കോളേജ് സോഷ്യൽ വർക്ക് ഡിപ്പാർട്ട്മെൻ്റും പാലാ മതിയ സദനം സൈക്കോസോഷ്യൽ റിഹാബിലിറ്റേഷൻ സെൻ്ററും ചേർന്നായിരുന്നു പരിപാടി അവതരിപ്പിച്ചത്.

പത്തു തവണ ആത്മഹത്യക്കു ശ്രമിച്ച റോസിലിയും വിടുവിട്ടിറങ്ങിയ ഷാജിയും പാലാ മതിയ സദനത്തിലെ സ്ഥിരം പാട്ടുകാരാണ്.

സംഗീതം ഒരു ചികിത്സാ രീതിയായി പരിണമിക്കുകയായി

രുന്നെന്ന് നൂറുകണക്കിനുള്ളുകളുടെ തുണിയിൽ അവർ പാടിയിട്ടുണ്ട്.

കോളേജ് മാനേജർ ഫാ. ജോസ് ജെ.ണടുപാറ, കോളേജ് പ്രിൻസിപ്പൽ ഡോ. ജോർജ് വി. തോമസ്, ബർസാർ ഫാ. ജോബിൻ തമ്പിൾ, സോഷ്യൽ വർക്ക് വിഭാഗം മേധാവി രാജ്യ കണമല, ഫാ. ലിജോ കൊല്ല വീഴ്ൽ ജസ്റ്റിൻ ജോസഫ്, മനു കൃഷ്ണൻ ഗിതു തോമസ്, വിവേക് ഏൽ ജോയി എണ്ണിപ്പാല പരിപാടിക്കർക്ക് നേതൃത്വം നൽകി.

News in Malayalam daily Mathrubhumi about Smrithilayam–Musical Desert at Mariyasadanam (Psycho-Social Rehabilitation Center, Pala)



AIDS Day Observation

As part of observing aids day, the Department of Social Work organized a seminar and exhibition in collaboration with Taluk Hospital, Thodupuzha on 03/12/2018. Exhibition and seminar were magnificent experiences for the students and faculties of our College.

Visit to Assisi Snehaveedu

Date of Activity: 11th August 2018

Number of Students Participated: 25

Organizing agency: Student's Initiative in Palliative Care (SIPC)

Report:

The Student's Initiative in Palliative Care (SIPC) from St. Joseph's College, Moolamattom, embarked on a compassionate visit to Assisi Snehaveedu, Madakkathanam on August 11, 2018, with a group of 25 dedicated students. During our visit, we had the privilege of engaging with the residents, offering our support, and brightening their day. Our team *spent quality time with the inmates, engaging in heartwarming conversations and arranging various recreational activities such as games and cultural programs*. Additionally, we lent a helping hand in their daily chores, symbolizing our commitment to their well-being.

Expected Outcome:

The expected outcome of this visit was to foster a sense of community and empathy among our students. We aimed to raise awareness about palliative care and inspire our students to continue their efforts in making a positive impact in the lives of those in need. Through this initiative, we hope to promote the values of compassion and social responsibility among our youth, ensuring a brighter future for all.



Visit to Assisi Snehaveedu by SIPC

Disabled day celebrations (5-12-2019)

Date of Activity: 5/12/2019

Number of Students Participated: 15

December 3 is observed as International Day of Disabled Persons. In association with the observation of the same, the members of SIPC of St. Joseph's college Moolamattom visited Anugraha Niketan Special School, located at Pannimattom on December 5 and participated in the programmes for International Day of Disabled Persons, joined them and organized a variety of art events, intended to make them happy. Students also offered their help in cleaning the school premises.





Students beautifying the compound of Anugraha Special School



Volunteers with the students and staff of the Special School



Welcome speech by Principal, Anugraha School



Cultural Activities by the volunteers at the Special School



Vote of thanks by the Student Secretary



Outcome of The Programme.

The students are usually not aware of the large number of people who are marginalised due to physical disabilities. Visiting a school where such a group of students are given the training to face life, will make everyone more compassionate. It will also make them think about the blessings God has given them.

- Overall, the Disabled Day celebrations organized by the Students' Initiative in Palliative Care were a heart-warming and meaningful event that brought together students from St. Joseph's College, Moolamattom, and Anugraham School, Pannimattom.
- It not only raised awareness about the challenges faced by individuals with disabilities but also highlighted the importance of empathy, inclusivity, and community engagement.

Family Meeting of Palliative Members

Date of Activity: 14/12/2019

Number of Students Participated: 10

Description of the Event:

On December 14, 2019, the SIPC (Students' Initiative in Palliative Care) unit from St. Joseph's College, Moolamattom, in collaboration with the Primary Health Center in Muttom, organized a Family Meeting of Palliative Members. This event aimed to provide a platform for members of the palliative care community and their families to come together, share experiences, receive support, and strengthen the bond within the community.



Volunteers with the Palliative Patients



Volunteers conducting Games for the Palliative Patients at Muttom



Students and the staff coordinator Shaiju S, welcoming the patients.





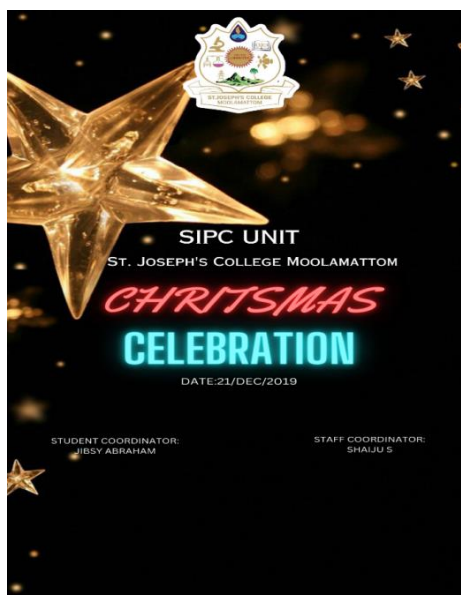
Games for the patients at Muttom

Member of the staff, Sri. Aravind K.S., addressing the patients

Outcome of the Programme.

- The family meeting of palliative members served as essential platform for individuals facing challenges of palliative care.
- It aimed to provide emotional support , share knowledge among those involved in palliative care ,reinforcing the importance of empathy and compassion in healthcare

Christmas Celebrations





Date of activity – 21/12/2019

Number of Students Participated: 20

Description of the Event:

The SIPC (Students' Initiative in Palliative Care) unit of St. Joseph's College, Moolamattom, is delighted to organize a Christmas Celebration at Snehasadanam Muttom. This heartwarming event aims to spread the joy of Christmas, share love, and create unforgettable memories with the residents of Snehasadanam Muttom, including both the elderly and students.



Dr. Saju M Sebastian, principal, speaking at the celebration at Snehasadanam Muttom



Distributing sweets to the inmates of Snehasadanam Muttom, during Christmas 2019



Volunteers with Christmas Papa, at Snehasadanam Muttom



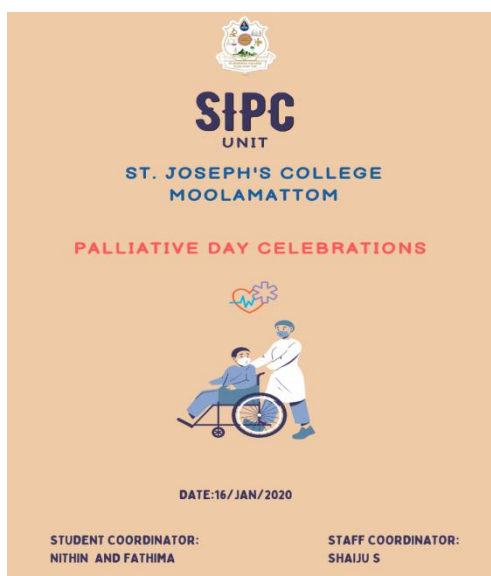
Celebrating Christmas 2019 at Snehasadanam Muttom.



Outcome of the Programme

- The Christmas celebration at Snehasadanam Muttom is a wonderful opportunity to come together celebrate the spirit of Christmas and create lasting bonds of friendship and love.
- This event embodies the principles of empathy, compassion and community involvement, making it a truly special occasion.

Palliative Day Celebrations 16-1-2020



Number of Students Participated: 20

Description of the Programme

The Students' Initiative in Palliative Care (SIPC), from St. Joseph's College, Moolamattom, actively participated in the District-Level Palliative Day Celebrations. During the celebration, the students presented a variety of arts programs. To emphasize the importance of Palliative Day, the organizers conducted a flash mob at Thodupuzha Private Bus Stand. Flash mobs are spontaneous and lively public performances aimed at grabbing the attention of the public and spreading a specific message. In this case, it was to highlight the significance of palliative care. As part of the celebration, the students actively participated in a palliative day awareness rally. This rally was likely a public march or procession through the streets to raise awareness about palliative care and its role in healthcare.



Flash Mob performed at Palliative Day Celebrations



Flash Mob performed at Palliative Day Celebrations



Principal Dr. Saju M. Sebastian addresses District Palliative Day Celebrations



District Palliative Day Celebrations at Thodupuzha



Presenting cultural programme in Palliative Day Celebrations



Palliative Care Unit Award for Best Unit in Idukki District



Principal Dr. Saju M Sebastian receiving the Best Palliative Care Unit Award

Movie Screening for Wheelchair Patients (8-2-2020)



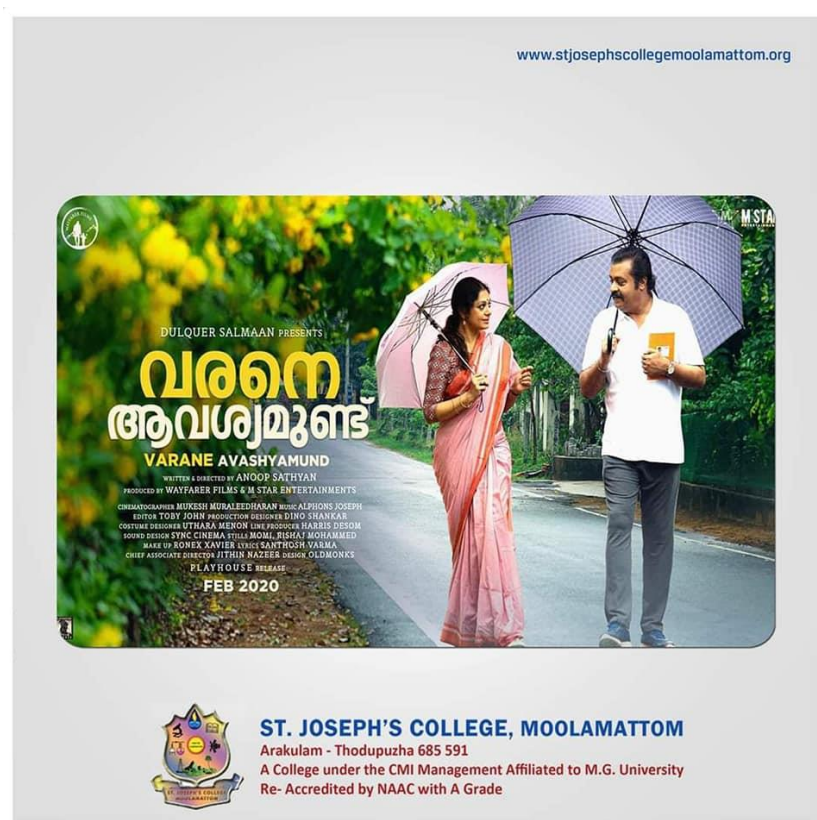


Date: February 8, 2020

Number of Students Participated: 20

Description of the Activity:

Students' Initiative in Palliative Care (SIPC), in collaboration with Ashirwad Theatre, organized a special movie screening for wheelchair-bound patients. This event provided an opportunity for 25 wheelchair patients to enjoy a movie without any cost, offering them entertainment and a break from their routine. The chosen movie for the screening was "Varane Avashyamundu." This movie selection was likely made with the aim of providing light-hearted and enjoyable entertainment to the wheelchair patients, creating a pleasant and uplifting atmosphere.



Poster of the Movie



Wheel chair patients being welcomed at the theatre





പാലിയേറ്റീവ് രോഗികൾക്ക് സിനിമാ പ്രദർശനം സംഘടിപ്പിച്ച് വിദ്യാർത്ഥികൾ

★ **മുലമറ്റം:** സെന്റ് ജോസഫ് കോളേജ് സ്റ്റുഡന്റ്സ് ഇനീഷിയേറ്റീവ് ഇൻ പാലിയേറ്റീവ് കെയർ യൂണിറ്റിന്റെയും തൊടുപുഴ ആശീർവാട് സിനിമാസിന്റേയും ആഭിമുഖ്യത്തിൽ ജില്ലയിലെ ഇരുപത്തഞ്ചോളം വരുന്ന വീൽ ചെയർ രോഗികൾക്ക് വേണ്ടി സൗജന്യ സിനിമാ പ്രദർശനം സംഘടിപ്പിച്ചു.

കോളേജ് പ്രിൻസിപ്പൽ ഡോ. സാജു. എം. സെബാസ്റ്റ്യൻ, ബർസാർ ഫാ. ലിബിൻ വലിയപറമ്പിൽ, എസ്.ഐ.പി.സി കോ-ഓർഡിനേറ്റർമാരായ ഫാ. ലിജോ കൊച്ചുവിട്ടിൽ, എസ്. ഷൈജു, മാനേജർ ലിബിൻ പാപ്പച്ചൻ എന്നിവർ നേതൃത്വം നൽകി.



മുലമറ്റം സെന്റ് ജോസഫ് കോളേജിലെ വിദ്യാർത്ഥികളുടെ നേതൃത്വത്തിൽ പാലിയേറ്റീവ് രോഗികൾക്കായി തൊടുപുഴ ആശീർവാട് സിനിമാസിന്റേ സൗജന്യ സിനിമാ പ്രദർശനം സംഘടിപ്പിച്ചപ്പോൾ.

Patients inside Ashirwad Theatre

Onam Celebration

Date of Activity: 30th August 2020

Number of Students Participated: 20



The poster is purple with a white border. At the top center is the St. Joseph's College Moolamattom logo. Below it, the text reads: **SIPC**, **ST. JOSEPH'S COLLEGE, MOOLAMATTOM**, **ONAM CELEBRATION**, and **30 AUGUST 2020**. At the bottom, it lists the **STAFF COORDINATOR** as **Shaiju S** and the **STUDENT COORDINATOR** as **Akash K Thomas**.



Description of the Activity:

On 30th August 2020, the SIPC unit at St. Joseph's College Moolamattom organized a special Onam celebration. However, due to the ongoing COVID-19 pandemic and the need for social distancing, the celebration took place through an online platform.

The SIPC unit created a WhatsApp group that included both students and palliative care patients. This allowed for easy communication and coordination among all participants.

Through the online platform, the SIPC unit and participants came together to celebrate Onam virtually. This celebration likely included various traditional Onam rituals, cultural performances, and sharing of festive experiences and stories.

October 10 World Palliative Day Celebration

Date of Activity: 10th October 2020

Number of Students Participated: 15



Description of the Activity:

On October 10th, 2019, the SIPC unit at St. Joseph's College Moolamattom organized a meaningful event to celebrate World Palliative Day. The focus of this event was to support



palliative care patients, particularly during the challenging times of the COVID-19 pandemic. The students took the following actions:

Contacting Palliative Care Patients: The SIPC students proactively reached out to palliative care patients by phone. This contact was made to offer them guidance and instructions on safety precautions to follow during the COVID-19 pandemic.

Providing Mental Health Support: In addition to safety instructions, the students also offered valuable suggestions aimed at reducing the mental stress that palliative care patients may have been experiencing due to the pandemic. This support aimed to alleviate their mental and emotional well-being during these trying times.

Outcome of the Programme

This event demonstrated the compassion and dedication of the SIPC unit members at St. Joseph's College Moolamattom in ensuring the well-being of palliative care patients on World Palliative Day. It reflects their commitment to making a positive impact in the lives of those in need.

World Disability Day Celebration



Date: 3rd December 2020

Number of Students Participated: 3

Description of the Programme

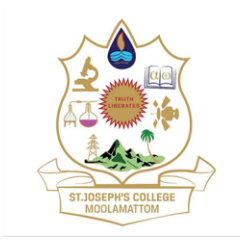
As part of the World Disability Day celebration in December 2020, the Students' Initiative in Palliative Care (SIPC) unit at St. Joseph's College organized a meaningful initiative that demonstrated support for disabled individuals in their community. The SIPC students collected 750 homemade paper pens from a disabled person. Subsequently, the collected homemade paper pens were sold within the college community. This sale generated funds to support the disabled individual during a challenging time, especially considering the reference to the COVID-19 pandemic.



Making of Paper Pens by Sri. Jaleel, a Disabled Person

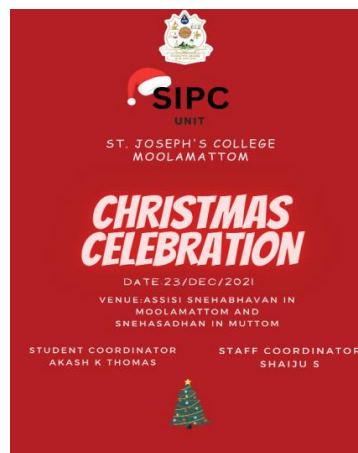
Outcome of the programme

- This initiative not only celebrated World Disability Day but also exemplified the spirit of community involvement and empathy.



- It demonstrated how a small act of collecting and trading paper pens could make a positive impact in supporting disabled individuals during challenging times.
- This act of collecting pens from a disabled individual not only promoted sustainability through the use of homemade, eco-friendly pens but also showcased solidarity with disabled members of the community.

Christmas Celebration



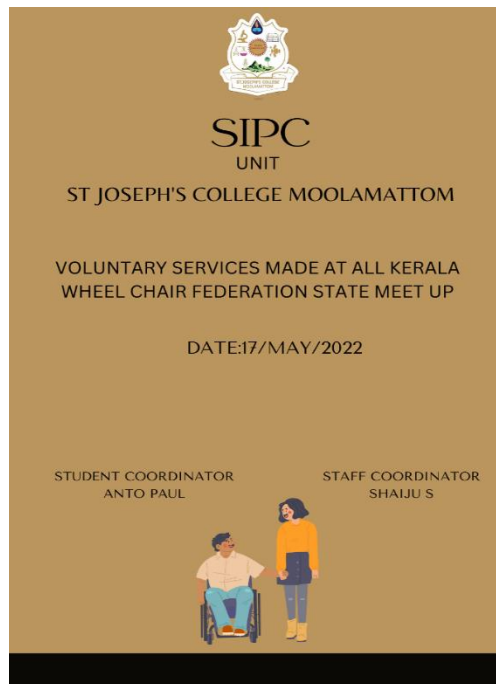
Number of Students Participated: 5

Description of Activity

On December 23, 2021, the Students' Initiative in Palliative Care (SIPC) from St. Joseph's College, Moolamattom, organized a heartwarming Christmas celebration. The event involved visiting two institutions, Assisi Snehabhavan in Moolamattom and Snehasadhan in Muttom, to celebrate Christmas with the residents or inmates of these facilities. The SIPC members visited Assisi Snehabhavan and Snehasadhan to spread festive cheer and bring the joy of Christmas to the residents or inmates of these institutions. Such visits are important for enhancing the well-being and happiness of individuals who may be facing challenges or limitations. As part of the celebration, the SIPC members distributed cakes and Christmas cards to the residents or inmates. This gesture not only added a festive touch to the event but also symbolized the spirit of giving and sharing that is central to the Christmas season.



Voluntary services made at the All Kerala Wheelchair Federation State Meet (17/5/2022)





Date: May 17, 2022

Number of Students Participated: 15

Description of Activity

In an exemplary display of community service and support, the Students' Initiative in Palliative Care (SIPC) units from St. Joseph's College and Moolamattom came together to provide voluntary services at the All Kerala Wheelchair Federation State Meet on May 17, 2022. The SIPC students voluntarily offered their services to support the organization and smooth execution of the All Kerala Wheelchair Federation State Meet. In addition to providing organizational support, the student volunteers also participated in various cultural programs during the state meet.



Volunteer helping the disabled at the All Kerala Wheelchair Federation State Meet



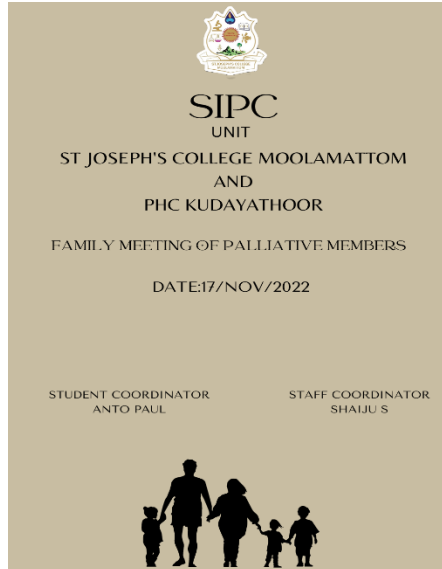
Volunteer helping the disabled at the All Kerala Wheelchair Federation State Meet



Volunteer helping the disabled at the All Kerala Wheelchair Federation State Meet



Family Meeting of Palliative Members (17/11/2022)



Number of Students Participated: 25

Description of Activity

On November 17, 2022, the Students' Initiative in Palliative Care (SIPC) from St. Joseph's College, Moolamattom collaborated with the Primary Health Center in Kudayathoor to organize a Family Meeting of Palliative Members. The event was a joint effort between the SIPC unit at St. Joseph's College and the Primary Health Center, Kudayathoor. This collaboration brought together expertise in palliative care and community healthcare, ensuring a well-rounded approach to supporting palliative members and their families. The primary focus of the event was to organize a family meeting for palliative members. Such meetings are important for addressing the physical, emotional, and social needs of individuals with serious illnesses and their families. These meetings often serve as a platform for discussing concerns, sharing information, and offering emotional support.



10th JULY 2023 – ORIENTATION SESSION

Date of Activity: 10th July 2023

Number of Students Participated: 20

Description of the Activity

On July 10, 2023, an orientation session was organized by the SIPC unit at St. Joseph's College Moolamattom. The purpose of this session was to provide guidance and training to second-year volunteers who are part of the SIPC programme.



The orientation session was led by Sri Sijo Vijayan, who holds the position of District Palliative Care Coordinator. Sri Sijo Vijayan's expertise and experience in the field of palliative care would have been invaluable in providing guidance to the students.

The primary goal of the session was to bring awareness among the second-year volunteers about the importance of palliative care and the role they would play as SIPC volunteers. They learned about the principles of palliative care, its significance in healthcare, and the specific responsibilities they would have as volunteers.

The resource person has provided the students with valuable insights, training, and knowledge related to palliative care. This training encompassed topics such as communication with patients, providing emotional support, and understanding the needs of palliative care patients.



Sri Sijo Vijayan addressing the students



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Inaugural Session of the Orientation Programme

FLORENCE 2023

Date of Activity: 14th July 2023

Number of Students Participated: 50



Description of the Activity



On July 15, 2023, Florence 2023 was conducted at St. Joseph's College Moolamattom, marking the official inauguration of SIPC activities for the 2023–2024 academic year. This event was dedicated to palliative care patients and included various activities to support and celebrate their presence. Here's what transpired during Florence 2023:

Florence 2023 served as the official launch for SIPC's activities for the upcoming year. This inauguration likely included a ceremony or special program to kick start the year's initiatives.

The event saw the participation of 40 palliative patients from various places around the college. This provided an opportunity for these patients to come together, share experiences, and enjoy the day's festivities. In collaboration with the district palliative care forum, a free medical checkup was organized for the palliative patients. This medical checkup likely included consultations with healthcare professionals to address their health needs and concerns. To make the day special and enjoyable, both students from St. Joseph's College and palliative care members participated in a variety of cultural programs and games. This likely included music, dance, and other forms of entertainment.



Disabled friendly Equipment brought to the venue



Volunteers assisting patients to the venue of 'Florence 2023'.



Inauguration session of 'Florence 2023'



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Patients assisted by student volunteers during 'Florence 2023'





Fr Thomas George inaugurating 'Florence 2023'



Volunteers at work during 'Florence 2023'



A participant singing for the audience



Health check-up in progress, as part of 'Florence 2023'



Outcome of the Programme

Florence 2023 showcased the commitment of SIPC and the college to palliative care and community engagement. It provided an uplifting and supportive environment for palliative care patients while highlighting the importance of continued care and attention to their well-being.

30th July 2023 –Assisi *Snehabhavan* Visit

Date of Activity: 30th July 2023

Number of Students Participated: 30



Description of the Activity:

On July 10, 2023, the first-year student volunteers of SIPC extended their support to Assisi Snehabhavan Moolamattom. This community engagement activity likely involved a combination of cultural programs and manual labor contributions to benefit the residents or the facility.

Assisi Snehabhavan is a place dedicated to providing care and support, and the SIPC student volunteers decided to contribute their time and effort to this noble cause.



The students likely organized cultural programs, such as music, dance, or other forms of entertainment, to bring joy and entertainment to the residents of Assisi *Snehabhavan*. These programs can have a significant positive impact on the residents' well-being. In addition to cultural programs, the students have engaged in manual labor activities to assist with various tasks or maintenance work at Assisi *Snehabhavan*. This hands-on support can help improve the living conditions and facilities for the residents.



The student team at Assisi *Snehabhavan*



Help provided in daily chores at Assisi *Snehabhavan*



Outcome of the Programme

By participating in this activity, the first-year student volunteers of SIPC not only enriched the lives of the residents at Assisi Snehabhavan but also embodied the spirit of community service and compassionate care, which are central to the mission of palliative care. Their efforts likely made a meaningful and significant impact on the day, fostering a sense of solidarity and support within the community.

Fund Collection towards Medical Aid

Date of Activity: 12th August 2023

Number of Students Participated: 10

Description of the Activity

On August 12, 2023, the SIPC students and volunteers organized a fund-collection campaign within the college community. The purpose of this campaign was to raise funds for medical assistance to support a depressed patient residing in AKG Colony Moolamattom. Here's an overview of the campaign:

SIPC students and volunteers actively collected funds from fellow students, faculty, and staff within the college. The funds collected were earmarked to provide medical assistance to a patient who was experiencing depression and likely required support for their healthcare needs.



Students hand over the fund to the Principal



Fund being given to the family member of the patient

SNEHA SPARSHAM

SIPC students collect and distribute 130 food packets (lunch) every Monday to Assisi Snehabhavan in Moolamattom. This is a commendable initiative to provide support to those in need.

Telecasting Mann Ki Baat through Campus Radio

On August 16, 2023, St. Joseph's College, Moolamattom, recommenced its radio broadcasting with a special homage to Prime Minister Narendra Modi's renowned program, "Mann Ki Baat" explaining the nation's essential policies and principles. Held in the college auditorium and part of the National Program on Literature 2021, this version was tailored to shed light on human values.

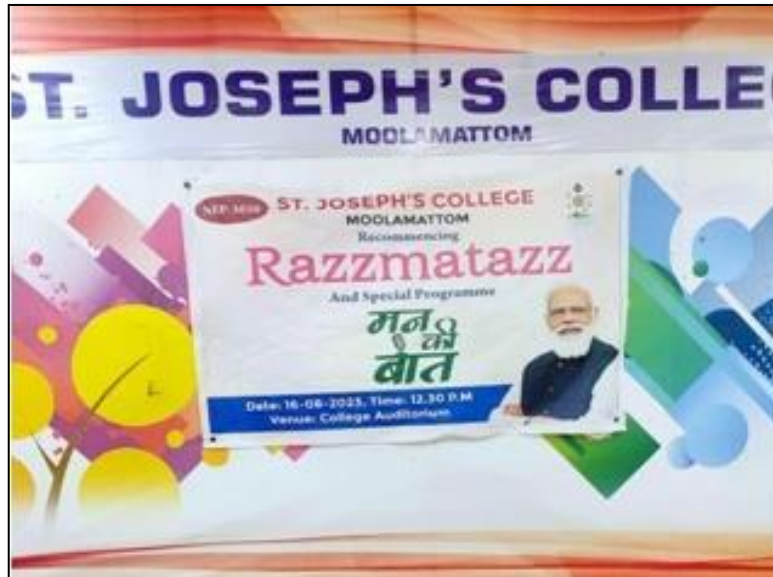
The College's radio jockeys curated segments that intertwined literary insights with the essence of the original "Mann Ki Baat," emphasizing empathy, integrity, and social responsibility.



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